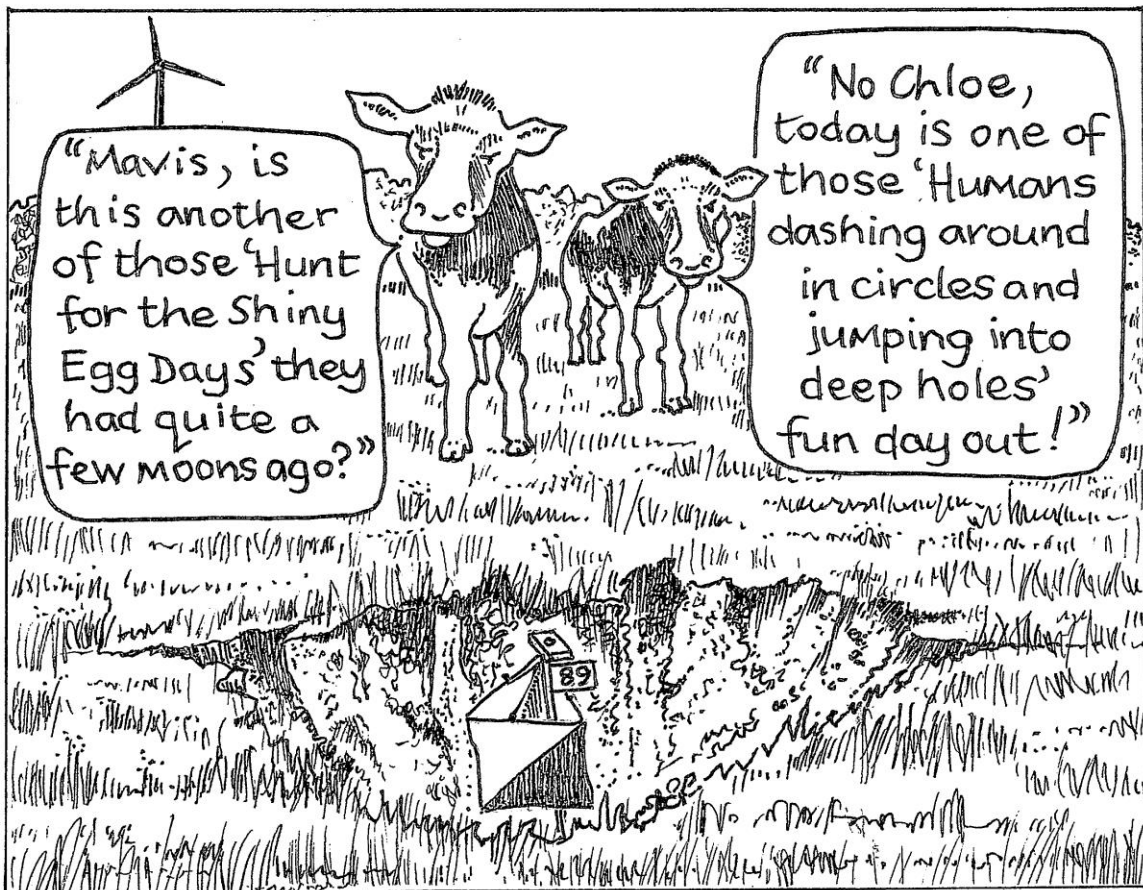


THE NEWSLETTER
of the
EAST MIDLANDS ORIENTEERING ASSOCIATION

WINTER 2023



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EMEWS

EMEWS is the newsletter of the East Midlands Orienteering Association. The views expressed in this newsletter are not necessarily those of the East Midlands Orienteering Association, nor of the Committee.



East Midlands website: www.emoa.org.uk

Copy Date for next issue: **15th December 2023 for next EMEWS.**

Contributions are always welcome but especially by e-mail
(mikegardvo@sky.com).

I will then get the next edition out in early January 2024.

Cover - Thanks again to Ernie for the cover. I think many of you should be able to work out the event!

Photo - The editor trying to find his way around Harrogate city race!

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Contents - EMEWS 289

| | |
|--------------------------------------------------------|----|
| Minutes of EMOA AGM on 11 th September 2023 | 3 |
| Irchester Country Park | 11 |
| Deeside Tour Report - Ellie Simpson | 12 |
| East Midlands Urban League 2023 | 15 |
| East Midlands League 2023 | 19 |
| Puzzle Page | 21 |
| Fixtures | 23 |

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MINUTES OF THE 59th ANNUAL GENERAL MEETING OF THE EAST MIDLANDS ORIENTEERING ASSOCIATION HELD ON MONDAY 11th SEPTEMBER 2023 AT 19.30 IN PACE ROOM, CLIFTON.

Present: Sal Chaffey (DVO), Trudy Crosby (LOG), Roger Edwards (LEI), Mike Godfree (DVO), John Hurley (DVO), Jane Kayley-Burgess (DVO), Hilary Palmer (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Anthony Squire (NOC), Ernie Williams (LEI), Ursula Williamson (LEI), Dorothy Woodall (NOC), John Woodall (NOC) and Paul Young (DVO).

The meeting was held in person at the Pace Room, Clifton Village and was quorate as 15 members were in attendance.

1. Apologies for absence:

Ann-Marie Duckworth (DVO), Mike Gardner (DVO), Liz Godfree (DVO), Ranald Macdonald (DVO), David Olivant (NOC), Pauline Olivant (NOC), and Iain Phillips (LEI) offered their apologies.

In the absence of Mike Gardner, due to serious and unforeseen circumstances, Ernie Williams volunteered to take the Minutes.

2. Minutes of the 58th EMOA AGM held on Monday 12th September 2022.

It was proposed *“That the Minutes as circulated are a true and accurate record.”* Proposed by John Hurley (DVO) and seconded by Ursula Williamson (LEI). The proposal was carried nem con.

3. Chair’s Report to EMOA AGM September 2023:

This report is very much just a snapshot of what has happened in the region over the last 12 months and I hope that I have not missed anything of importance. If I have, please forgive me and put it down to the aging process!

I am very pleased to report that although the year has not been without its problems, we have had a full and active programme of events during the last twelve months.

Both the Forest and Urban Leagues have had a full programme with some quality events. It has been very good to see new faces taking part in our events and even better, some new faces on the “podium” for the presentation of the 2022 trophies at the start of this year.

As I have mentioned the year has not been without its problems. Permission for land access continues to be a problem despite optimistic noises made by the BOF Environment and Access Officer at the Regional Conference in October 2022. Landowners are under financial pressure to maximise incomes, pressure from regulatory bodies such as Natural England and in some cases, we are experiencing a backlash from the problems caused to landowners by the general public and other organisations. I note that BOF have still not been able to negotiate a new Access Agreement with Forestry England despite the current agreement expiring this month. I understand that, for the present, we are to continue operating under the current agreement.

Our Regional Conference had a different format this year, in that part of the day was devoted to discussions for using the Regional Cash surplus. From that conference a working party chaired by Ranald has looked at the possibilities and the subsequent proposals are being debated by the EMOA Committee. My thanks to Ranald for both organising the conference and chairing the Working Party. Ranald is standing down from the EMOA committee after this AGM and I would on behalf of the Region to thank he for all the work he has done for the Region for many years.

As many of you are aware, in March of this year it was announced that Ernie Williams of LEI had been awarded the Continued Contribution to Orienteering Award by the Board of British Orienteering. Ernie's contribution to the actives and events of both LEI and the Region has over the last 40 years been immense. Plus, his contribution nationally. It was my great pleasure to have Ernie as a member of the BOF Events and Competitions Committee during my tenure as its chairman.

In 2004 Ernie was my number two for the Regional JK Day at Graythwaite and many "happy hours" were spent commuting up and down the M6 to the Lakes for meetings with very early breakfast at Motor Way services and very late meals on the way back. I am sworn to secrecy that I will not tell Ernie's wife Wendy some of the things that we got up to on our travels!

Ernie, very many thanks on behalf of everybody in the region for your massive contribution to orienteering.

Junior Squad. Last September 9 of our juniors took the trip over to Northern Ireland to compete in the Junior Inter Regional Championships - the JIRCS. With such a small squad coming 10th was a very satisfactory result.

The EMJOS coaches Ann-Marie and Ant have arranged several trainings over the last year and these have included joint activities with other Regions. Two of our juniors attended the national training at Hawkshead last November.

Hannah from LOG continues Training with the Northern Region Talant Squad.

Congratulations go to Rahel from DVO and Ben from NOC who were selected for The Junior World Cup and The Junior European Championships.

Two of our Juniors were selected for JROS Tours this Summer. Ellie for LEI went to Deeside and Hannah from LOG to Sweden

I would like to thank both Ann-Marie and Ant for all the work and time that have put in over the last year in managing and coaching the juniors in EMJOS.

Finally, turning to administrative matters in relation to the East Midlands Committee. The committee has met three times since the last AGM in September 2021. A significant amount of time has been taken up with financial matters and I will leave Paul to speak about these in his report.

My thanks to the members of EMOA Committee for their support and hard work over the last twelve months. Much of the work goes on unnoticed by our members but without it we would not be able to function as a Region.

