

# THE NEWSLETTER of the EAST MIDLANDS ORIENTEERING ASSOCIATION

SEPTEMBER - OCTOBER - NOVEMBER 2014

Two 'overheards' at recent 'O' Events:

"The control descriptions sheet was all wrong but that is alright!"

"Between 4 and 5, the northern rhodo bush, I found an unmapped rhodo bush, then I saw the rhodo bush in the circle, but the control flag was on the southern rhodo bush not the northern one because, I was told, it was a Yellow Course control!"

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EMEWS	
EMEWS is the newsletter of the East in this newsletter are not necessarily	Midlands Orienteering Association. The views expressed those of the East Midlands Orienteering Association, nor of the Committee.
	noa.org.uk
Copy Date for next issue: 26th January 2 especially by e-mail (mikegardvo@sky.com)	2014 for next EMEWS. Contributions are always welcome but ).
Cover - A cover as usual from Ernie.	0000

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## Report on East Midlands Meeting - 20th October 2014

Appointment of Chair / Vice- Chair - John Hurley, as Vice-Chair, asked if there had been any other volunteers from the clubs to fill in the post of Chair. As no-one had come forward John volunteered to fill the role John said he would fill the role. Amanda Roberts felt she was not experienced enough for Chair but was willing to fill in as Vice-Chair. The committee thanked them both for stepping in to the roles.

Junior Squad - The Junior Squad have already attended the Junior InterRegional Champs (see report later in EMEWS) and are about to attend the Hawkshead Training camp. These are the 2 events which normally use most of the budget for the year. The meeting therefore requested the Junior Squad to ensure that all activities for the remainder of the year be self-sustaining. One thing the Squad will be doing is having a cake stall to help fund their activities at some of the future events. It was also identified that we had sold a number of junior squad O-tops, so we did want to establish how much stock we have.

**Junior Squad Building Society Account** - At the AGM the state of the Junior Squad Building Society Account was not known. The Account is still in place with £800.

Planners/Controllers Conference - The event took place on October 4<sup>th</sup> and had 23 regional attendees. We would like to encourage a wider attendance as the aim is always to improve the quality of EMOA events. So Chris Phillips asked the following questions of the club reps (and would welcome any input from all members). Do we want to repeat the event, and if we do, should we change the format at all? How do we get folk to attend who don't normally attend? Should we even change the target group so as to include inexperienced planners?

**Regional Training Day** - This event is next scheduled for the end of 2015. Again Chris Phillips asked for feedback on the format of the event. Do we still want to run it? Do we want the usual courses? Are there any other courses that people want to see? Again feedback to Chris.

**Development Officer Job Description** - Chris stated there is no formal job description for the role of Development Officer. He asked what clubs and members wanted to be included in his role. Again any feedback to Chris.

Coaching Development - Hilary Palmer reported that EMOA have 1 new level 2 coach. There are also 4 more level 2 coaches to be assessed by the end of the year. There is a level 2 coaching course coming up at the end of January and Hilary still has a space on it. If anyone has any other names please contact Hilary. In addition the committee agreed to fund Hilary's attendance at the National Coaching Conference. Hilary asked clubs to support any of their coaches in attending.

#### Fixtures:

- a. EMOA League 2014 All going well currently, only issue is that NOC are struggling to get a controller for Walesby.
- **b. EMOA League 2015** So far have 15 events identified. At present DVO are missing any events in the autumn.

- c. 2014 Urban League All going OK. Final event scheduled for Oakwood.
- d. 2015 Urban League Have this almost fully defined with 8 events for 2015.
- e. EMOA Night League Paul has still to define rules for a Night League. Some events have already taken place so may need to wait to start properly to next year.

## **Future Events:**

- (i) 29 November 2014 EM Sprint Champs Abbotsholme (DVO) All planning underway
- (ii) 15 March 2015 CompassSport Cup (NOC) at Sherwood Pines still require a controller (are there any volunteers out there?)
- (iii) Yvette Baker Trophy Round in 2015 Committee proposed the DVO Event at Kedleston Park in March for this.
- (iv) 29 November 2015 East Midlands Champs 2015 Birchens Edge (DVO)
- (v) 27 February 2016 British Night Champs 2016 (LEI) Terrain assessment and risk assessment complete. Mapping currently underway.
- (vi) 28 February 2016 Midlands Champs 2016 (NOC) NOC still need to define officials.

#### **Future Possible Events**

- i) British School Score Champs 2017 Bradgate has been proposed as a venue.
- ii) Junior Inter-Regional Champs 2018 EMOA are scheduled to host this. If any members have access to school facilities (or other buildings) that could be used to host the junior squads for the night could they contact one of the EMOA Committee.
- iii) Midland Champs 2018 LEI have an area they wish to use.
- iv) British Sprints / Middles 2019 Still looking for possible areas.
- v) British / British Relays We are down to host. Do we have possible areas? Should we host or ask to use another region's areas?

Red Bull Event - The situation as regards the Red Bull Event to be held in Sherwood Pines was discussed. The actual series of events were that Red Bull approached the Forestry Commission about the event (they have a Director in Switzerland who is an orienteer). The Forestry Commission agreed to the event. They then approached NOC Chairman who requested them to talk to British Orienteering. As Red Bull and Forestry Commission wanted to go ahead whatever NOC agreed to get involved in helping put on the event

Future Meetings - All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting is Monday  $26^{th}$  January. As always members are welcome to attend.

## Alan Beardsley 1948 - 2014

It was with a sense of shock and loss that we learnt of Alan Beardsley's death from a suspected stroke. Alan had been a stalwart member of NOC for 30 years and carried out every role - planner, controller, helper in all areas and especially from my point of view as one of NOC's reliable team of mappers.

Alan was quiet, self-deprecating, always willing to help and one of the nicest guys you will come across. He was a regular at the Scottish Six Days "NOC house party" and on the wider front will be remembered for putting together the annual photo competition in CompassSport magazine. He was excellent at general knowledge quizzes and written and verbal word games

For me as a fellow age-class competitor he was one to try to beat. As a mapper Alan was responsible for updating many of NOC's maps including on several occasions Sherwood Forest and most recently Clumber Park for the Robin Hood Trophy in 2014. At the other end of the scale he has mapped scores of schools across Nottinghamshire and as planner produced some of NOC's most memorable competitions.

I remember the first time he appeared, it was after a summer weekday evening event at Vicar Water, one of the first held there, and we had retired to the pub in Old Clipstone to discuss a certain route choice, over, around or under a railway embankment. It became clear that this quiet stranger was going to be here to stay. Before long he expressed an interest in mapping and has been involved continually since.

Alan was a teacher at Sutton Centre where he introduced orienteering, did coaching with a number of students and quite often took a mini bus of students to events until he retired in 2002. From 1971 to 1974 he taught in Africa in Zambia at a remote boarding school in the village of Sesheke on the banks of the Zambesi. In addition to nearly 30 years orienteering, for the same length of time he was a National Park ranger based in the Peak Park at Fairholmes. Sadly it was here on Saturday 26<sup>th</sup> July that he was taken ill.

We will miss him.

David Olivant

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## Red Bull O Event at Sherwood Pines - CSC Heat

Red Bull have booked an adventure-style race in Sherwood Pines on Saturday 1 November 2014. The event is described as a brand new racing concept, based on orienteering and will include completing special tasks. Full details will appear in the next CompassSport.

However clubs and competitors should be aware that Sherwood Pines is currently embargoed for competitors to the East Midlands CompassSport Cup Round on 15<sup>th</sup> March 2015.

# EMOA Junior Orienteering Squad Punches above its Weight at Inter-Regional Competition

The weekend of  $27^{th}/28^{th}$  September saw 17 juniors from NOC, LEI, LOG and DVO represent



the EMOA at the annual junior inter-regional competition (JIRCS) hosted this year by Northwest OA. Individual races were held in the rather unforgiving Grizedale Forest, while the relays were on the technical but otherwise delightful Roanhead sand dunes. Finn Lydon, Anna Barber and Gabriel Rawlinson starred for EMOA at the individuals with excellent top-ten positions. The very technical relay area caused a few mispunches and two teams were disqualified but again we saw some good runs from Finn Lydon, Hannah Cox, Imogen Wilson (running up as a W16) and Elizabeth Bedwell (running up as W18). A strong

set of runs from an incomplete team secured the EMOA team  $7^{th}$  place out of the 12 regions; a good result for a small region.

The Junior Squad organises a number of training sessions through the year, using local areas and some further afield to give our developing athletes more experience in varied championship terrain. It is clear that the regions that do best spend a lot of time training on the top areas in the country. If we're to give our juniors the opportunities to compete on similar terrain then we need transport, and this is rather expensive.

If anyone has access to an affordable source of minibuses that could be used for squad transportation for e.g. a training weekend in South Wales or the Lake District then the squad coaching team would really like to hear from you.



Many thanks go to the EMOA for its financial support towards the costs of representing the region at the interregional competition.

Dai Bedwell

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Dai also provided details of Hannah Cox at Junior European Cup where she finished top ten at the sprint and 3<sup>rd</sup> back from the mass-start at the relays. Hannah has provided a full report on her exploits and this will be in the next EMEWS.

## Finn Lydon Trossachs Camp Report 2014 - 25th Aug 2014

Firstly, I would like to thank Leicestershire Orienteering Club and Roger Edwards and East Midlands Orienteering Association and Mark Webster, for giving me funding to pay for the costs of the week tour.

The week started off with an early start in order to catch the train from Leicester to Stirling. During this train ride I had to make three stops but unfortunately I managed to miss the train at my first stop, however this was not my fault. Luckily everything else from there on went smoothly and I was able to get to Stirling only an hour late.

At Stirling station, a very kind man who goes by the name of Don, kindly picked me up and drove me to the accommodation. As soon as I had arrived, I was told to put on some running gear ready for a training session but first I was shown to my room and there I met my awesome room-mates. Luckily I knew most of the people in the room so I was able to chat freely whilst getting ready. We then were told what we were doing, in the main room. First we did a warm up which included static and dynamic stretches followed by a 60 metre sprint. This sprint was timed to see who was the fastest at the start of the week. However after this first sprint we had to do the same again but blindfolded. It was challenging to say the least but very, very funny when people started running off in the wrong direction and tripping over. Most members of the group managed to do this successfully however. After all this we did an orienteering course, in pairs, around the woods near to the accommodation.

Monday: On the first day of training we went to an area called Sauchie Crags & Polmaise. In this area we visited both the north and the south because there were two different maps. We did normal orienteering courses which did not focus on specific techniques. In the north part of the area the course went through open woodland with thick rhododendron bushes and plenty of minor paths. This area was quick running but hard to get through the thick bushes. In the South area it was mainly the same, apart from the huge clumps of bushes instead of the little ones. However undergrowth was a tiny problem as both areas hardly had any which meant it was easy running.

Tuesday: On the second day of training we went to the Trossachs. The Trossachs was a hilly, wooded area with open boggy patches and was covered in bracken (most of which were above head height). Once there, we had to ascend a 100m climb up to the assembly point and from there we were given a choice of 6 courses to complete, however I only managed to do 4. Each course challenged you on coping with varied length legs, route choices and physicality. No one completed all courses but everyone managed to complete 3 or more.

Wednesday: On Wednesday we firstly went to a hilly moor called Dumyat. There we did usual courses but were told to focus on contouring round and using main features such as hill tops, spurs and re-entrants as attack points. The area was fully open with no trees or bushes which meant it was easier to use the techniques that were told to use. After that training we travelled to Stirling University to do a "Mixed Sprint Relay." It was a mass start and everyone had separate gaffles. The gaffles varied from 2.5km to 2.9km in length depending on the

capability of the athlete. The courses started in the middle of a grassy opening and then went into the woodlands behind the university. Most of the controls were not hard to find. Once I had got the controls within the woods (there were only 3) the course brought you through a cluster of buildings and over a long bridge over to the other side of the campus. We then did a loop and came back to the finish.

For the rest of the day we went shopping and messed about 'til it was time to do the night O. We gathered our O gear and set out to the area at 9pm. The area we did night O in was called Barr Wood. In daylight, this area is fairly easy to navigate around but when it is night, it is much harder. We only did one course in this area and by the time we were finished it was around 1:00am (in the morning).

Thursday: On Thursday we went to a place called Fairy Knowe. Most of the courses were focusing on long legs. Most of the legs were using paths which ran from one side of the map to the other. This made it easy to travel around the dense, thick undergrowth which covered most of the area. After this we travelled to another area to do the middle distance race. This area had open forests but had lots of bracken.

Friday: The last day of training was the 'tour champs'. This was held in the Trossachs. Each gender group had their own course. The "Mens" course was 4.4km long but had 470m of climb. The course ran you throughout the whole of the area showing off its beautiful, natural features. The winning time was around 60 minutes however I managed to complete it in around 120 minutes due to a couple of mess ups (my fault).

The friends I made, lots of them Scottish, the accommodation and The Trossachs area itself and the coaches were absolutely brilliant. Thank you to Jonny Malley and Jet Orr for being brilliant with me all week and of course Iain Embrey who organised such a fantastic tour. Overall I loved this tour and would recommend it to anyone who gets the chance to get on it.

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# East and West Midlanders Running for Great Britain at World Radio-O Championships in Kazakhstan

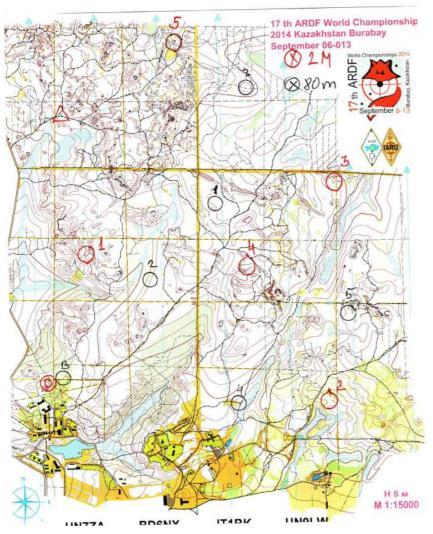
Robert Vickers (HOC)

Not many orienteers would think of going to Kazakhstan to run through forests with map and compass, but this was the country hosting the 2014 World Radio Orienteering Championships. The British Team for this event amounted to 9 people, and the Midlands Regions were well represented with HOC members David Williams and Robert Vickers, plus Bob Titterington and John Marriott from LEI. Before the question is asked, the Team members were all entirely self-funded.

John Marriott in action. (Photo Bernd Höfner)

These World Championships are held every two years, under the auspices of Amateur Radio organisations rather than IOF - since radio direction finding techniques are required to locate the control sites (small radio transmitters) as well as run round them as quickly as possible. Like conventional orienteering, participants run in "Age Classes" and the number of transmitters (and their arrangement) allows courses of different lengths to be devised. In the intervening years, European Regional Champs take place instead, though the level of competition is just as fierce since the European nations predominate.

The event centre was in Burabay, the best part of a 4 hour bus journey from the airport serving the capital city, Astana. The two places were connected by an excellent, and almost traffic free, 6-lane motorway which crossed seemingly endless tracts of featureless steppe,



barely interrupted by an occasional cluster of modest houses and groups of cattle. Not much prospect of any orienteering here: decent eventually arriving at Burabay which turned out to be a smallish town on the shores of an attractive lake. surrounded by significant hills. They call it the "Kazakh Switzerland" though this might be a slightly ambitious claim. However, after all those miles of steppe, what joy to be greeted by the most gorgeous pine forests, marked by rocky outcrops cleanest forest the The latter is no doubt imaginable. helped by the harshest of winter temperatures. Fortunately. September temperature is a lot kinder, albeit a bitter gusty wind with accompanying periods of rain through the middle of the week did make us glad that we had packed some Hellies and other winter gear, in case of such emergencies.

Above, one of the competition maps used. The two "sets" of transmitters marked were visited by different classes.

It is around 20 years since the first British competitors began to attend these events and started learning how to develop the necessary techniques, and in those early days it seemed that the podium was always destined to remain far out of our reach. Gradually however, more

runners were recruited (largely from the traditional O-clubs) and the Brits began moving up the results lists - with Bob Titterington breaking the mould by winning M70 gold for 80 metres (the radio wavelength, not the distance!) in 2012. The British presence was reinforced in 2013, with a "sprint race" gold medal for Robert Vickers and a M70 team silver coming back home from the European Champs. But this year, our podium presence was reinforced yet again, ensuring that Great Britain is now recognised as a significant player in this sport. David Williams made a notable breakthrough winning silver for 2 metres - and this in M50, which is a highly competitive class in these events. Furthermore, in the same race, Robert Vickers also collected M70 silver. The other British M70, Bob, had a good run too which resulted in an aggregate result giving a team silver. Four podium appearances for Midland Brits from one day's events! This was not the end of the Union Jack's visits to the podium however, since the M70s collected a further team silver on one of the other days for the 80 metre event.



Bob Titterington punches to finish. (Photo Robert Vickers)

So what are the abiding memories of our week in this distant land, of which we know so little? Vast open spaces with a sparse population; a brand new capital city (Astana) with spectacular modern architecture; a delightful lake surrounded by hills and superb forests. An organisation with obviously limited human resources struggling bravely to put on a prestigious event, but inevitably leaving a lot of gaps. Importantly

though, the actual competitions running almost faultlessly - despite inexperience showing in some aspects of the planning. Good maps, but lacking details of the mappers. Decent hotel accommodation and catering - but scattered over some kilometres so that "getting together" was a frequent problem, with constant uncertainty about transport arrangements exacerbated by inadequacy of information arrangements. The value of a single Russian speaker in our team, since so few local Kazakh people spoke any western languages. All in all a memorable experience which will be cherished for a long time by those taking part.

David Williams on the podium for M50 silver. (Photo David Williams/Robin Bishop)
Robert Vickers and Bob Titterington receive their M70 team silver medals. (Photo D Williams)

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# MINUTES OF THE 50th ANNUAL GENERAL MEETING AND ASSOCIATED EGM OF THE EAST MIDLANDS ORIENTEERING ASSOCIATION HELD ON MONDAY 15th September 2014 at Clifton, Nottingham at 19.30.

**Present**: Andrew Breakwell (NOC), Roger Edwards (LEI), Mike Gardner (DVO), Liz Godfree (DVO), Mike Godfree (DVO), Sean Harrington (LOG), Bob Haskins (LEI), John Hurley (DVO), Ranald Macdonald (DVO), Viv Macdonald (DVO), Paul Murgatroyd (LOG), David Olivant (NOC), Pauline Olivant (NOC), Hilary Palmer (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Chris Sweetman (NOC), Lucy Taylor (LEI), Jack Tiffin (LEI), Mark Webster (NOC), Ernie Williams (LEI), Ursula Williamson (LEI), Dorothy Woodall (NOC), and John Woodall (NOC).

- 1. Apologies for absence: Apologies were received from Bob Alderson (NOC) and Judith Holt (DVO).
- 2. Minutes of the 49<sup>th</sup> AGM held on Monday 16<sup>th</sup> September 2013. It was agreed that the minutes were a true record as proposed by Ernie Williams (LEI) and seconded by John Hurley (DVO).
- 3. **Proposed Standing Order Change.** There were no standing order changes to be discussed.

#### 4. Chairman's Report

Firstly I would like to thank my three other Principal Officers: John Hurley (DVO) who has provided eagle-eyed scrutiny of the minutes as well as providing a historical memory better than mine; Mark Webster (NOC) who has taken on the Financial Secretary role at a time when we need to look, in particular, at how we fund the Junior Squad and other developmental activities; and Chris Phillips who took on the Development Co-ordinator's role at a time when he has many other major commitments within orienteering both nationally and locally. My thanks to all three.

My thanks also to other officers, including the Club Representatives - Mike Gardner (DVO), Bob Haskins (LEI), Amanda Roberts (LOG) and Pauline Olivant (NOC). Mike also produced the minutes of our meetings and compiled EMEWS regularly for us. Others with specific roles included Paul Beresford (Fixtures), David Olivant (Mapping), Hilary Palmer (Coaching), John Cooke (Webmaster), Ursula Williamson (EMOA League), Paul Murgatroyd (Urban League), Richard Robinson (Junior Squad) and Roy Denney (National Forest). Judith Holt and John Woodall, our President, also attended regularly as British Orienteering Directors.