Chris Phillips – Chair - September 2023

4. **Financial Secretary's Report**

Paul Young circulated the accounts before the meeting to the committee for review.

Below is the proposed income / expenditure statement for next year and outline for further 3 years:

| East Midlands Orienteering Association | | | | | | | | | |
|-----------------------------------------------|-----------------|-----------------|-----------------|-------------------|-------------------|-------------------|-------------------|-------------------|-------|
| FY 2023/24 Budget v0.1 | | | | | | | | | |
| INCOME | 2019/20 | 2020/21 | 2021/22 | 2022/23 | 2023/24 | | <i>Memorandum</i> | | |
| | Actual | Actual | Actual | Actual | Budget v0.1 | Var | 2024/25 | 2025/26 | |
| | | | | | | | LTF v0.1 | LTF v0.1 | |
| Membership | 1,386.00 | 1,310.00 | 1,312.00 | 1,280.00 | 1,305.00 | 25.00 | 1,330.00 | 1,355.00 | EMOA |
| Event Levies | 1,450.40 | 321.60 | 1,222.90 | 1,453.90 | 1,480.90 | 27.00 | 1,521.80 | 1,562.70 | EMOA |
| Interest | 5.91 | 0.36 | 0.82 | 26.45 | 50.00 | 23.55 | 40.00 | 30.00 | EMJOS |
| Sponsorship and other income | 100.00 | 0.00 | 127.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | EMOA |
| EMJOS Income | 1,292.70 | 21.00 | 668.00 | 693.00 | 1,500.00 | 807.00 | 1,500.00 | 1,500.00 | EMJOS |
| EMJOS Clothing Sales | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | EMJOS |
| EMJOS Fund Raising | 628.50 | 0.00 | 186.50 | 142.00 | 150.00 | 8.00 | 150.00 | 150.00 | EMJOS |
| INCOME | 4,863.51 | 1,652.96 | 3,517.72 | 3,595.35 | 4,485.90 | 890.55 | 4,541.80 | 4,597.70 | |
| EXPENDITURE | | | | | | | | | |
| EMJOS Expenses | 1,468.10 | 71.00 | 1,312.55 | 2,891.07 | 3,500.00 | (608.93) | 3,000.00 | 3,000.00 | EMJOS |
| Trophies & Certificates | 187.36 | 47.68 | 171.00 | 269.00 | 300.00 | (31.00) | 300.00 | 300.00 | EMOA |
| Volunteer Development | 0.00 | 0.00 | 60.00 | 218.34 | 2,000.00 | (1,781.66) | 2,000.00 | 2,000.00 | EMOA |
| Community Coaching Development | 0.00 | 0.00 | 124.24 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | EMOA |
| External Conferences | 0.00 | 0.00 | 0.00 | 0.00 | 200.00 | (200.00) | 200.00 | 200.00 | EMOA |
| Support for Senior/Talent Orienteers | 700.00 | 0.33 | 457.10 | 1,012.90 | 1,000.00 | 12.90 | 1,000.00 | 1,000.00 | EMOA |
| Coach development | 0.00 | 0.00 | 0.00 | 171.00 | 0.00 | 171.00 | 0.00 | 0.00 | EMOA |
| Sub total | 2,355.46 | 119.01 | 2,124.89 | 4,562.31 | 7,000.00 | (2,437.69) | 6,500.00 | 6,500.00 | |
| Running costs | | | | | | | | | |
| Web licence and bank charges | 22.18 | 23.33 | 58.33 | 79.53 | 85.00 | (5.47) | 90.00 | 95.00 | EMOA |
| Hire of meeting room | 80.00 | 0.00 | 30.00 | 60.00 | 70.00 | (10.00) | 80.00 | 90.00 | EMOA |
| English Orienteering Council | 387.00 | 354.00 | 371.00 | 353.00 | 371.05 | (18.05) | 398.90 | 406.10 | EMOA |
| Sub total | 489.18 | 377.33 | 459.33 | 492.53 | 526.05 | (33.52) | 568.90 | 591.10 | |
| EXPENDITURE | 2,844.64 | 496.34 | 2,584.22 | 5,054.84 | 7,526.05 | (2,471.21) | 7,068.90 | 7,091.10 | |
| Surplus / Loss | 2,018.87 | 1,156.62 | 933.50 | (1,459.49) | (3,040.15) | (1,580.66) | (2,527.10) | (2,493.40) | |

Below is the balance sheet:

| Balance Sheet 30 June 20xx | | | | | | | | | |
|-------------------------------------|------------------|------------------|------------------|------------------|------------------|-------------------|-----------------|-----------------|---------|
| | 2019/20 | 2020/21 | 2021/22 | 2022/23 | 2023/24 | | 2024/25 | | 2025/26 |
| | Actual | Actual | Actual | Actual | Budget v0.1 | Var | LTF v0.1 | LTF v0.1 | |
| Current Account | 9,335 | 10,698.79 | 11,823.92 | 11,030.05 | 8,989.90 | (2,040.15) | 6,972.80 | 4,999.40 | EMOA |
| EMJOS Deposit Account | 3,809 | 3,809.08 | 4,351.85 | 3,322.23 | 2,322.23 | (1,000.00) | 1,812.23 | 1,292.23 | EMJOS |
| | 13,143.83 | 14,507.87 | 16,175.77 | 14,352.28 | 11,312.13 | (3,040.15) | 8,785.03 | 6,291.63 | |
| Accrued Income - Chinery Churn | 0.00 | 129.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| Deferred Income - Bulwell Hall Park | 0.00 | (5.10) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| Accrual - Website Costs | (22.18) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| Accrual - EDC Contribution | 0.00 | (354.00) | (371.00) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| DVD map contribution | 600.00 | 600.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| Accrued Income - BOF June | 0.00 | 0.00 | 12.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| Accrual - Bank Charges | 0.00 | 0.00 | (5.00) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | |
| | 13,721.65 | 14,878.27 | 15,811.77 | 14,352.28 | 11,312.13 | (3,040.15) | 8,785.03 | 6,291.63 | |
| Represented by | | | | | | | | | |
| Accumulated fund | 11,702.78 | 13,721.65 | 14,878.27 | 15,811.77 | 14,352.28 | (1,459.49) | 11,312.13 | 8,785.03 | |
| add surplus | 2,018.87 | 1,156.62 | 933.50 | (1,459.49) | (3,040.15) | (1,580.66) | (2,527.10) | (2,493.40) | |
| Carry forward | 13,721.65 | 14,878.27 | 15,811.77 | 14,352.28 | 11,312.13 | (3,040.15) | 8,785.03 | 6,291.63 | |
| Note EMJOS * Old * Clothing Stock | Negligible | Negligible | Negligible | Negligible | Negligible | - | Nil | Nil | |
| Note EMJOS * New * Clothing Stock | N/A | N/A | N/A | N/A | 250 | - | 125 | Negligible | |
| EMOA cont to EMJOS | | | | 1,000.00 | 800.00 | | 800.00 | 800.00 | |
| Memo | | | | | | | | | |
| EMOA "Profit" | 559.86 | 206.26 | 390.73 | (429.87) | (2,040.15) | | (2,017.10) | (1,973.40) | |
| EMJOS "Profit" | | | | | (1,000.00) | | (510.00) | (520.00) | |

2022/23 Accounts

The EMOA year end is 30th June 2023, Roger Edwards has reviewed the accounts and issued the following statement:

"I confirm that these accounts represent a true and fair record of the Association's affairs."

A copy of the noted accounts is attached for the record.

Roger is thanked for again being the independent financial examiner of the accounts.

There were no questions raised about these accounts.

The balance sheet was approved by the meeting.

Proposer: John Hurley

Seconder: Ernie Williams

The floor unanimously approved the balance sheet.

5. Election of Principal Officers:

Chris Phillips stated that two of the Officers – himself as Chair and Paul Young as Financial Secretary – were willing to continue in place for 2023-2024. Pre-meeting an agreement had been reached with Ann-Marie Duckworth who has indicated that she would be willing to take on the role of Vice-Chair for 2023-2024 and then as Chair for 2024-2025, if Chris was prepared to continue as Chair for the year 2023-2024 and this he had agreed so to do. Following the retirement of Ranald Macdonald, the role of Development Co-ordinator was currently vacant. The Chair asked if there were any nominations for this key role but there were no nominations forthcoming.

The Principal Officers for the year 2023-2024 listed below were unanimously elected by a show of hand of those present and thanked for their willingness to both stand and serve.

| Post | Nominee |
|--------------------------|---------------------------|
| Chair | Chris Phillips (LEI) |
| Vice-Chair | Ann-Marie Duckworth (DVO) |
| Financial Secretary | Paul Young (DVO) |
| Development Co-ordinator | (Position vacant) |

Proposed by: John Woodall (NOC) Seconded by: John Hurley (DVO)

“That a ‘Vote of Thanks’ for each of the 2022 -2023 Principal Officers be given by the membership.”

Those present were unanimous in their support with a show of hands and vocal agreement.