All four clubs have continued to provide a regular series of events as part of the EMOA League and urban league as well as large numbers of Level D events and other activities.

Major activities during the year including LEI successfully putting on Day 3 of the JK in South Wales, with assistance from the other clubs. This was a major undertaking and was not helped by the weather on the day but otherwise went very well. DVO put on the British Schools Championships at Shipley Park in November and East Midlands Championships were put on by LEI at Spring Cottage in November 2013 and at Cademan and Thringstone Wood in April this year.

On the development side we ran another successful training and development day on 1st March. Subsequent discussion has been about whether we should run this day every year or every eighteen months. We will be running the next conference for experienced planners and controllers on Saturday 4th October at Rushcliffe Country Park. Barry Elkington and Roger Edwards will be running sessions and I would encourage all the relevant people to join us - it's free, including lunch.

We have also provided funding for juniors to take part in training camps and tours on condition that they write an article for EMEWS.

Personally, I feel that the EMOA continues to perform a useful function, although I know that not everyone feels this way. The Development Plan contains items supporting clubs, members (particularly juniors) and events across the region. If nothing else, getting representatives from all four clubs to sit round a table four times a year to discuss the health and future of orienteering in our region has to be a good thing. Collaborating is also going to produce better outcomes which in the end means better, more enjoyable orienteering for us all.

This time last year I agreed to take on the Chair's role for one year whilst an attempt was made to find a replacement. Unfortunately, we have been unable to find anyone and, unless someone comes forward at this meeting or by the next committee meeting, we are going to be without a Chair. John Hurley agreed to be Vice

Chair on the understanding that he would not become Chair. It is not an onerous job as the main business of the Committee comes from the Development Plan, which is developed by the committee as a whole under the guidance of the Development Co-ordinator, Chris Phillips.

I wish the Association well in the future.

Ranald Macdonald

#### 5. Treasurer's Report including membership numbers and presentation of accounts.

Copies of the Report are attached to these minutes.

Membership has risen by 3 members this year.

The Accounts have been examined by the Independent Financial Examiner, Andy Lucas. They show a loss of £2,800 on the year.

Questions were asked:

- On the EOC and decrease this was discussed with EOC and they had reduced their fees.
- On Junior Squad Bank Account there is a need to know how much is currently in it.
- The Junior Squad cost a lot more as EMOA no longer got free minibuses so they now have to be paid for
- The Junior Squad have been asked to create a budget for next year. They will need to make sure they work within their budget from now on.
- EMOA have in the past been asked by members to reduce the surplus. This was planned but the amount this year was a lot more than planned.

#### 6. Approval of Balance Sheet and Income and Expenditure Statement

Subject to the Junior Squad Building Society Balance being identified and added to the accounts the meeting agreed to approve the balance sheet and expenditure.

Proposed: John Woodall Seconded: John Hurley.

#### 7. Election of Principal Officers

Ranald Macdonald chaired the election of officers leaving chairman until last.

Post	Name	Proposer	Seconder
Development Co-ordinator	Chris Phillips	Viv Macdonald	Ursula Williamson
Financial Secretary	Mark Webster	Chris Phillips	Pauline Olivant
Vice-Chairman	John Hurley	Chris Phillips	Viv Macdonald
Chairman	No volunteers		

Ranald Macdonald stated the committee would need to appoint a chairman for the next committee meeting.

#### 8. Election of Other Officers

The only other officers on the committee in the new constitution are the club reps. These are elected by the clubs.

The other delegates / roles were identified in the meeting as:

Mapping – Dave Olivant

Coaching – Hilary Palmer

Juniors – Richard Robinson

EM League – Ursula Williamson

Urban League – Paul Murgatroyd

Fixtures – Paul Beresford

President - John Woodall

Minutes Secretary – Mike Gardner

EMEWS - Mike Gardner

Webmaster – John Cooke

National Forest – Roy Denney

#### 9. Appointment of Independent Financial Examiner.

Mark Webster agreed to ask Andy Lucas if he would perform the role again next year.

#### 10. **Budget projections**

The Financial Secretary presented a projected budget that is attached to these minutes. Given the loss the Financial Secretary proposed a number of changes to fees and levies for next year.

In discussing the levies the meeting discussed whether a levy should be added to level D events. After discussion the meeting agreed that level D events should not have a levy applied.

The meeting also wanted the committee to ask the Junior Squad to provide a proposed programme and budget and how they can fit within it during the year to ensure no major loss next year.

#### 11. Fixing of Charges.

Financial secretary's new proposed changes.

- 1) Increase membership fee for a senior to £3 (currently £2) approx £500 increase in budget
- 2) Increase levy fee for a senior to 50p (currently 40p) approx £400 increase in budget

Thus charges will be

Senior membership fee is £3

Junior membership fee is £1.

Associate membership fee is £10

Club membership fee is £15.

Event levies: 50p per adult and 10p per junior with the first £25 being exempt.

Proposed: Chris Phillips Seconded: Hilary Palmer

The proposed fees were accepted by a substantial majority with one dissenting vote.

It was agreed that the fees would come in during the next financial year. In terms of the levies it was agreed they should apply from 1<sup>st</sup> October 2014 for East Midland events.

#### 12. Plans for the coming year.

Plans for the coming year will be looked at by the Committee, based on the current Development Plan.

#### 13. Any Other Business

Ranald Macdonald reminded folk of the Planners and Controllers conference. Barry Elkington will provide an exercise before and after lunch. Other topics include Planning the JK and how some of the lessons can apply to EMOA events, good and bad legs from last year. It is all about improving the quality of EMOA events.

Paul Murgatroyd stated the 2015 Urban League was well under way. He would like another event from DVO. The current schedule is:

Month	Venue
May	Newark
June	Chesterfield
June	Ashby
September	Lincoln
September	Loughborough
September	TBA NOC - Southwell?
September	Grantham

John Hurley reminded committee members that the next committee meeting will be on 20<sup>th</sup> October.

There being no further business the Chairman thanked all present for their attendance at the 2014 AGM and declared the meeting closed at 20.18.

Mike Gardner 22.09.2014

## **Appendices - Treasurer's report 2014**

## Appendix - Membership

Membership as at August 1st 2014 is almost the same as in 2013.

	Members	Units
2014	690	459
2013	687	444
2012	802	464
2011	838	477
2010	1056	Not known

## 2014 figures compared with 2013

	2014	2013
Senior	271	265
Junior	58	43
Family	130 (232s, 129j)	136 (236s, 143j)
Totals	459 units	444 units

## Appendix - 2013/2014 Accounts

The EMOA year end is 30th June 2014

Andrew Lucas issued the following statement

"I have examined the Income and Expenditure Accounts for 2013/4 and the Balance sheet as at 30th June 2014 and confirm they represent a true and fair statement of the finances of EMOA at 30/06/2014."

Andy was thanked for being the independent financial examiner of the accounts.

EMOA made a loss for 2013/14 of £2800.14

The Income and Expenditure sheet is shown below.

East Midlands Orienteering Association 2013 - 14				
INCOME	2012/13 actual	2013/14 budget	2013/14 actual	
Membership	1173.00	1250.00	1231.00	
Event levies	1413.00	1000.00	1153.00	
Interest	0.00	0.00	0.00	
Sponsorship and other income	100.00	100.00	0.00	
EMJS Income	2882.00	3000.00	1880.00	
EMJS Clothing sales	0.00	0.00	65.00	
Grants from Local Authorities	300.00	0.00	0.00	
Coach Education	0.00	0.00	362.50	
INCOME	5868.00	5350.00	4691.80	

EXPENDITURE   2012/13 actual   2013/14 budget   2013/14 actu
--

Junior Squad – Expenses	1839.00	2000.00	3861.40
Trophies & Certificates	312.00	200.00	228.42
Volunteer Development	673.00	1100.00	969.55
Coaching Development	192.00	200.00	84.00
Conferences	78.00	150.00	0.00
Support for Senior / Talented	440.00	1000.00	696.67
Orienteers			
Coach Education	1500.00	1500.00	1000.00
Matlock Community O	88.00	0.00	0.00
Sub-Total	5122.00	6150.00	6840.04
Running Costs			
Phone, post and web licence	60.00	100.00	37.30
Hire of meeting room	125.00	150.00	125.00
English Orienteering Council	594.00	490.00	490.00
Tax	0.00	0.00	
Sub-total	779.00	740.00	652.30
EXPENDITURE	5,901.00	6890.00	7492.34
Surplus / Loss	-33.00	-1540.00	-2800.54

Bank balances	
Balance at 30 June 2013	5020.63
Income	4691.80
Total	9712.43
EXPENDITURE	7492.34
Balance at 30 June 2014	2220.09
Plus Bond A/C	8045.09
Total Assets	10265.18

The Junior Squad also hold a Building Society account which has not been included in these figures.

## Appendix - EMOA Income from the event levies.

Based on a levy of 40p per senior and 10p junior, less £25

Event	2013/14 Income	Seniors	Juniors
Belton Woods	27.10	68	249
Buxton	17.30	101	19
Lincoln	55.00	192	32
Stamford	17.60	99	30
Hardwick	57.90	189	73
Kedleston	36.20	135	72
Martinshaw	34.10	136	47
Ashby Urban	16.80	104	2
Shipley Park	46.30	0	713
Spring Cottage	79.40	249	60
Thorseby	34.40	139	38
Outwoods	56.20	186	68
Walesby	67.10	208	89
Willesley	24.80	117	30
Matlock Moor	60.10	199	55
Lindop	72.00	224	74

Thieves Wood	55.70	179	91
Fineshade	15.00	92	32
Matlock Urban	11.50	90	5
Allestree	40.40	151	50
Shining Cliff	73.80	234	52
Burrough Hill	12.80	90	18
Clumber Park	155.10	424	105
Cademan	86.70	262	69
Totals	1153.30	3868	2073

	Total no of runners	Income	Seniors		Juniors	
2009/10 – 19 events	4912	1100	3614	(74%)	1298	(26%)
2010/11 – 23 events	4932	992	3605	(73%)	1327	(27%)
2011/12 – 22 events	4973	963	3675	(74%)	1298	(26%)
2012/13 – 24 events	6121	1413	4671	(76%)	1450	(24%)
2013/14 – 24 events	5941	1153	3868	(65%)	2073 *	(35%)

<sup>\*713</sup> juniors 0 adults at Shipley Park Event

## **Appendix – EMOA Budget for 2014/15**

Here is the proposed budget for the A.G.M.