6. Other EMOA Officers:

Members of the Association shown below had expressed their willingness to continue to undertake for the year 2023-2024 the non-elected roles as listed and were thanked en-bloc for their continued service to and for the Association’s membership.

| Post | Nominee |
|-----------------------------|------------------------------------------------------|
| Mapping | David Olivant (NOC) |
| Coaching | Hilary Palmer (NOC) |
| EM Junior Squad | Ann-Marie Duckworth (DVO), aided by Ant Squire (NOC) |
| EM League | Ursula Williamson (LEI) |
| Urban League | Ursula Williamson (LEI) |
| Regional Fixtures Secretary | Ursula Williamson (LEI) |
| President | John Woodall (NOC) |
| Minutes Secretary | Mike Gardner (DVO) |
| EMEWS Editor | Mike Gardner (DVO) |
| Webmaster | John Cooke (DVO) |
| National Forest | Roy Denney (LEI) |

NB: The Club Representatives for DVO, LEI, LOG, and NOC on the EMOA Committee are nominated by their Clubs.

7. Appointment of Independent Financial Examiner:

Roger Edwards agreed to continue as Independent Financial Examiner for the next year. Roger was again thanked by the meeting for performing this role.

8. Budget Projections and Recommendations for membership fees and event levies:

At this point in the meeting Paul Young went through each of his recommendations and Budget proposals for 2023-2024 (see below), some of which were directly linked to the 2023 British Orienteering Federation AGM Agenda Item 6 Proposals iii to vii of the Board that are to be put to the membership on Saturday, 16th September 2023 i.e.

iii. to create part-year membership fees for new members;

iv. to create a membership category for families;

v. to create a membership category for young adults between the ages of 21 and 25;

vi. to create a levy fee category for senior non-member participants;

vii. to approve the member, levy and club affiliation fees from 2024.

whilst others were about the Association's Reserves and East Midlands Event Levies etc.

Paul, as Financial Secretary, gave an 'Overview' of his Budget Proposals with regard to both 2023-2024 and to future years 2024-2025 and 2025-2026 as a 'Long-Term Forecast', with specific reference to EMOA and to EMJOS, and the intention of resulting in a 'break even' situation annually, and in reducing the Association's 'Reserves' to £5000 by the end of the 2025-2026 financial year.

Overview

Appendix 1 summarises the proposed EMOA Budget for the 2023/24 Financial Year. The assumptions take into account recent financial performance and the objectives of EMOA. In addition to the 2023/24 Budget, the appendix includes a Long-Term Forecast (LTF) covering both 2024/25 and 2025/26. These are memorandum in nature and intended to give an indication of longer-term financial stability of EMOA.

Both the Budget and Long-Term Forecast (together the "Forecast") seek to reduce the level of reserves held by both EMOA and EMJOS to more "reasonable" levels for the organisations in question.

EMOA

Excluding the strategic Development element of the expenditure (shown as "Volunteer Development") from the EMOA Forecast results in an at or around "break-even" each year. This is after making a contribution to EMJOS of £800, and supporting talented orienteers within the region to the tune of £1,000 each year.

The Forecast assumes a three-year programme of Development activity, totalling £6,000 of EMOA funds.

At the end of the 2025/26 Financial Year, the EMOA reserves will be £5,000. This level of reserves would enable EMOA to continue to operate for a period of at least 18-months without receiving any income.

In order for Development activity to continue the beyond 2025/26 Financial Year, EMOA would need to either reduce its other costs, or find alternative sources of funds.

EMJOS

The EMJOS Forecast assumes a net reduction in Reserves of £2,000 over the next three years. At the end of the 2025/26 Financial Year, the EMJOS Reserves will be £1,300.

The Forecast takes a prudent view on participant contributions and EMJOS fundraising over the term, and also assumes a continued level of support from EMOA.

EMOA Budget for 2023/24

1. Membership

British Orienteering (BO) has proposed the introduction of a number of new membership "tariffs" and categories, and subject to approval at their upcoming AGM it is my understanding that they would come into effect from 1 January 2024.

At this time, it is unclear if the BO membership system would cope with the increased complexity which would come about if EMOA were to follow suit. Given the low cost of EMOA annual membership I am recommending no change to the existing membership fees for calendar year 2024.

£3 per Senior member*.

£1 per Junior member.

*If the membership category of Young Adult is introduced following the BO AGM then I recommend the EMOA membership for 2024 is set at £3 per Young Adult.

Proposed by: Paul Young (DVO) Seconded by: Hilary Palmer (NOC)

"The meeting is asked to approve the EMOA membership rates for the calendar year 2024 as Senior £3.00, Junior £1.00, Family comprising two adults and any number of children at the same address as £7.00 and, if brought in at the 2023 BOF AGM, a Young Adult rate of £3.00". The proposal was carried nem con.

2. Event Levies

EMOA event levies are payable by organising clubs in relation to all category C and above events. I recommend that EMOA event levies remain unchanged for the 2023/24 financial year.

£0.50 per Senior** and £0.10 per Junior with the first £25.00 continuing to be retained by the organising club.

**If the membership category of Young Adult is introduced following the BO AGM then I recommend the EMOA levy is set at £0.50 per Young Adult.

Proposed by: Paul Young (DVO) Seconded by: Ernie Williams (LEI)

“The meeting is asked to approve the EMOA Event Levy rates for Level C and above as £0.50 for Seniors, £0.10 for Juniors and, if brought in at the 2023 BOF AGM, a Young Adult rate of £0.50, and with the first £25.00 to be retained by the Organising Club.” The proposal was carried nem con.

3. Expenses Policy

After a brief discussion and to general agreement the following proposal was put to the meeting.

Proposed by: Paul Young (DVO) Seconded by: John Woodall (NOC)

“That the rates of ‘£0.25 per mile with an additional £0.02 per mile for each relevant passenger up to a maximum of £0.29 per mile’ be approved for the financial year 2023-2024 for mileage incurred by members in relation to both EMOA and EMJOS matters.” The proposal was carried nem con.

4. Reserves

Proposal: The meeting is asked to approve the amendment of the EMOA “target” reserves balance to £5,000.

Note: No proposal is made in relation to EMJOS reserves.

This item was discussed at length with a variety of opinions expressed, together with ‘target figures’ and future dates being suggested, and it was also noted that there was no proposal to be put to the meeting in relation to the EMJOS Reserves.

At the end of the discussion, the figure in the proposal was amended to reserve balance of £9,000 consistent with the 2023/2024 budget. This was agreed, by a show of hands.

It was felt that this needed further discussion and the meeting also mandated the responsibility of the Principal Officers and Committee members to further debate the urgent matter of the Association’s ‘Reserves Balance’ and to make a Report, finally agreed upon, to the membership within six calendar months of the date of the 2023 AGM.

ACTION: The Officers and Committee members are tasked to report back on the finally agreed figure for an ‘EMOA Reserves Balance’, and the date for implementation, to the membership by Monday 11th March 2024 at the latest.

5. HSBC Banking Mandate

Paul explained the necessity of his next two proposals regarding the HSBC Banking Mandate and the ‘Authorised Signatories’ together with the formally named user of HSBC Business Internet Banking. Questions raised included the possible extension beyond the accepted three year term of office within EMOA, and the increasing incidence of fraud and money laundering and the need for the prevention of same.

Proposed by: Paul Young (DVO) Seconded by: John Woodall (NOC)

“That the meeting shall agree to the updating of the existing Bank Mandate and any associated documentation such that the Principal Officers of the Association who are appointed from the date of the 2023 AGM have the ability to replace any existing existing authorised signatories.” The proposal was carried nem con.

Paul also put forward a proposal relating to the Financial Secretary being the approved ‘Primary User’ for HSBC Business Internet Banking. After a brief discussion this was agreed.

Proposed by: Paul Young (DVO) Seconded by: Ernie Williams (LEI)

“That the members of the Association are agreed that the Financial Secretary of the Association is to be the ‘Primary User’ of the HSBC Business Banking facility.” The proposal was carried nem con.

6. Deposit Account

Paul explained to the meeting that there were opportunities for the Officers of the Association, with the prospect of better and more favourable rates of Interest becoming available, to agree that part of the ‘Reserves Balance’ can to be moved to a fixed rate of interest limited term saver or deposit or bond account.

Proposed by: Paul Young (DVO) Seconded by: Ursula Williamson (LEI)

EMEWS

“That the Principal Officers of the Association be granted the authority on behalf of the membership to open a new fixed term Saver/Deposit/Bond account into which, in the opinion of the Financial Secretary, a reasonable part of the Association’s ‘Reserves Balance’ can be deposited to accrue a better rate of interest than heretofore.”
The proposal was carried nem con.

7. Budget 2023/24

The proposed Budget for the year 2023/24 is set out below for the A.G.M.