Financial secretary's new proposed changes.

- 1) Increase membership fee for a senior to £3 (currently £2) approximately £500 increase in budget
- 2) Increase levy fee for a senior to 50p (currently 40p) approximately £400 increase in budget

## Thus charges will be

Senior membership fee is £3

Junior membership fee is £1.

Associate membership fee is £10

Club membership fee is £15.

Event levies: 50p per adult and 10p per junior with the first £25 being exempt.

The volunteer development day for this year to be just the planners and controllers conference (costs £250 rather than £1000)

A tight grip on the junior squad spending, a maximum loss of £1000

## Budget for 2014/15 a loss of £1000.

INCOME	2013/14 actual	2014/15 budget
Membership	1231.00	1750.00
Event levies	1153.30	1400.00
Interest	0.00	0.00
Sponsorship and other income	0.00	200.00
EMJS Income	1880.00	2000.00
EMJS Clothing sales	65.00	65.00
Coach Education (refund)	362.50	0.00
INCOME	4691.80	5415.00

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EXPENDITURE	2013/14 actual	2014/15 budget
Regional Development Plan		
Junior Squad – Expenses	3681.40	3000.00
Trophies & Certificates	228.42	200.00
Volunteer Development	969.55	250.00
Coaching Development	84.00	200.00
Conferences	0.00	150.00
Support for Senior / Talented Orienteers	696.67	1000.00
Coach Education	1000.00	1000.00
Sub-Total	6840.04	5800.00
Running Costs		
Phone, post and web licence	37.30	100.00
Hire of meeting room	125.00	150.00
English Orienteering Council	490.00	366.00
Sub-total	652.30	616.00
EXPENDITURE	7942.34	6416.00
Surplus / Loss	-2800.54	-1001.00

## East Midlands League 2014

The East Midlands League events for 2014 have been defined as the following events. So far the first 5 of these have taken place and are included in the League tables below. As usual it is the top 8 scores will count. The following events have taken place and the codes are used in the tables.

1 - Willesley Woods (LEI), 2 - Matlock Moor (DVO), 3 - Thieves Wood (NOC),

4 - Lindop (DVO), 5 - Fineshade Woods (LEI), 6 - Burwell and Haugham (LOG),

7 - Shining Cliff (DVO), 8 - Allestree (DVO), 9 - Burrough Hill (LEI),

10 - Carsington (DVO) 11 - Longstone Moor (DVO) 12 - Byrons Walk (NOC)

13 - Bradgate Park (LEI)

The following events remain in the East Midlands League in 2014 (so there is still plenty of events for the autumn)

30<sup>th</sup> November - Beacon Hill (LEI)

7<sup>th</sup> December - Stanton Moor (DVO) - new venue

21st December - Walesby (NOC)

28th December - Spring Cottage (LEI)

Note: The event at Blidworth in November is no longer part of the East Midlands League.

Here is the League status top 10s for those who have more than one thousand points:

#### White - Female

Forenam	Surnam	Club	Age									Best	
е	е											8	
Alexa	Lindsay	DVO	10	1000-2	1000-3	1000	1000-	1000-	1000-	921-		6921	1
						-4	8	9	10	13			
Hannah	Mather	LOG	10	496-1	581-2	826-	1000-	984-8	1000-	1000-	1000-	6887	2
						4	6		11	12	13		
Robyn	Jarvis	LEI	8	444-1	584-3	1000	1000-	467-	682-11	380-	598-	5155	3
						-5	7	10		12	13		
Charlotte	Squire	NOC	10	759-3	948-4							1707	4

#### Yellow - Male

Harrington	Leake	LEI	10	1000-1	1000-2	1000-3	916-4	1000-12			4916	1
Ivan	Smith	DVO	10	470-3	495-4	684-7	349-10	1000-11	380-12	1000-13	4378	2
Peter	McNee	DVO	10	514-3	1000-7	1000-10					2514	2
Alex	Belletty	LOG	10	594-3	1000-6						1594	4

## Yellow - Female

Libby	Barber	LEI	10	1000-5	397-8	1000-10	1000-11	1000-13	4397	1
Ailith	Smith	DVO	10	1000-1	543-2	545-10	356-11	396-13	3840	2
Anna	Belletty	LOG	12	947-3	1000-6				1947	3
7 1111101				• •						

Orange - Male

Benjamin	Mather	LOG	12	615-2	804-4	1000-6	1000-7	1000	1000	1000	884-	7303	1
								-9	-10	-12	13		
Samuel	Davis	DVO	12	982-1	903-2	520-3	659-5	1000	570-	642-	760-	6054	2
								-8	9	12	13		
Donald	Flynn	NOC	14	1000-2	560-3	868-7	807-8	857-	895-			4987	3
								11	12				

Ben	Mackervoy	DVO	12	890-1	1000-3	1000-11			2890	4
Toby	Williams	LOG	10	936-11	822-12	1000-13			2758	5
Charlie	Alcock	LEI	16	940-1	689-13				1629	6

Orange - Female

Rachel	Duckworth	DVO	12	1000-1	1000-2	1000-4	1000	1000	1000			6000	1
							-7	-8	-10				
Isabella	Edwards	DVO	12	871-2	507-3	502-4	485-	608-	594-	1000	1000	5567	2
							7	8	10	-12	-13		
Reed	Lydon	LEI	12	748-1	816-2	1000-3						2564	3
Daisy	Herd	LEI	12	815-1	748-3							1563	4
Peta	Jarvis	LEI	12	854-1	450-3							1304	5
Vicky	Green	RAFO	18	475-3	765-5							1240	6
Tracy	Phillipson	LEI	40	194-8	1000-9							1194	7
Zoe	Gordon	DVO	50	460-7	566-8							1026	8

## Light Green - Male

James	Peet	NOC	14	1000-1	721-4	1000-8	800-11	3521	1
Monty	Barker-Pilsworth	RAFO	14	855-3	1000-9	986-10		2841	2
Oscar	Ferris	LEI	12	1000-4	949-11	878-13		2827	3
John	Pickles	NOC	60	1000-2	577-3	562-8	617-13	2756	4
Kevin	McNee	DVO	45	974-7	1000-10			1974	5
James	Bedwell	DVO	12	539-4	763-8	583-9		1885	6
Hugh	Lachlan	LEI	45	1000-5	667-9			1667	7
Richard	Smith	NHS	16	653-3	1000-7			1653	8
Nicholas	Gordon	DVO	18	754-7	821-8			1575	9
Jamie	Lowthian	NOC	12	837-1	692-3			1529	0

# Light Green - Female

Sarah	Duckworth	DVO	14	1000-	1000-2	899-3	1000-	1000-	1000-	1000-	1000	7899	1
				1			4	7	8	10	-11		
Caitlin	Chafer	LEI	14	817-1	650-2	526-4	562-7	734-8	1000-	758-	690-	5737	2
									9	11	12		
Reed	Lydon	LEI	12	897-5	754-7	872-8	858-9	680-	617-	850-		5528	3
								11	12	13			
Anna	Barber	LEI	14	930-1	1000-3	1000-5	893-8	954-				4777	4
								10					
Jessica	Dring-	LEI	14	480-1	513-3	503-5	619-8	725-9	410-	779-		4029	5
	Morris								10	11			
Sarah	Parkin	DVO	40	442-4	638-7	370-8	261-	639-	729-			3079	6
							10	12	13				
Ashleigh	Howells	LEI	14	808-3	862-9	866-11						2536	7

## Short Green - Male

Kevin	Gallagher	LEI	65	673-1	939-5	1000-7	1000-8	1000-10	1000- 11	1000 -12	960 -13	7572	1
Ernie	Williams	LEI	70	816-2	1000-4	1000-5	996-6	828-8	1000-9	952-	808	7400	2
John	Woodall	NOC	75	913-1	808-2	727-3	761-4	977-5	903-6	784-	-11 918	6791	3
	D 1:	D) (0		1000.0	005.0	005.7	070.40	004.44	007.40	7	-13	0704	$\vdash$
David	Parkin	DVO	80	1000-2	995-3	935-7	979-10	934-11	967-12	924- 13		6734	4
Chris	Phillips	LEI	65	735-1	715-3	586-4	661-5	743-9	689-10	603- 12	704 -13	5436	5
Eric	Porter	LEI	70	1000-6	768-7	946-9	745-12	1000-13				4459	6
Roger	Keeling	DVO	70	553-1	520-2	660-5	583-8	627-9	603-12	759- 13		4305	7
Peter	Hubberstey	NOC	70	1000-3	846-12	917-13						2763	8
John	Cooke	DVO	65	804-4	573-7	574-12	695-13					2646	9

Geoff	Gibbs	LOG	70	519-3	545-4	638-5	701-13			2403	0

## Short Green - Female

Pauline	Ward	DVO	70	1000-2	1000-4	1000-7	1000-8	1000-10	1000 -12	725 -13		6725	1
Christine	Middleton	DVO	65	732-2	853-3	802-4	695-7	825-8	1000 -11	755 -12	593- 13	6255	2
Molly	Smith	LEI	70	861-1	561-2	797-3	593-4	1000-6	783- 8	691 -11	565- 12	5851	3
Jen	Gale	DVO	65	1000-1	797-3	656-4	789-7	748-11	644- 13			4634	4
Ann	Armistead	DVO	65	1000-3	749-4	829-10	934-11	779-12				4291	5
Alison	Hayes	DVO	50	461-2	558-3	446-4	544-5	559-8	550- 10	479 -12	400- 13	3997	6
Diane	Ford	LEI	65	689-1	543-2	1000-5	737-8	692-12				3661	7
Karen	Bedwell	DVO	45	419-2	456-4	1000-9	413-10	591-11	446- 13			3325	8
Cathryn	Goodhead	DVO	50	741-7	998-9	558-10	507-12					2804	9
Sue	Porter	LEI	70	803-7	765-11	703-13						2271	0