Appendix 1 - Budget 2023/24

| East Midlands Orienteering Association | | | | | | | | |
|----------------------------------------|-----------------|-----------------|-----------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| FY 2023/24 Budget v0.1 | | | | | | | | |
| INCOME | 2019/20 | 2020/21 | 2021/22 | 2022/23 | 2023/24 | | Memorandum | |
| | Actual | Actual | Actual | Actual | Budget v0.1 | Var | 2024/25 LTF v0.1 | 2025/26 LTF v0.1 |
| Membership | 1,386.00 | 1,310.00 | 1,312.00 | 1,280.00 | 1,305.00 | 25.00 | 1,330.00 | 1,355.00 |
| Event Levies | 1,450.40 | 321.60 | 1,222.90 | 1,453.90 | 1,480.90 | 27.00 | 1,521.80 | 1,562.70 |
| Interest | 5.91 | 0.36 | 0.82 | 26.45 | 50.00 | 23.55 | 40.00 | 30.00 |
| Sponsorship and other income | 100.00 | 0.00 | 127.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| EMJOS Income | 1,292.70 | 21.00 | 668.00 | 693.00 | 1,500.00 | 807.00 | 1,500.00 | 1,500.00 |
| EMJOS Clothing Sales | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| EMJOS Fund Raising | 628.50 | 0.00 | 186.50 | 142.00 | 150.00 | 8.00 | 150.00 | 150.00 |
| INCOME | 4,863.51 | 1,652.96 | 3,517.72 | 3,595.35 | 4,485.90 | 890.55 | 4,541.80 | 4,597.70 |
| EXPENDITURE | | | | | | | | |
| EMJOS Expenses | 1,468.10 | 71.00 | 1,312.55 | 2,891.07 | 3,500.00 | (608.93) | 3,000.00 | 3,000.00 |
| Trophies & Certificates | 187.36 | 47.68 | 171.00 | 269.00 | 300.00 | (31.00) | 300.00 | 300.00 |
| Volunteer Development | 0.00 | 0.00 | 60.00 | 218.34 | 2,000.00 | (1,781.66) | 2,000.00 | 2,000.00 |
| Community Coaching Development | 0.00 | 0.00 | 124.24 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| External Conferences | 0.00 | 0.00 | 0.00 | 0.00 | 200.00 | (200.00) | 200.00 | 200.00 |
| Support for Senior/Talent Orienteers | 700.00 | 0.33 | 457.10 | 1,012.90 | 1,000.00 | 12.90 | 1,000.00 | 1,000.00 |
| Coach development | 0.00 | 0.00 | 0.00 | 171.00 | 0.00 | 171.00 | 0.00 | 0.00 |
| Sub total | 2,355.46 | 119.01 | 2,124.89 | 4,562.31 | 7,000.00 | (2,437.69) | 6,500.00 | 6,500.00 |
| Running costs | | | | | | | | |
| Web licence and bank charges | 22.18 | 23.33 | 58.33 | 79.53 | 85.00 | (5.47) | 90.00 | 95.00 |
| Hire of meeting room | 80.00 | 0.00 | 30.00 | 60.00 | 70.00 | (10.00) | 80.00 | 90.00 |
| English Orienteering Council | 387.00 | 354.00 | 371.00 | 353.00 | 371.05 | (18.05) | 398.90 | 406.10 |
| Sub total | 489.18 | 377.33 | 459.33 | 492.53 | 526.05 | (33.52) | 568.90 | 591.10 |
| EXPENDITURE | 2,844.64 | 496.34 | 2,584.22 | 5,054.84 | 7,526.05 | (2,471.21) | 7,068.90 | 7,091.10 |
| Surplus / Loss | 2,018.87 | 1,156.62 | 933.50 | (1,459.49) | (3,040.15) | (1,580.66) | (2,527.10) | (2,493.40) |
| Balance Sheet 30 June 20xx | | | | | | | | |
| | 2019/20 | 2020/21 | 2021/22 | 2022/23 | 2023/24 | | 2024/25 | 2025/26 |
| | Actual | Actual | Actual | Actual | Budget v0.1 | Var | LTF v0.1 | LTF v0.1 |
| Current Account | 9,335 | 10,698.79 | 11,823.92 | 11,030.05 | 8,989.90 | (2,040.15) | 6,972.80 | 4,999.40 |
| EMJOS Deposit Account | 3,809 | 3,809.08 | 4,351.85 | 3,322.23 | 2,322.23 | (1,000.00) | 1,812.23 | 1,292.23 |
| | 13,143.83 | 14,507.87 | 16,175.77 | 14,352.28 | 11,312.13 | (3,040.15) | 8,785.03 | 6,291.63 |
| Accrued Income - Chinery Churn | 0.00 | 129.50 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Deferred Income - Bulwell Hall Park | 0.00 | (5.10) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Accrual - Website Costs | (22.18) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Accrual - EOC Contribution | 0.00 | (354.00) | (371.00) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| DVO map contribution | 600.00 | 600.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Accrued Income - BOF June | 0.00 | 0.00 | 12.00 | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| Accrual - Bank Charges | 0.00 | 0.00 | (5.00) | 0.00 | 0.00 | 0.00 | 0.00 | 0.00 |
| | 13,721.65 | 14,878.27 | 15,811.77 | 14,352.28 | 11,312.13 | (3,040.15) | 8,785.03 | 6,291.63 |
| Represented by: | | | | | | | | |
| Accumulated fund | 11,702.78 | 13,721.65 | 14,878.27 | 15,811.77 | 14,352.28 | (1,459.49) | 11,312.13 | 8,785.03 |
| add surplus | 2,018.87 | 1,156.62 | 933.50 | (1,459.49) | (3,040.15) | (1,580.66) | (2,527.10) | (2,493.40) |
| Carry forward | 13,721.65 | 14,878.27 | 15,811.77 | 14,352.28 | 11,312.13 | (3,040.15) | 8,785.03 | 6,291.63 |
| Note EMJOS *Old* Clothing Stock | Negligible | Negligible | Negligible | Negligible | Negligible | - | Nil | Nil |
| Note EMJOS *New* Clothing Stock | N/A | N/A | N/A | N/A | 250 | - | 125 | Negligible |

Proposed by: Paul Young (DVO) Seconded by: John Woodall (NOC)

“That those present approve the Budget headed ‘East Midlands Orienteering Association FY 2023/24 Budget v0.1’ as set out on Page 4 Appendix 1 of the tabled ‘Financial Secretary’s Budget Proposal 2023/24’ document”.
The proposal was carried nem con.

Paul Young was thanked by all present for his presentation and work on the financial affairs of the Association undertaken on behalf of all of the membership.

9. Fixing of Charges:

Following discussions about both the BOF Board's 2023 AGM and the Financial Secretary's Proposals, other than the Individual and Family Membership Fees agreed earlier in Agenda Item 9 (1), it was agreed that there should be no change in two other membership fees.

Proposed by: Paul Young (DVO) Seconded by: Ernie Williams (LEI)

"That for the calendar year 2024 the fee for Associate membership to remain at £10.00 and the fee for Club membership to remain at £15.00." Proposal carried nem con.

10. Changes to the EMOA Constitution and Standing Orders:

Chris Phillips as the Chair indicated that there were a significant number of changes to the Constitution and Standing Order requiring approval by the meeting. These had been made available pre-meeting for download but, due to a technical hitch, the document would not open for either reading or printing. In these circumstances Chris Phillips made an executive decision to verbally go through the changes section by section, giving detail as and when required, prior to acceptance by a show of hands.

- (i) Of the thirty-nine separate amendments, twenty one of them required a change whereby 'Ltd' is to be put after 'British Orienteering Federation';
- (ii) The section referring to 'Open Clubs' and 'Closed Clubs' has been rewritten to make the distinction between the two clearer;
- (iii) With regard to mentions of 'BOF policies' reference is now made as to "where available on the BOF website";
- (iv) The section referring to the 'Re-election of Officers' has been re-worded to make it much clearer than before;
- (v) With regard to 'Signatories' on behalf of the Association the reference to 'cheques' has been removed.

In conclusion, following discussion on certain aspects of the proposals, it was unanimously agreed by those present to accept, by a show of hands, all of the proposed changes as listed in the document, except for any text that may be related to the Association's Reserves, following previous discussion on the same subject.

ACTION: A request was made that Mike Gardner be enabled to update the Constitution and Standing Orders, and ensure that the updated Constitution and Standing Orders be made available on the EMOA website.

11. Chairs Plans for Coming Year: 2023/24

The centre piece of the coming year is the JK at Easter 2024 with the East and West Midland Association as the organising regions. As I hope you all aware LEI are hosting Day 1 the Sprints at Loughborough University and DVO are hosting Day 4 the Relays at Stanton Moor. LOG and NOC have been asked to support Day 3 at Beaudesert by providing helpers.

Apart from hosting the two days the Region has members who are part of the Central Team with Ursula Williamson, Judith Holt, Simon Starkey and myself having roles covering all four days.

The Day Organisers and the Planners have already achieved much over the last few months but there is much still to be done, including recruiting the key volunteers over the next few weeks.

From past experience I know how much the hosting a JK raises a regions profile both nationally and international. The Sprints at Loughborough will be a World Ranking Day and given that it is likely that there will only be one other WRE in the UK next year the event will attract not only the cream of GB Orienteering but a strong overseas contingent.

Looking at the rest of years events programme. LEI are Organising the British Schools Score Championships next month and in February LOG will be welcoming us for the EMOA Championships.

Hopefully we will have both the Urban and Forest Leagues in 2024. However, as several of our clubs have not submitted requests for Regional Events to the Regional Fixtures Secretary, I cannot confirm that the Leagues will be happening. Unfortunately given the lateness of request being submitted it is unlikely that clubs will get any choice of dates. Club Fixtures Secretary's, please can we have your proposals as soon as possible and preferably by the end of this month.

It is intended to have a Regional Training Day next year, probably either mid-summer or early autumn. As we do not have a Regional Development Co-ordinator at present, I will be asking members of the EMOA Committee to pitch in a give a hand organising the day.

Members of EMJOS will be competing at the Junior Interregional over the weekend 24/25 September at Llantrisant Forest near Cardiff, and we wish them every success.

Ann Maria and Ant have arranged a programme of Training for the coming months. I hope that clubs will encourage their juniors' members to take part in the regional training. There is much evidence over the years that taking part in EMJOS does much for the confidence and skill level of our juniors' members.

Finally, one other item on the Committee agenda for the next few months, and one that needs the help of the clubs is finding a vice chair and Regional Development Co-ordinator.

Chris Phillips - Chair 11.9.23

12. Any Other Business:

There was no 'Any Other Business' raised apart from the Chair inviting all present to the 'Open Discussion' to be held following a tea, coffee, and biscuits break.

13. Close of formal meeting:

Those present were thanked for their attendance and contribution to the discussion on the Agenda items, and the Chair formally closed the 59th EMOA AGM at 20:45.

The next EMOA Committee meeting is 27th November 2023 in Pace Room, Clifton.

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Irchester Country Park

Unfortunately the LEI event in September at Irchester Country Park did not have too many attendees (or maybe fortunately given the queues to pay at the car park machines). However, for those of you who have not visited the area before, you may not realise the



challenge it brings. It is a unique area (certainly for the East Midlands) as it is made up of many parallel earthbanks as shown on the map from route gadget on the left (this was the Green course).

I, for one, wondered how it had got this way, so I did some

research after the event to find out about the area. The park was created in 1971 from an area of opencast ironstone quarries (which were worked in late 19th / early 20th centuries) which were allowed to revert back into a natural landscape.

Deeside Tour Report - Ellie Simpson

Deeside is an orienteering training camp organised by the Junior Regional Orienteering Squad (JROS) for first year M16 and W16. It takes place every summer for a week in Deeside near Aberdeen. The week I spent there was very enjoyable and, of course, great training.



16-20 juniors are selected for the tour each year based on selection races that take place between the start of the new year and selection. In my year 10 boys and 10 girls were selected for the tour. I had been training hard throughout the year, as I really wanted to get selected given how much I had enjoyed myself at the Lagganlia training camp last year, but my selection races hadn't gone brilliantly so yet again I had to wait anxiously for selection. When I did get in, I was really excited to be heading off to Deeside at the end of July.

The afternoon we arrived was spent setting up tents as we were camping, which was unusual, and then we were sorted into coaching groups (consisting of 5 juniors and 2 coaches) so we could do some team activities which would earn points for a tally kept throughout the week. After dinner, we did a microO around Templars Park where we were staying. It was really enjoyable (even though I was the first one out).

Here is a summary of what we did each day:

Day 1:

On the first day of training, we went to Easter Clune. The training, like most days, took up the morning and some of the afternoon with a break for lunch in the middle. Before we left we were given a briefing about the focus of the training, the type of exercises, and where we were going. This day the training was focused on how to make a good plan for a leg so before we ran a course we had to go over our plans for each leg with a coach. Then we



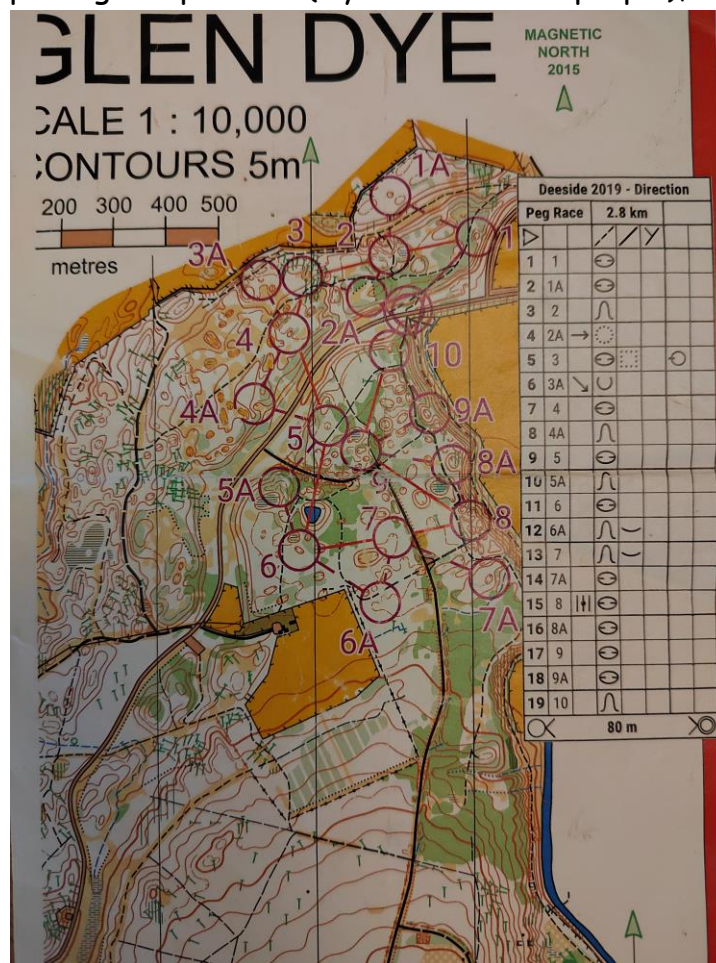
did the exercises and normally got shadowed at least once each day where the coaches gave useful advice on how to improve. After lunch we did a race in pairs where one of us navigated a leg while the other one followed along and planned the next leg at the same time. After the race we went swimming in a river. It was freezing but fun! In the evening, we had a theoretical session looking at the technical, tactical, physical, and psychological sides of orienteering. I found it both useful and very interesting.

Day 2:

After breakfast and the morning briefing, we were off to Balmadie, a sand dune area. This day was focused on picturing the contours so we did exercises on maps without any paths, buildings, bushes or trees marked so that we had to navigate using contours and not rely on other features. After lunch, we did a handicapped, gaffled race which was fun and then we went swimming again but this time in the sea. We also did the dunelympics which was very amusing to watch and fun to participate in. After dinner we did a session based on what we wanted to get out of the week. I found this useful as it gave me a clear focus to work on.

Day 3:

This day was focused on direction, so we went to Glen Dye and did exercises based on direction including a window exercise which was particularly challenging. After lunch we did a bilberry picking competition (my hands turned purple), and a peg relay (my favourite race - see map), and went swimming. After dinner, we did a nightO race on Elric Hill.



Day 4:

We did a sprint race around Templars Park and then did a useful session about training plans. Afterwards we did a short strength and conditioning session where we did exercises that the coaches showed us focusing on strengthening muscles useful for orienteering. I found that session really helpful. Then we made personal motivation postcards to be sent to us later in the year. After that, we went to Stonehaven lido (an outdoor saltwater pool) which was really fun. We also got huge ice creams or fish and chips. In the evening we had a barbecue and made smores which was great.

Day 5:

This day was focused on putting what we had learnt during the week back together, so we did exercises where we were told to try and orienteer well which meant different things for different people, for example orienteering

EMEWS

cleanly without mistakes or more quickly than they normally would. This session was helpful to see how I had progressed during the week. After training we went swimming in a river (one of the coaches made a temporary rope swing) which was great fun. After dinner we had a session on making goals for the future.