## Green - Male

Simon	Ford	LEI	70	1000-1	1000-2	1000-4	1000-5	1000-7	1000-8	930-10	896- 12	7826	1
Roger	Edwards	LEI	60	841-3	960-5	870-7	869-8	1000-9	835-10	911-11	944-	7230	2
Andy	Hawkins	DVO	65	911-1	948-4	833-7	986-9	780-10	887-11	786-12	904- 13	7035	3
Peter	Leake	LEI	75	630-2	803-3	739-4	946-5	733-7	928-10	850-11	1000 -13	6629	4
Jeffrey	Baker	LOG	60	743-1	827-3	756-5	883-6	876-7	706-10	708-12	720- 13	6219	5
David	Bray	LEI	60	839-1	812-2	864-3	800-4	969-8	821-10	740-12		5845	6
David	Booker	NOC	60	962-3	981-4	936-9	900-10	959-11	792-12			5530	7
John	Palmer	NOC	65	839-3	777-7	867-8	640-9	721-10	675-12	721-13		5240	8
Peter	Cholerton	NOC	55	638-1	574-3	630-4	685-5	669-7	687-8	626-9	521- 10	5030	9
Stuart	Wicks	DVO	45	585-1	603-3	617-4	648-8	482-10	552-11	588-12	570- 13	4645	0

## Green - Female

Green -	i emaie												
Jane	Booker	NOC	60	1000-1	1000-	913-3	982-4	985-7	988-8	1000	929-	7797	1
										-9	13		╄
Kim	Buxton	DVO	50	830-1	823-2	838-3	882-4	1000-7	901-10	1000	756-	7030	2
										-12	13		
Anne	Gibbs	LOG	70	714-3	785-4	711-5	1000-6	863-9	1000-	979-	723-	6775	3
									10	12	13		
Margaret	Keeling	DVO	65	656-1	712-2	846-4	913-5	1000-8	769-9	814-	749-	6459	4
· ·										10	13		
Ruth	Ellis	DVO	60	729-4	824-5	963-6	839-8	749-9	787-10	833-	724-	6448	5
										12	13		
Imogen	Wilson	LEI	14	849-1	722-2	909-4	872-5	909-9	970-10	922-		6153	6
Ü										11			
Jane	Dring-	LEI	45	662-2	640-3	600-4	729-8	663-9	622-10	602-	859-	5377	7
	Morris									11	12		
Wendy	West	LEI	50	656-1	658-2	642-3	647-8	659-9	672-10	535-	700-	5169	8
•										11	12		
Jane	Burgess	DVO	55	786-1	757-2	831-3	927-9	926-13				4227	9
Helen	Parkinson	NOC	45	564-2	821-3	712-4	910-6	812-7				3819	0

## Blue - Male

Derek	Gale	DVO	70	944-1	982-3	774-5	937-7	959- 8	931- 9	931 -10	859-	7318	1
Glynn	Smith	LEI	65	763-1	867-4	880-6	1000-7	986-	805-	906	13 825-	7032	2
·								8	9	-12	13		
Paul	Murgatroyd	LOG	45	1000-	930-4	895-6	931-8	1000	1000	922		6678	3
				3				-9	-10	-12			
Robert	Haskins	LEI	60	768-3	716-4	804-7	750-8	865-	777-	732	731-	6143	4
								9	10	-11	12		
Paul	Hudson	NOC	50	754-1	642-2	802-4	835-8	724-	745-	800	823-	6125	5
								9	11	-12	13		
Michael	Lindsay	DVO	6	706-2	833-3	786-4	630-5	823-	809-	708	769-	6064	6
			0					9	10	-12	13		
Mike	Gardner	DVO	55	720-1	752-2	807-3	802-8	784-	670-	812	677-	6024	7
								10	11	-12	13		
Andy	Sykes	DVO	45	776-1	893-2	862-7	893-10	877-	844-	811		5956	8
-								11	12	-13			
Alistair	Paterson	LEI	45	728-3	669-4	682-7	773-8	701-	776-	676	746-	5751	9
								9	10	-12	13		
Andrew	Middleton	DVO	65	1000-	974-7	818-8	1000-	1000	936-			5728	0
				4			11	-12	13				

## Blue - Female

Tanya	Taylor	LOG	40	820-3	1000-5	764-6	1000-7	755-	1000	983-	771-	7093	1
								8	-9	12	13		
Liz	Godfree	DVO	65	1000-1	1000-2	1000-	1000-4	1000	966-	1000		6966	2
						3		-8	10	-13			
Trish	Lydon	LEI	45	860-2	740-3	922-5	892-7	728-	805-	942-	679-	6568	3
								9	11	2	13		
Rachel	Davis	DVO	45	700-1	704-2	716-4	743-5	884-	648-	675-	805-	5875	4
								7	8	10	12		
Ursula	Williamson	LEI	50	645-2	665-3	675-4	817-5	800-	670-	771-	779-	5822	5
								7	8	10	12		
Joanna	Goodhead	DVO	16	668-1	841-2	700-3	713-4	862-	810-	505-	671-	5770	6
								5	7	9	13		
Sal	Chaffey	DVO	45	802-2	846-8	809-	917-11	1000				4374	7
						10		-12					
Joanne	Nell	RAFO	50	803-2	772-3	881-4	1000-6					3456	8
Liz	Heaton	LEI	21	572-1	597-4	652-5	445-10	631-	460-			3357	9
								11	13				
Tracey	Brookes	LEI	45	685-4	679-9	754-	868-11					2986	0
						10							

## Brown - Male

Dai	Bedwell	DVO	45	767-2	859-4	980-8	1000-9	857-	968-	853-	1000	7284	1
								10	11	12	-13		
Robert	Smith	DVO	50	968-2	850-3	896-4	963-7	868-8	896-	930-	905-	7276	2
									11	12	13		
John	Duckworth	DVO	45	1000-	926-2	1000-3	1000-4	1000-	1000-	1000-		6926	3
				1				8	11	12			
Finn	Lydon	LEI	16	803-1	925-5	768-7	886-8	954-9	901-	879-	763-	6879	4
									11	12	13		
lan	Wells	RAF	60	791-1	745-2	771-3	950-6	820-8	694-	748-	723-	6242	5
		0							10	11	12		
John	Mather	LOG	40	764-1	699-3	670-4	729-7	703-8	697-9	628-	626-	5516	6
										11	12		
David	Pettit	DVO	21	628-1	613-3	601-5	535-7	652-8	647-	532-	703-	4911	7
									10	11	13		
Richard	Parkin	DVO	45	971-3	889-	982-11	859-12	940-				4641	8
					10			13					

Russell	Buxton	DVO	55	715-1	644-2	583-4	919-7	687-	938-		4486	9
Howard	Alcock	LEI	40	836-1	765-4	997-5	760-7	807- 13	13		4165	0

#### Brown - Female

Hannah	Cox	LEI	18	1000-1	1000-2	1000-4	1000-5	1000-11	1000-12	1000-13	7000	1
Helen	Chiswell	DVO	35	751-1	981-2	1000-3	873-4	838-5	1000-7	748-13	6191	2
Julie	Ferris	LEI	45	815-11	821-13						1636	3

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## East Midlands Urban League 2014

Following on from the success of the East Midlands Urban League last year, we will continue, and hopefully expand, the League this year. The following are the events that have taken place so far in the East Midlands Urban

League in 2014:

- **EMUL 1** Sunday 11 May: Matlock (DVO)
- EMUL 2 Sunday 18 May: Newark (NOC)
- **EMUL 3** Sunday 21 June Nottingham University (NOC)

The following are the events that are still planned for the East Midlands Urban League in 2014 (note a number of the dates have been changed from their original dates):



Buffwear

- EMUL 4 Sunday 31 August: Lincoln City (LOG)
- EMUL 5 Saturday 25 October: Washingborough (LOG)
- EMUL 6 9 November (Changed Date): Loughborough University (LEI)
- EMUL 7 16 November (Changed Date): Oakwood (DVO)

The detailed urban league status is available on the EMOA website at

http://www.oxfordfusion.com/ukul/index.cfm?Org=7&Test=0

The 2014 events are scheduled with best 4 of 7 to count. Below are the positions of the EMOA folk in the league (top ten EMOA for each course, I have omitted none-EMOA folk):

#### Junior Men

					Matlock	Newark	NottUni	Lincoln
Name		Club	Races	best 4	11-May	18-May	21-Jun	31-Aug
1 Simon Warrener	M16	NOC	2	196		96	100	
2 Samuel Davis	M12	DVO	2	181	91			90
3 Louis Forshaw- Perring	M16	DVO	1	100	100			
3 Alastair Flynn	M16	NOC	1	100		100		
5 Joe Uprichard	M16	DVO	1	96	96			
6 James Peet	M14	NOC	1	93	93			
7 Benjamin Mather	M12	LOG	1	93				93

## Junior Women

Name	Club Races	best 4	Matlock Newark NottUni Lincol

#### **EMEWS** 1 Ashleigh Howells W14 LEI 1 96 96 192 2 Sarah Duckworth DVO 1 93 93 W14 DVO 3 Joanna Goodhead W16 1 91 91 4 Charlotte Webster 90 W16 NOC 1 90

## Open Men

	Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1	Liam Harrington	M21	LOG	3	296	100	96		100
2	Alan Le Moigne	M35	DVO	3	266	90		87	89
3	Mark Webster	M45	NOC	2	174	89	85		
4	Simon West	M18	LEI	2	168		83		85
5	Andrew Selby	M35	DVO	2	161		82	79	
6	Peter Hodkinson	M21	NOC	1	100			100	
7	Paul Addison	M55	DVO	1	96	96			
7	Joe Taunton	M21	NOC	1	96				96
8	Dane Blomquist	M18	BAOC	1	96			96	
9	Joe Elliott	M20	NOC	1	90			90	
9	Nick Malbon	M18	NOC	1	90		90		
9	Mike Chapman	M35	LOG	1	90				90