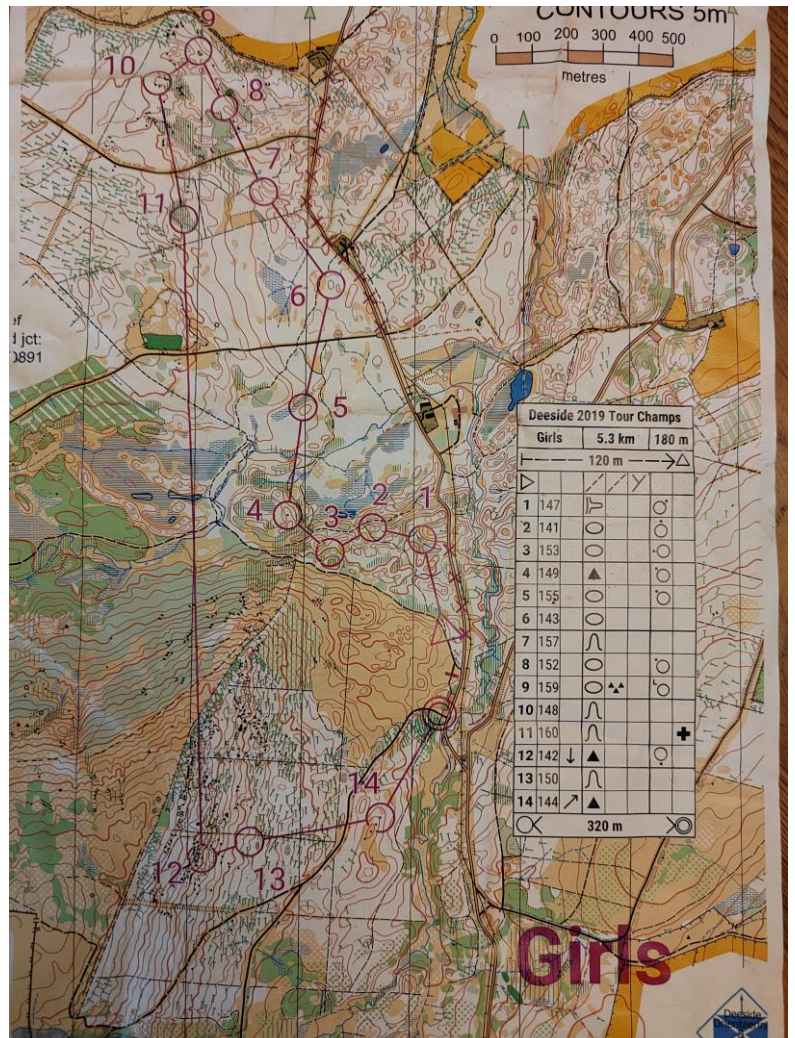
Day 6:

We had the tour champs (right) at Glen Dye this year which was really technical and interesting and showed us how we ran competitively and how much we had improved. After the race we went swimming again which I enjoyed. In the evening we had a good dinner to end the week before we left the next morning with most of us heading to Forres for another week of orienteering.

Thank you to all the coaches, both at Deeside and at EMJOS, who helped to make this possible. I'm now back to winter training again to do my best to get a place on the tour to Czechia next year (whilst also studying for my GCSEs!).

Picture of Ellie at JIRCs relays by Will Heap

Picture of squad training by JROS Deeside Team



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East Midlands Urban League 2023

The following are the events which are currently planned to be part of the EMOA Urban League 2023:

- 2nd January - Dronfield (DVO) (UL1)
- 23rd April - Buxton (DVO) (UL2)
- 21st May - Dishley (LEI) (UL3)
- 25th June - Barrow on Soar (LEI) (UL4)
- 20th August - Lincoln City (LOG) (UL5)
- 3rd September - Nottingham University (NOC) (UL6)
- 15th October - Grantham (LOG) (UL7)
- 22nd October - Southwell (NOC) (UL8) (TBC)



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HEADWEAR

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Your best 4 scores will count from the 8 events. Below is the current table showing the top 10 and omitting non-EMOA members (if I knew that was definitely the case):

Junior Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|---------------|-----|------|--------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Daniel Glover | M16 | LEI | 200 | | | 100 | 100 | | | | |

Junior Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|----------------|-----|------|--------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Alice Woodward | W16 | DVO | 96 | 96 | | | | | | | |

Open Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|----|-----------------------|-----|------|--------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Nerijus Rozkovas | M35 | DVO | 392 | 70 | 90 | 100 | 100 | 96 | 96 | | |
| 2 | Mike Chapman | M40 | LOG | 364 | 72 | 89 | 93 | 93 | 89 | 79 | | |
| 3 | Ed Cochrane | M35 | NOC | 275 | 83 | | 96 | 96 | | | | |
| 4 | Philip Johnston-Davis | M50 | RAFO | 266 | 85 | | | | 91 | 90 | | |
| 5 | Edward De Salis Young | M50 | LEI | 176 | 86 | | | 90 | | | | |
| 6 | Craig Lucas | M21 | LOG | 169 | | | | | 85 | 84 | | |
| 7 | David Schorah | M35 | NOC | 100 | | | | | | 100 | | |
| 8 | Jake O'Donnell | M18 | DVO | 93 | | 93 | | | | | | |
| 9= | Richard Robinson | M40 | NOC | 91 | 91 | | 0 | | | | | |
| 9= | Ben Glover | M18 | LEI | 91 | | | | 91 | | | | |

Open Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|--------------------------|-----|------|--------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Andrea Page | W45 | LOG | 385 | 86 | 96 | 100 | 100 | | 89 | | |
| 2 | Libby Barber | W20 | LEI | 96 | | | | 96 | | | | |
| 3 | Charlotte Elliss | W35 | RAFO | 93 | | 93 | | | | | | |
| 4 | Monica Henderson | W21 | NOC | 90 | | | | | | 90 | | |
| 5 | Anna-Kaisa Koskela-Brook | W40 | LOG | 89 | | | | | 89 | | | |

EMEWS

Veteran Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|----|-------------------|-----|------|------------|-----|--------------|---------------|-----|-----|-----|-----|-----|
| 1 | Andy Nicholls | M45 | LEI | 392 | 100 | 0 | 93 | 100 | 96 | 96 | | |
| 2 | James Prince | M50 | DVO | 353 | 84 | 88 | 90 | 91 | | | | |
| 3 | Tom Hartland | M45 | DVO | 267 | | 86 | 88 | 93 | | | | |
| 4 | Andrew Selby | M45 | DVO | 247 | 78 | 82 | 87 | | | | | |
| 5 | Roy Mitton | M50 | NOC | 246 | 79 | 83 | 0 | | | 84 | | |
| 6 | Benjamin Cluderay | M40 | RAFO | 178 | | | | | 91 | 87 | | |
| 7 | Roger Phillips | M45 | LEI | 173 | 83 | | | | 90 | | | |
| 8 | Gary Peet | M50 | NOC | 166 | 81 | | | | | 85 | | |
| 9 | Andy Glover | M45 | LEI | 100 | | | 100 | | | | | |
| 10 | Neil Roswell | M45 | NOC | 93 | | | | | | 93 | | |

Veteran Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|-----|---------------------|-----|------|------------|---------------|---------------|-----|-----|--------------|-----|-----|-----|
| 1 | Claire Selby | W50 | DVO | 370 | 85 | 86 | 93 | 100 | 89 | 88 | | |
| 2 | Tanya Taylor | W50 | LOG | 287 | 91 | 96 | 100 | 0 | 0 | | | |
| 3 | Carol Stynes-Martin | W50 | LEI | 280 | 88 | | 96 | 96 | | | | |
| 4 | Patricia Wong | W50 | NOC | 267 | | 84 | 90 | 93 | | | | |
| 5 | Helen Chiswell | W45 | DVO | 189 | | 93 | | | | 96 | | |
| 6 | Jo White | W45 | LEI | 175 | 84 | | 91 | | | | | |
| 7 | Jane Deville | W45 | LOG | 96 | | | | | 96 | | | |
| 8= | Andrea Page | W45 | LOG | 93 | | | | | 93 | | | |
| 8= | Lizzie Rosewell | W40 | NOC | 93 | | | | | | 93 | | |
| 10= | Michelle Mackervoy | W50 | DVO | 90 | 90 | | | | | | | |
| 10= | Hayley Fox | W45 | LOG | 90 | | | | | 90 | | | |

Senior Veteran Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|----|-------------------|-----|------|------------|-----|---------------|-----|--------------|---------------|---------------|-----|-----|
| 1 | Andrew Ridgway | M60 | NOC | 380 | 93 | 89 | 100 | 96 | 0 | 91 | | |
| 2 | Dave Chaffey | M60 | DVO | 369 | 91 | | | 100 | 90 | 88 | | |
| 3 | David Vincent | M60 | DVO | 356 | 86 | 93 | | 89 | 88 | | | |
| 4 | Murray White | M55 | DVO | 352 | 88 | 86 | 90 | 88 | 85 | 84 | | |
| 5= | David Cladingboel | M55 | LEI | 351 | 84 | 88 | | 0 | 89 | 90 | | |
| 5= | Alastair Paterson | M55 | LEI | 351 | | 85 | 93 | 90 | 83 | 82 | | |
| 7 | Richard Parkin | M55 | DVO | 296 | | 100 | | | 100 | 96 | | |
| 8 | Stephen Martin | M60 | LEI | 267 | 85 | | 91 | 91 | | | | |
| 9 | Mark Sheriff | M60 | LEI | 176 | | | 89 | 87 | | | | |
| 10 | Richard Naish | M55 | DVO | 173 | 87 | | 86 | | | | | |

Senior Veteran Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|--|------|--|------|--------|-----|-----|-----|-----|-----|-----|-----|-----|
|--|------|--|------|--------|-----|-----|-----|-----|-----|-----|-----|-----|

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|----|---------------------|-----|-----|------------|---------------|---------------|-----|-----|----|---------------|--|--|
| 1 | Sal Chaffey | W55 | DVO | 392 | 93 | 96 | 100 | | 96 | 100 | | |
| 2 | Alison Hardy | W55 | LEI | 383 | 91 | 90 | 96 | 100 | | 96 | | |
| 3 | Kim Buxton | W60 | DVO | 360 | 81 | 88 | 93 | 91 | 88 | 84 | | |
| 4 | Anne Kayley-Burgess | W55 | DVO | 345 | 74 | | 89 | 88 | 85 | 83 | | |
| 5 | Helen Parkinson | W55 | NOC | 286 | 90 | 100 | 0 | 96 | | | | |
| 6 | Amanda Roberts | W60 | LOG | 275 | 89 | 93 | | | 93 | | | |
| 7 | Tracey Brookes | W55 | LEI | 265 | | | 91 | 89 | | 85 | | |
| 8 | Jane Dring-Morris | W55 | LEI | 263 | | | | 90 | 87 | 86 | | |
| 9 | Ursula Williamson | W60 | LEI | 244 | 76 | | 86 | | | 82 | | |
| 10 | Anne Kimberley | W60 | DVO | 231 | 71 | 80 | | | | 80 | | |

Ultravet Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|----|-------------------|-----|------|--------------|---------------|-----|-----|------|--------------|-----|-----|-----|
| 1 | Paul Morris | M65 | NOC | 390.5 | 90.5 | 100 | | 100 | 0 | 100 | | |
| 2 | John Hurley | M65 | DVO | 356 | 79 | 90 | 91 | 96 | | | | |
| 3 | Mike Gardner | M65 | DVO | 347 | 77 | 77 | 90 | 91 | 89 | | | |
| 4= | Stephen Kimberley | M65 | DVO | 344 | 64 | 88 | 100 | | | 92 | | |
| 4= | John Hopper | M70 | DVO | 344 | 76 | | 87 | 88 | 83 | 86 | | |
| 6= | Mike Godfree | M70 | DVO | 336.5 | 72 | 74 | 88 | 89.5 | | 85 | | |
| 6= | Jeffrey Baker | M70 | LOG | 336.5 | 62 | 79 | 84 | 89.5 | 84 | | | |
| 8 | Kevin Gallagher | M70 | LEI | 332 | 71 | 72 | 86 | | 86 | 88 | | |
| 9 | Malcolm Spencer | M65 | DVO | 326.5 | 65.5 | 81 | | 93 | | 87 | | |
| 10 | Russell Buxton | M65 | DVO | 319 | 59 | 71 | 89 | 87 | | 72 | | |

Ultravet Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|-----|---------------------|-----|------|------------|---------------|---------------|-----|-----|-----|-----|-----|-----|
| 1 | Jane Kayley-Burgess | W65 | DVO | 378 | 90 | | 96 | 93 | 93 | 96 | | |
| 1 | Ruth Ellis | W70 | DVO | 376 | 88 | 89 | 100 | 96 | 90 | 90 | | |
| 3= | Maureen Webb | W70 | LEI | 351 | 85 | | 91 | | 88 | 87 | | |
| 3= | Ann Armistead | W70 | DVO | 351 | 86 | 90 | 90 | | | 85 | | |
| 5 | Viv Macdonald | W70 | DVO | 247 | 80 | 87 | | | | 80 | | |
| 6 | Jane Booker | W65 | NOC | 91 | | | | | | 91 | | |
| 7= | Christine Elliott | W65 | NOC | 86 | | | | | | 86 | | |
| 7= | Anne Gibbs | W75 | LOG | 86 | | | | | 86 | | | |
| 9 | Hilary Hodgkinson | W65 | NOC | 84 | | | | | | 84 | | |
| 10= | Judith Holt | W70 | DVO | 83 | 83 | | | | | | | |
| 10= | Elaine Smith | W65 | NOC | 83 | | | | | | 83 | | |

Hypervet Men

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|----------------|-----|------|------------|-----|-----|--------------|-----|---------------|-----|-----|-----|
| 1 | Doug Dickinson | M75 | DVO | 396 | 100 | 100 | | 96 | 93 | 100 | | |
| 2 | Rex Bleakman | M75 | DVO | 366 | 91 | 89 | 0 | 93 | | 93 | | |
| 3 | Derek Gale | M75 | DVO | 362 | 90 | 91 | 91 | 90 | 0 | | | |

EMEWS

| | | | | | | | | | | | | |
|----|----------------|-----|-----|--------------|----|----|----|----|------|----|--|--|
| 4 | Dave Skidmore | M75 | DVO | 355 | 82 | 87 | 89 | 88 | 88 | 90 | | |
| 5 | Peter Chick | M75 | LEI | 351.5 | 88 | 86 | 88 | 85 | 86.5 | 89 | | |
| 6 | John Palmer | M75 | NOC | 348.5 | | 88 | | 86 | 86.5 | 88 | | |
| 7 | Simon Ford | M80 | LEI | 336 | 81 | | 85 | 83 | 84 | 84 | | |
| 8 | Peter Leake | M80 | LEI | 333 | 80 | 83 | | 84 | | 86 | | |
| 9 | Ernie Williams | M80 | LEI | 326 | 75 | 79 | 84 | 81 | | 82 | | |
| 10 | John Woodall | M80 | NOC | 324 | 76 | 77 | 82 | 80 | 81 | 81 | | |

Hypervet Women

| | Name | | Club | best 4 | UL1 | UL2 | UL3 | UL4 | UL5 | UL6 | UL7 | UL8 |
|---|---------------------|-----|------|------------|-----|-----|-----|-----|-----|-----|-----|-----|
| 1 | Liz Godfree | W75 | DVO | 392 | 100 | 96 | 91 | 96 | | 100 | | |
| 2 | Margaret Keeling | W75 | DVO | 364 | 88 | 90 | 93 | 91 | 88 | 90 | | |
| 3 | Tricia Neal | W75 | NOC | 351 | 84 | | 90 | 87 | 87 | 87 | | |
| 4 | Jen Gale | W75 | DVO | 347 | 85 | 86 | 88 | 88 | | | | |
| 5 | Diane Ford | W75 | LEI | 340 | 83 | | 87 | 0 | 85 | 85 | | |
| 6 | Hilary Palmer | W75 | NOC | 292 | | 100 | 96 | | 96 | | | |
| 7 | Diane Boulton | W75 | DVO | 273 | 93 | 89 | | | | 91 | | |
| 8 | Christine Middleton | W75 | DVO | 187 | 91 | | | | | 96 | | |

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East Midlands League 2023

The tables below provide the current standings for the EMOA League 2023. With a total of 14 events, the best 8 scoring events count towards the league. Tables below are based on current standing in the league counting in at least 2 events, scoring more than 1000 points in total, and in the top 10 for that class.

The events included in the League for 2023 are:

- 1 - 22nd January - LEI - Outwoods
- 2 - 5th February - LOG - Chambers Wood
- 3 - 25th February - DVO - Birchen Edge
- 4 - 5th March - NOC - Silverhill
- 5 - 19th March - LEI - Burbage Common
- 6 - 11th June - DVO - Carsington Pastures
- 7 - 10th September - DVO - Kedleston Park
- 8 - 24th September - LEI - Irchester Country Park
- 9 - 8th October - DVO - Longshaw
- 10 - 29th October - LEI - Donisthorpe (TBC) - change from Bradgate Park
- 11 - 19th November - NOC - Watchwood & Calverton
- 12 - 25th November - DVO - Linacre (note: a Saturday)
- 13 - 3rd December - LEI - Ratby
- 14 - 17th December - NOC - Strawberry Hill

EMEWS

If there is no table below for a course / gender then there are no scorers meeting the criteria to be included (obviously with only 2 events so far there won't be too many classes where folk meet the criteria).

White - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|---------------|------|-----|------|---|---|---|---|---|------|---|--------|------|
| Darwin Buxton | DVO | M10 | 1000 | | | | | | 1000 | | 2000 | 1 |

White - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|---------------|------|-----|---|---|------|------|---|---|---|---|--------|------|
| Lily Robinson | NOC | W10 | | | 1000 | 1000 | | | | | 2000 | 1 |

Yellow - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|---------------|------|-----|------|---|---|-----|---|------|---|---|--------|------|
| Hugh Chester | LEI | M10 | 704 | | | 680 | | 730 | | | 2114 | 1 |
| Aidan Chester | LEI | M12 | 1000 | | | | | 1000 | | | 2000 | 2 |

Yellow - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|----------------|------|-----|-----|---|------|------|---|---|------|---|--------|------|
| Grace Robinson | NOC | W10 | 767 | | 1000 | 1000 | | | 1000 | | 3767 | 1 |

Orange - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|----------------|------|-----|---|---|------|-----|---|---|---|---|--------|------|
| Aidan Chester | LEI | M12 | | | 1000 | 655 | | | | | 1655 | 1 |
| Isaac Rosewell | NOC | M12 | | | 604 | 910 | | | | | 1514 | 2 |

Orange - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|---------------|------|-----|-----|---|------|------|-----|------|------|---|--------|------|
| Sindy Chafer | LEI | W55 | 970 | | | 691 | 472 | | 1000 | | 3133 | 1 |
| Emma Rosewell | NOC | W12 | | | 1000 | 1000 | | 1000 | | | 3000 | 2 |