## Open Women

Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1 Helen Chiswell	W35	DVO	2	193	93	100		
2 Andrea Page	W35	LOG	2	181			90	91
3 Sal Chaffey	W45	DVO	1	96	96			
4 Lucy Taylor	W21	LEI	1	93			93	
5 Alison Wright	W21	LOG	1	91		91		
5 Liz Heaton	W21	LEI	1	91			91	
7 Karen Howells	W40	LEI	1	89				89
8 Joanna Goodhead	W16	DVO	1	88				88

## Veteran Men

	Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1	Richard Parkin	M45	DVO	4	371.5	91	90.5	100	90
2	Graham Thorne	M40	NOC	4	326	75	84	89	78
3	Alastair Paterson	M45	LEI	4	322	80	77	85	80
4	Iain Phillips	M45	LEI	4	300	76	71	79	74
5	Francesco Lari	M45	NOC	3	269	88		90	91
6	Andrew Ridgway	M50	NOC	3	261	87	87		87
7	Paul Hudson	M50	NOC	3	244	82	80		82
8	Paul Murgatroyd	M45	LOG	2	189	93		96	
9	Graham Johnson	M55	DVO	2	159	84	75		
10	Gary Peet	M40	NOC	2	151	79	72		

7 €	teran women			_					
	Name		Club	Races	best 4	Matlock			Lincoln
1	Ursula Williamson	W50	LEI	4	354	87	88	90	89
2	Tanya Taylor	W40	LOG	3	300	100	100		100
3	Helen Parkinson	W45	NOC	3	280		91	93	96
4	Tracey Brookes	W45	LEI	3	268	91	86		91
5	Rachel Davis	W45	DVO	3	265	90	85		90
6	Clare Hanna	W45	LOG	3	261	85		91	85
7	Kim Buxton	W50	DVO	3	255	88	84		83
8	Wendy West	W50	LEI	3	248	84	76	88	
9	Julie Webster	W50	NOC	2	164	83	81		
10	Anne Kimberley	W50	DVO	2	158	81	77		
Su	ipervet Men								
	Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1	Robert Haskins	M60	LEI	4	355	91	93	88	83
2	Paul Morris	M55	NOC	3	292	100	96	96	
3	Robert Parkinson	M55	NOC	3	259		84	90	85
4	Ian Parfitt	M60	DVO	3	254	93	81		80
5	Russell Buxton	M55	DVO	3	246	86	71		89
6	Kevin Gallagher	M65	LEI	3	244	84	75	85	
7	Graeme Huggan	M55	NOC	3	243		79	82	82
8	Sean Harrington	M55	LOG	3	232	83	72		77
9	Alan West	M55	LEI	3	227	85	67		75
10	Kevin Bradley	M55	LEI	3	217		66	79	72
ς.	mamust Maman								
30	ipervet Women Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1	Jane Booker	W60		3	284			Nottoni	100
	Val Johnson	W55	NOC DVO	3	272	93 91	91 90		91
	Liz Godfree	w55 W65	DVO		200		100		91
	Ruth Ellis		DVO	2		100	87	02	
		W60		2 2	180		89	93	90
	Trudy Crosby Anne Gibbs	W55	LOG		179 176				
	Christine Elliott	W70	LOG	2	176		88	100	88
		W55	NOC	1	100	06		100	
	Judith Holt	W60	DVO	1	96	96			
9	Viv Macdonald	W60	DVO	1	89	89			
Ul	travet Men								
	Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1	Derek Gale	M70	DVO	4	366	93	84	96	93
2	David Parkin	M80	DVO	4	335	84	78	88	85
3	Chris Phillips	M65	LEI	4	329	82	76	89	82
			Page	25					

10 Roy Mitton

Veteran Women

M45

NOC

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**EMEWS** 

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$\mathbf{E}$	EMEWS												
4	Simon Ford	M70	LEI	3	273	89		93	91				
5	John Palmer	M65	NOC	3	251	88	79		84				
6	Laurie Fluck	M65	LEI	3	230	81	74		75				
7	Glynn Smith	M65	LEI	2	185	96	89						
8	Andy Hawkins	M65	DVO	2	181	91	90						
9	John Marriott	M65	LEI	2	178		82		96				
10	Andrew Breakwell	M65	NOC	2	167	86	81						

## Ultravet Women

Name		Club	Races	best 4	Matlock	Newark	NottUni	Lincoln
1 Hilary Palmer	W65	NOC	4	396	100	100	100	96
2 Jen Gale	W65	DVO	4	362	90	89	93	90
3 Diane Ford	W65	LEI	3	265	89		88	88
4 Margaret Keeling	W65	DVO	2	181	91		90	
5 Helen Finlayson	W65	DVO	1	96	96			
6 Pauline Ward	W70	DVO	1	93		93		

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## Midland Champs 2014

After a quick check of the results the following are the folk from East Midlands who I believe have won their courses (apologies for any I have missed or got incorrect as just doing a quick check of the results):

Class	Name	Class	Name
M10	Toby Williams (LOG)	W10	Libby Barber (LEI)
M14	Ethan Tebbutt (LEI)	W12	Rachel Duckworth (DVO)
M40	Howard Alcock (LEI)	W18	Hannah Cox (LEI)
M45	Paul Murgatroyd (LOG)	W40	Michelle Mackervoy (DVO)
M50	Nicholas Evans (NOC)	W45	Alison Hardy (LEI)
M55	Paul Addison (DVO)	W60	Judith Holt (DVO)
M75	Peter Leake (LEI)	W70	Pauline Ward (DVO)
M80	David Parkin (DVO)		

## **Fixtures**

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

## November

Sat 1 <sup>st</sup>	LEI Winter League 4 - Willesley Woods	D	<u>LEI</u>	ЕМ	Willesley Woods	Ashby de la Zouch	SK337144
Sat 1st	Red Bull Robin Hood	D	<u>BOF</u>	BOF	Sherwood Pines	Ollerton	
Sat 1st	Winchester Urban Event	С	<u>BAOC</u>	sc	Winchester Bar End	Winchester	<u>SU488285</u>
Sun 2 <sup>nd</sup>	November Classic (UKOL)	В	<u>soc</u>	sc	Kings Garn Gutter, New Forest	Southampton	<u>SU249119</u>
Sun 2 <sup>nd</sup>	YHOA Superleague	С	<u>SYO</u>	ΥH	<u>Tankersley</u>	Sheffield	<u>SK438874</u>
Sun 2 <sup>nd</sup>	WAOC Mildenhall North Colour Coded	С	<u>WAOC</u>	EA	Mildenhall North	Mildenhall	<u>TL735752</u>
Sat 8 <sup>th</sup>	LOG Winter Series 1 Boston Town	D	<u>LOG</u>	EM		Boston	
Sat 8 <sup>th</sup>	NOC Winter League	D	NOC	EM	Colwick Park	Nottingham	
Sat 8 <sup>th</sup>	SN Regional SE League	В	<u>SN</u>	SE	<u>Mytchett</u>	Frimley	
Sat 8 <sup>th</sup>	MDOC Park Score Event (3)	D	<u>MDOC</u>	NW	Woodbank Park	Stockport	SJ908899
Sun 9 <sup>th</sup>	East Midland Urban League	С	<u>LEI</u>	ЕМ	Loughborough University	Loughborough	
	Car park: L11 3TL; £7/£3						
Sun 9 <sup>th</sup>	HAVOC Langdon Hills Colour Coded	С	<u>HAVOC</u>	EA	Langdon Hills	Brentwood	
Thu 13 <sup>th</sup>	LEI Winter League 5 - Burbage Common (night)	D	<u>LEI</u>	ЕМ	Burbage Common	Hinckley	SP451941
Sat 15 <sup>th</sup>	NOC Night Event	D	NOC	ЕМ	Rushcliffe Country Park	Ruddington	
Sun 16 <sup>th</sup>	Holcote & Reynolds Wood Colour Coded	С	SMOC	EA	Holcote & Reynolds Wood	Brogborough	SP968392
Sun 16 <sup>th</sup>	DVO Oakwood EM Urban League	D	DVO	EM	<u>Oakwood</u>	Derby	SK383387
	Oakwood, suburb NE Derby. The eventhe roundabout on Morley Road/ Oak Starts: 10:30 – 12:00; £6/£3; 6 urban	wood	Drive GR S	SK3913	84.		shops Drive, and at
Sat 22 <sup>nd</sup>	DVO Informal Event	D	DVO	EM	Darley Park	Derby	
Sat 22 <sup>nd</sup>	LOG Winter Series 2 Westgate Woods	D	<u>LOG</u>	EM	Westgate Woods	Boston	
Sat 22 <sup>nd</sup>	OD Local Event - Cawston Park Rugby	D	<u>OD</u>	WM	Cawston Park Rugby	Rugby	
Sun 23 <sup>rd</sup>	NOC Winter League	D	NOC	EM	Sansom Wood	Nottingham	
Sun 23 <sup>rd</sup>	CHIG Regional SE League	В	<u>CHIG</u>	SE	Epping NW	Loughton	<u>TL452018</u>
Sun 23 <sup>rd</sup>	Regional Event	С	<u>HALO</u>	ΥH	Twigmoor Woods	Scunthorpe	
Sun 23 <sup>rd</sup>	WRE Colour Coded & WMOA League 10	С	<u>WRE</u>	WM	Nesscliffe Country Park	Shrewsbury	<u>SJ386199</u>
Sun 23 <sup>rd</sup>	BOK Galoppen	С	<u>BOK</u>	SW	Moseley Green	Forest of Dean	SO631087
Sun 23 <sup>rd</sup>	NOR Colour Coded and EAL	С	<u>NOR</u>	EA	Shouldham Warren	Downham Market	TF680104
Wed 26 <sup>th</sup>	LEI Winter League 6 - Ashby de la Zouch (night)	D	<u>LEI</u>	ЕМ	Ivanhoe Community College	Ashby de la Zouch	SK359170

Sat 29 <sup>th</sup>	EM Sprint Championships	С	DVO	ЕМ	Abbotsholme School	Rocester	SK120390		
	Parking in school grounds on hard standing Courses: 2 sprint courses with winning times around 10 minutes, results based on total time over both cour competitive in the sprint championships you are to run both courses in either order at any time within the standard classes for Sprint Championship competition:  Open; Junior (W16- and M16-); Young Junior (W12- and M12-); Vet (W40+ and M40+); Super Vet (W55+ and W65+)  Yet (W65+ and M65+)  £6/£3; Starts from 10:30 – 12:00								
Sat 29 <sup>th</sup>	MDOC Park Score Event (4)	D	MDOC	NW	Bruntwood Park	Cheadle	SJ861870		
Sun 30 <sup>th</sup>	AIRE YHOA Superleague Event - Ilkley Moor	В	<u>AIRE</u>	ΥH	Ilkley Moor	llkley	SE122474		
Sun 30 <sup>th</sup>	WCH Colour Coded ; WMOA Champs & League 11	С	<u>WCH</u>	WM	Chillington Hall	stafford			
Sun 30 <sup>th</sup>	WCOC Cumbrian Galoppen - Bleaberry Fell	С	WCOC	NW	Bleaberry Fell	Keswick	NY282226		
Sun 30 <sup>th</sup>	EMOA League Event	С	<u>LEI</u>	EM	Beacon Hill	Loughborough			
	Beacon Hill Top Car Park; Starts 10:30 – 12:30; £7 / £2.50 Car park is now pay & display at £2.50. EM Junior Squad will have cake stall.								
Sun 30 <sup>th</sup>	SUFFOC West Harling Colour Coded and EAL	С	SUFFOC	EA	West Harling	Thetford	TL968836		

# December

Sat 6 <sup>th</sup>	LOG Winter Series 3 Chambers Farm Woods	D	LOG	ЕМ		Bardney	
Sat 6 <sup>th</sup>	LEI Xmas Novelty - Martinshaw Woods	D	<u>LEI</u>	ЕМ	Groby Community College	Leicester	SK518070
Sun 7 <sup>th</sup>	Regional Event	С	CLARO	ΥH	Dob Park	Otley	SE195502
Sun 7 <sup>th</sup>	Stanton Moor - DVO & EM League	С	DVO	EM	Stanton Moor	Matlock	
Sun 7 <sup>th</sup>	WAOC Maulden Woods Colour Coded	С	WAOC	EA	Maulden Wood	Clophill	TL074393
Sat 13 <sup>th</sup>	Night Event	D	DVO	EM	Rosliston	Swadlincote	
Sun 14 <sup>th</sup>	CompassSport Cup Final	Α	<u>SN</u>	SC	Long Valley North	Aldershot	
Sun 14 <sup>th</sup>	NOR Colour Coded Event	D	NOR	EA	Cawston & Marsham Heaths	Aylsham	TG166236
Sun 21st	Regional Event	С	<u>EPOC</u>	ΥH	Royds Hall	Bradford	
Sun 21 <sup>st</sup>	NOC Regional Event (EM League)	С	NOC	ЕМ	Walesby Forest	Ollerton	SK668705
Sun 21st	TVOC Regional Event and SCOA League	С	TVOC	sc	Shotover Country Park	Oxford	
Sat 27 <sup>th</sup>	OD Local Event Christmas Relays	D	<u>OD</u>	WM	Rough Close	Coventry	
Sat 27 <sup>th</sup>	LEI Winter League 7 - Spring Cottage (night)	D	<u>LEI</u>	ЕМ	Albert Village	Swadlincote	SK298173
Sun 28 <sup>th</sup>	Regional Event	С	EBOR	ΥH	White Horse and Hood Hill	Helmsley	SE497806
Sun 28 <sup>th</sup>	EMOA League Event Spring Cottage	С	<u>LEI</u>	ЕМ	Spring Cottage	Ashby de la Zouch	

January

<b>-</b>	1						
Thu 1st	WMOA Laurie Bradley Score	С	<u>HOC</u>	WM	Sandwell Valley	Sandwell	
Thu 1st	Urban Event	D	DVO	EM	Ilkeston	llkeston	
Thu 1st	LEI Winter League 8 - Sence Valley	D	<u>LEI</u>	ЕМ	Sence Valley Forest Park	Ashby de la Zouch	SK404113
Sat 03/01/15	LOG Winter Series 4 Sudbrooke	Level D	<u>LOG</u>	EMOA		Lincoln	
Sat 3 <sup>rd</sup>	MDOC New Year Charity Event	D	MDOC	NW	park entry		SJ964823
Sun 4 <sup>th</sup>	NOC Winter League	D	NOC	ЕМ	Bestwood Country Park	Nottingham	
Tue 6 <sup>th</sup>	MDOC Night Street League (5)	D	MDOC	NW	Hazel Grove streets	Hazel Grove	
Sat 10 <sup>th</sup>	POTOC Leisure and Training Event	D	POTOC	WM	Bathpool Park	Newcastle, Staffordshire	

Sat 31st	NOC Night Event	D	<u>NOC</u>	EM	Burntstump Country Park	Nottingham	
Sat 31st	LOG Winter Series 6 Belton Woods	D	<u>LOG</u>	EM		Grantham	
Sat 31st	OD Local Event Itchington Holt		<u>OD</u>	WM	Itchington Holt	Long Itchington	<u>SP366558</u>
Sat 31st	Icenian 2014	В	<u>CUOC</u>	EA	Santon Downham	Thetford	TL829888
Wed 28 <sup>th</sup>	LEI Winter League 10 - Beacon Hill (night)	D	<u>LEI</u>	ЕМ	Beacon Hill Country Park	Loughborough	SK523145
Sun 25 <sup>th</sup>	Regional Middle Distance Event	С	<u>SYO</u>	ΥH	Hugset	Barnsley	
Sun 25 <sup>th</sup>	BKO Concorde Chase	В	<u>BKO</u>	SC	Cold Ash	Newbury	SU520737
Sat 24 <sup>th</sup>	Cambridge Woods Informal Event	D	DVO	ЕМ	Cambridge Woods	Matlock	
Sat 24 <sup>th</sup>	YHOA Night League	С	SYO	ΥH	Hugset	Barnsley	
Sun 18 <sup>th</sup>	SOS Colour Coded	С	<u>SOS</u>	EA	Pods Wood	Colchester	
Sun 18 <sup>th</sup>	DVO Regional Event	С	DVO	ЕМ	Crich Chase	Matlock	
Sat 17 <sup>th</sup>	LOG Winter Series 5	D	<u>LOG</u>	EM		Bourne	
Tue 13 <sup>th</sup>	LEI Winter League 9 - Fosse Meadows (night)	D	<u>LEI</u>	ЕМ	Fosse Meadows Country Park	Hinckley	SP489910
Sun 11 <sup>th</sup>	EMOA League Event Wakerley Woods	С	<u>LEI</u>	EM	Wakerley Woods	Corby	
Sun 11 <sup>th</sup>	OD Event Hartshill Hayes	D	<u>OD</u>	WM	Hartshill Hayes Country Park	Nuneaton	

February

1 001 0	<del>-</del> . /						
Sun 1 <sup>st</sup>	Ace of Herts SE League Event	В	<u>HH</u>	SE	Egypt Woods & Burnham Beeches	Beaconsfield	SU955871
Sun 1 <sup>st</sup>	Thetford Thrash Day 2	С	WAOC	EA	Croxton Heath	Thetford	TL893880
Sun 1 <sup>st</sup>	EMOA League Event Bagworth	С	<u>LEI</u>	ЕМ	Bagworth	Coalville	
Sat 7 <sup>th</sup>	Southern Champs Weekend Sprint Event (UKOL)	В	MV	SE	The Nower	Dorking	
Sat 7 <sup>th</sup>	DVO Informal Event	D	DVO	ЕМ	Foremark Reservoir	Swadlincote	
Sat 7th	HOC Event	D	HOC	WM	Longdon, Wyre Forest	Bewdley	SO764774
Sat 7 <sup>th</sup>	POTOC Leisure and Training Event	D	POTOC	WM	Apedale Country Park	Newcastle, Staffordshire	
Sun 8 <sup>th</sup>	MV Southern Championships & Interland (UKOL)	А	MV	SE	White Downs, Netley Heath & Sheepleas	Dorking	
Sun 8 <sup>th</sup>	The Wrekin - WMOA League Event	С	<u>WRE</u>	WM	The Wrekin	Telford	
Sun 8 <sup>th</sup>	Regional Event	С	AIRE	ΥH	Haworth Moor & Penistone Hill	Keighley	<u>SE</u>
Sun 8 <sup>th</sup>	NOC Winter League	D	NOC	ЕМ	Silverhill Wood	Sutton-in-Ashfield	SK473622
Sun 8th	NOR Colour Coded	D	NOR	EA		Norfolk	
Sat 14 <sup>th</sup>	DVO Informal Night Event	D	DVO	ЕМ	Calke Abbey	Derby	
Sun 15 <sup>th</sup>	Midlands Championships	Α	<u>WCH</u>	WM	Cannock Chase	Cannock	
Thu 19 <sup>th</sup>	LEI Winter League 11 - Whitwick	D	LEI	ЕМ	Hermitage Leisure Centre	Coalville	SK434157
Sun 22 <sup>nd</sup>	TVOC Chiltern Challenge Regional Event Level B	В	TVOC	sc	Penn and Common Wood	High Wycombe	
Sun 22 <sup>nd</sup>	YHOA Superleague	В	<u>EPOC</u>	ΥH	Marsden	Huddersfield	
Sun 22 <sup>nd</sup>	NOC Regional Event (EM League)	С	NOC	ЕМ	Harlow Woods	Mansfield	
Sat 28 <sup>th</sup>	British Night Championships (UKOL)	Α	AIRE	ΥH	Middleton Park	Leeds	
Sat 28 <sup>th</sup>	Hardwick Hall Informal Event	D	DVO	ЕМ	Hardwick Hall	Chesterfield	

## March

Sun 1 <sup>st</sup>	BNC weekend event (UKOL)	В	<u>SYO</u>	YΗ	Cawthorne/Deffer	Barnsley	
Sun 1 <sup>st</sup>	EMOA League Event Ratby Woodlands	С	<u>LEI</u>	EM	Ratby	Leicester	
Sat 7 <sup>th</sup>	Oxford City Race	С	<u>OUOC</u>	SC	Oxford City Centre	Oxford	<u>SP513071</u>
Sat 7 <sup>th</sup>	WAOC Colour Coded	D	<u>WAOC</u>	EA	Therfield Heath	Royston	
Sun 8 <sup>th</sup>	HOC Event	D	<u>HOC</u>	WM	Highgate Common	Wombourne	SO838902
Sun 8 <sup>th</sup>	Sarum Saunter	В	<u>SARUM</u>	SW	Sidbury Hill ? TBC	Salisbury	

Sun 8 <sup>th</sup>	DVO Regional Event	С	DVO	ЕМ	Kedleston	Derby	
Sun 8 <sup>th</sup>	Mole Valley Ranking Event	С	MV	SE	Headley Heath	Dorking	
Sun 8 <sup>th</sup>	LOC Cumbrian Galoppen	С	LOC	NW	Claife Heights	Hawkshead	SD382977
Sun 15 <sup>th</sup>	CompassSport Cup Heat	В	NOC	EM	Sherwood Pines	Ollerton	
Sat 21st	YHOA Sprint Championships	С	EBOR	ΥH	Linton-on-Ouse	York	
Sat 21st	Sutton College Urban Sprint	D	COBOC	WM		Sutton Coldfield	
Sat 21st	British TrailO Championship	D		EA	Twywell	Kettering	
Sun 22 <sup>nd</sup>	EBOR B event	В	<u>EBOR</u>	ΥH	Gilling	Pickering	
Sun 22 <sup>nd</sup>	South East League and Long Championships	В	SAX	SE	<u>Ightham</u>	Borough Green	TQ582557
Sun 22 <sup>nd</sup>	OD Level B Event Bentley Wood	В	<u>OD</u>	WM	Bentley Wood	Atherstone	
Sun 22 <sup>nd</sup>	Keyne-O, Linford Wood	D	SMOC	EA	Linford Wood	Milton Keynes	SP846405
Sat 28 <sup>th</sup>	OD Local Event University of Warwick	D	<u>OD</u>	WM	University of Warwick	Coventry	SP298766
Sun 29 <sup>th</sup>	YHOA Middle Championships	В	<u>HALO</u>	ΥH	Knapton Wood	Malton	
Sun 29 <sup>th</sup>	WCH Colour Coded	С	<u>WCH</u>	WM		Stafford	
Sun 29 <sup>th</sup>	LOG Level C (EM League)	С	LOG	ЕМ		TBA	

# April

Fri 3 <sup>rd</sup>	JK Weekend Sprint (UKOL)	Α		NW	Lancaster University		
Sat 4 <sup>th</sup>	JK Weekend Individual 1 (UKOL)	А		NW	Ulpha Park & Barrow Fell	Ulverston	
Sun 5 <sup>th</sup>	JK Weekend Individual 2 (UKOL)	Α		NW	Bigland	Ulverston	
Mon 6 <sup>th</sup>	JK Weekend Relays	Α		NW	Graythwaite	Windermere	
Sun 12 <sup>th</sup>	East Midlands Score Championships	С	NOC	EM	Clumber Park	Worksop	
Sun 12 <sup>th</sup>	HAVOC Colour Coded and EAL	С	HAVOC	EA	Epping Forest South West	Chingford	
Sun 12 <sup>th</sup>	HOC Event	D	<u>HOC</u>	WM	Kinver Edge	Stourbridge	SO837828
Sat 18 <sup>th</sup>	British Long Distance Orienteering Championships (UKOL)	А	<u>BOK</u>	sw	New Beechenhurst	Forest of Dean	SO621118
Sun 19 <sup>th</sup>	British Relay Orienteering Championships	А	BOK	sw	Cannop Ponds	Forest of Dean	SO621118
Sun 19 <sup>th</sup>	Regional Event	С	CLARO	ΥH	Hanging Moor	Harrogate	
Sun 19 <sup>th</sup>	Keyne-O, Shenley Wood	D	<u>SMOC</u>	EA	Shenley Wood	Milton Keynes	SP822356
Sun 26 <sup>th</sup>	DVO Regional Event	С	DVO	ЕМ	Cromford Moor	Cromford	
Sun 26 <sup>th</sup>	Ferry Meadows and Ortons	D	WAOC	EA	Ferry Meadows and Ortons	Peterborough	

# May

Fri 1st	Irish Sprint Championships	В	LVO	NI	Laurelhill Sportszone	Lisburn
Sat 2 <sup>nd</sup>	Irish Long Distance Championships	В	LVO	NI	<del>                                     </del>	Dromara
Sat 2 <sup>nd</sup>	Triple Gloucester Weekend - Day 1	С	NGOC	sw	Mallards Pike	Cinderford
Sun 3rd	Regional Event	С	<u>EPOC</u>	ΥH	Nostell Priory	Wakefield
Sun 3 <sup>rd</sup>	Irish Relay Championships	В	LVO	NI	Hillsborough Forest Park	Hillsborough
Sun 3 <sup>rd</sup>	Triple Gloucester Weekend - Day 2	С	NGOC	SW	Gloucester City Centre	Gloucester
Mon 4th	NOC Urban Event	С	NOC	EM	Newark	Newark
Mon 4 <sup>th</sup>	Triple Gloucester Weekend - Day 3 (Long O)	D	NGOC	sw		Cheltenham
Sat 9 <sup>th</sup>	British Sprint Championships (UKOL)	Α	<u>BAOC</u>	SC	Aldershot Barracks	Aldershot
Sun 10 <sup>th</sup>	British Middle Championships (UKOL)	Α	TVOC	SC	Naphill and Park Wood	High Wycombe
Sat 16th	YHOA Urban League	С	<u>HALO</u>	ΥH	Hull University	Hull
Sun 17 <sup>th</sup>	YHOA Urban League	В	<u>HALO</u>	ΥH	Hull Old Town	Hull
Sun 17 <sup>th</sup>	SO SE League Level B event	В	<u>SO</u>	SE	Charlton Forest (East)	Midhurst
Sun 17 <sup>th</sup>	WCH Urban Event	С	<u>WCH</u>	WM		Lichfield
Sat 23 <sup>rd</sup>	Scottish Championships Individual	Α	<u>ECKO</u>	SOA	Oban Area	Dalmally
Sat 23rd	Springtime in Shropshire	В	<u>WRE</u>	WM	Corndon	West Midlands

Sun 24 <sup>th</sup>	Scottish Championships Relays	С	<u>ECKO</u>	SOA		Oban	
Sun 24 <sup>th</sup>	Springtime in Shropshire	В	<u>HOC</u>	WM	Brampton Bryan	West Midlands	
Mon 25 <sup>th</sup>	Springtime in Shropshire	В	<u>WRE</u>	WM	Rorrington	West Midlands	
Sat 30 <sup>th</sup>	Twin Peak Day 1	В	<u>MDOC</u>	NW	Place Fell	Glenridding	NY398164
Sun 31st	Twin Peak Day 2	В	<u>MDOC</u>	NW	Angle Tarn Pikes	Glenridding	NY398164
Sun 31st	TVOC Regional and SCOA League Event	С	TVOC	SC		Princes Risborough	

The following are regular activity sessions identified in the British Orienteering calendar and applicable to clubs within our area:

Ashby Map Runners							
Wednesday 29 <sup>th</sup> October	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 5 <sup>th</sup> November	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 12 <sup>th</sup> November	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 19 <sup>th</sup> November	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 26 <sup>th</sup> November	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 3 <sup>rd</sup> December	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 10 <sup>th</sup> December	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				
Wednesday 17 <sup>th</sup> December	<u>LEI</u>	Ivanhoe College, North Street, Ashby-de-la-Zouch	Ashby de la Zouch				

LOG Club Night							
Thursday 30 <sup>th</sup> October	<u>LOG</u>	South Common	Lincoln				
Thursday 6th November	<u>LOG</u>	West Common	Lincoln				
Thursday 13 <sup>th</sup> November	<u>LOG</u>	Riseholme	Lincoln				
Thursday 20 <sup>th</sup> November	<u>LOG</u>	Hartsholme	Lincoln				
Thursday 27 <sup>th</sup> November	<u>LOG</u>	South Common	Lincoln				
Thursday 4 <sup>th</sup> December	<u>LOG</u>	University	Lincoln				
Thursday 11th December	<u>LOG</u>	University	Lincoln				
Thursday 18 <sup>th</sup> December	LOG	Christmas Party – Strugglers Inn	Lincoln				

Leicester Club Night							
Thursday 30 <sup>th</sup> October	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 6 <sup>th</sup> November	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 13 <sup>th</sup> November	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 20 <sup>th</sup> November	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 27th November	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 4 <sup>th</sup> December	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 11th December	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				
Thursday 18 <sup>th</sup> December	<u>LEI</u>	Glenfield Sports Pavilion, Gynsill Lane, Glenfield	Leicester				

Leicester (Groby) Club Night						
Monday 3 <sup>rd</sup> November	<u>LEI</u>	Brookvale College	Leicester			
Monday 10 <sup>th</sup> November	<u>LEI</u>	Brookvale College	Leicester			
Monday 17 <sup>th</sup> November	<u>LEI</u>	Brookvale College	Leicester			
Monday 24 <sup>th</sup> November	<u>LEI</u>	Brookvale College	Leicester			

Rushcliffe Orienteers							
Sat 1 <sup>st</sup> November	<u>NOC</u>	Rushcliffe Country Park	Ruddington				
Sat 29 <sup>th</sup> November	<u>NOC</u>	Rushcliffe Country Park	Ruddington				
Sat 13 <sup>th</sup> December	NOC	Rushcliffe Country Park	Ruddington				