Light Green - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|-----------------|------|-----|-----|------|------|------|-----|---|------|---|--------|------|
| Daniel Stothard | LEI | M18 | | 1000 | 1000 | | 741 | | 1000 | | 3741 | 1 |
| Stuart Swalwell | DVO | M70 | | | | 933 | 853 | | | | 1786 | 2 |
| Felix Jarvis | LEI | M14 | 487 | | | 1000 | | | | | 1487 | 3 |

Light Green - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|------------------|------|-----|-----|------|-----|------|---|------|------|------|--------|------|
| Karen Ives-Smith | LEI | W55 | 998 | 1000 | | 1000 | | 1000 | 1000 | 1000 | 5998 | 1 |
| Alice Woodward | DVO | W16 | | | 570 | 609 | | | | | 1179 | 2 |

Short Green - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos. |
|---------------------|------|-----|------|------|------|------|------|------|------|-----|--------|------|
| Donald Moir | LEI | M90 | 781 | 1000 | 862 | 954 | 825 | 968 | | 754 | 6144 | 1 |
| Kevin Gallagher | LEI | M70 | 777 | 873 | 671 | 828 | 779 | 1000 | 901 | | 5829 | 2 |
| Matt White | LEI | M55 | 977 | | 798 | 837 | 902 | 951 | 1000 | | 5465 | 3 |
| Chris Bosley | LEI | M75 | 970 | | 870 | 955 | | 900 | 925 | 752 | 5372 | 4 |
| Peter Chick | LEI | M75 | 671 | 769 | 617 | 763 | 631 | 871 | 712 | 759 | 5176 | 5 |
| John Woodall | NOC | M80 | 870 | 646 | 785 | 722 | 736 | | 776 | 540 | 5075 | 6 |
| Dave Skidmore | DVO | M75 | 914 | 958 | | 893 | | 776 | 851 | 682 | 5074 | 7 |
| Doug Dickinson | DVO | M75 | 907 | 765 | 1000 | 1000 | 1000 | | | | 4672 | 8 |
| John Palmer | NOC | M75 | 1000 | 844 | | | 774 | 858 | 781 | | 4257 | 9 |
| Robert Titterington | LEI | M80 | 750 | 908 | | 961 | 758 | | | 775 | 4152 | 10 |

EMEWS

Short Green - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | score | Pos. |
|---------------------|------|-----|------|------|------|------|------|-----|------|------|-------|------|
| Jane Kayley-Burgess | DVO | W65 | 820 | 988 | | 962 | 1000 | 824 | 731 | 1000 | 6325 | 1 |
| Liz Godfree | DVO | W75 | 970 | 1000 | 1000 | | 926 | 922 | 1000 | | 5818 | 2 |
| Ruth Ellis | DVO | W70 | 915 | 958 | | 716 | 853 | 607 | 755 | 827 | 5631 | 3 |
| Maureen Webb | LEI | W70 | 737 | 678 | 577 | 782 | 699 | 665 | 661 | | 4799 | 4 |
| Tricia Neal | NOC | W75 | 539 | 565 | 361 | 431 | 637 | | 514 | | 3047 | 5 |
| Margaret Keeling | DVO | W75 | 779 | | 779 | 624 | 794 | | | | 2976 | 6 |
| Pauline Ward | DVO | W75 | | | 748 | 749 | | 711 | 711 | | 2919 | 7 |
| Jane Booker | NOC | W65 | 1000 | | 800 | | | 764 | | | 2564 | 8 |
| Christine Middleton | DVO | W75 | | | 903 | 1000 | | 657 | | | 2560 | 9 |
| Diane Blount | DVO | W75 | | | 707 | 849 | 807 | | | | 2363 | 10 |

Green - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos |
|---------------|------|-----|------|------|-----|-----|-----|-----|-----|------|--------|-----|
| John Marriott | LEI | M75 | 1000 | 946 | 835 | 839 | 848 | 761 | 954 | | 6183 | 1 |
| Paul Goodhead | DVO | M60 | | 940 | 735 | 704 | 802 | 801 | 966 | | 4948 | 2 |
| John Hurley | DVO | M65 | 787 | | 607 | 829 | 933 | 759 | 995 | | 4910 | 3 |
| Mike Godfree | DVO | M70 | 796 | 1000 | | | 973 | 838 | 951 | | 4558 | 4 |
| Russel Buxton | DVO | M65 | 781 | 985 | | | 754 | 827 | 866 | | 4213 | 5 |
| Mike Dallaway | LEI | M60 | 631 | 810 | | | 717 | | 762 | 1000 | 3920 | 6 |
| Jonathon Lee | LEI | M60 | | 663 | 495 | 578 | 716 | | 788 | 607 | 3858 | 7 |
| Derek Gale | DVO | M75 | 870 | | | | 939 | 848 | 923 | | 3580 | 8 |
| Mike Gardner | DVO | M65 | 651 | | 972 | | | 768 | | 896 | 3287 | 9 |
| John Hopper | DVO | M70 | | | 599 | | 907 | 835 | 870 | | 3211 | 10 |

Green - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos |
|---------------------|------|-----|------|-----|---|------|------|------|------|------|--------|-----|
| Ursula Williamson | LEI | W60 | 826 | 717 | | 951 | 890 | | 920 | 1000 | 5304 | 1 |
| Anne Kayley-Burgess | DVO | W55 | 703 | 452 | | 859 | 836 | 733 | 730 | 776 | 5089 | 2 |
| Kim Buxton | DVO | W60 | 982 | 893 | | | 1000 | 924 | 1000 | | 4799 | 3 |
| Karen White | LEI | W55 | 623 | | | 517 | 881 | 785 | 861 | | 3667 | 4 |
| Jane Booker | NOC | W65 | | 757 | | 1000 | 679 | | | | 2436 | 5 |
| Wendy Foster | NOC | W60 | 553 | | | 594 | 667 | | 536 | | 2350 | 6 |
| Jane Dring-Morris | LEI | W55 | 797 | | | | | 746 | 797 | | 2340 | 7 |
| Ann-Marie Duckworth | DVO | W55 | 1000 | | | | | | 971 | | 1971 | 8 |
| Val Johnson | DVO | W60 | | | | | | 1000 | 938 | | 1938 | 9 |
| Clare Hanna | LOG | W55 | 543 | 562 | | 781 | | | | | 1886 | 10 |

Blue - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos |
|-------------------|------|-----|-----|-----|------|-----|------|-----|------|-----|--------|-----|
| Francesco Lari | DVO | M55 | 864 | 786 | 740 | 799 | 750 | 760 | 807 | | 5506 | 1 |
| Alastair Paterson | LEI | M55 | 800 | 699 | 681 | 597 | 627 | | 777 | 873 | 5054 | 2 |
| David Vincent | DVO | M60 | 966 | | 799 | | | 845 | 937 | 868 | 4415 | 3 |
| Murray White | DVO | M55 | 737 | 738 | | 670 | 674 | 634 | 795 | | 4248 | 4 |
| James Prince | DVO | M50 | 706 | | 633 | 743 | 714 | 602 | 795 | | 4193 | 5 |
| Tom Hartland | DVO | M45 | 778 | | 640 | 703 | 633 | 656 | 672 | | 4082 | 6 |
| Paul Morris | NOC | M65 | 957 | | 1000 | | 1000 | 961 | | | 3918 | 7 |
| David Caldingboel | LEI | M55 | 820 | | | 630 | 672 | | 750 | 762 | 3634 | 8 |
| Andy Sykes | DVO | M55 | | 956 | | 787 | 876 | 853 | | | 3472 | 9 |
| Dai Bedwell | DVO | M55 | | | | 991 | | 997 | 1000 | | 2988 | 10 |

Blue - Female

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | scores | Pos |
|------------------|------|-----|------|------|------|------|------|------|------|------|--------|-----|
| Tanya Taylor | LOG | W50 | 1000 | 979 | 1000 | 909 | 1000 | 1000 | | 973 | 6861 | 1 |
| Alison Hardy | LEI | W55 | 756 | 892 | | 951 | 972 | 911 | 1000 | 1000 | 6482 | 2 |
| Sal Chaffey | DVO | W55 | 727 | 1000 | 896 | 1000 | | | | | 3623 | 3 |
| Helen Chiswell | DVO | W45 | | | 823 | | | 762 | 862 | 877 | 3324 | 4 |
| Nicola Hart | DVO | W60 | 635 | 844 | 586 | | 898 | | | | 2963 | 5 |
| Monica Henderson | NOC | W21 | 439 | | 551 | 677 | | 665 | | | 2332 | 6 |
| Lizzie Rosewell | NOC | W40 | | | 695 | 727 | | 686 | | | 2108 | 7 |
| Sally Calland | DVO | W45 | 753 | 889 | | | | | | | 1642 | 8 |
| Joanna Goodhead | DVO | W21 | | | 704 | | | 654 | | | 1358 | 9 |
| Robyn Jarvis | LEI | W18 | | | 576 | 519 | | | | | 1095 | 10 |

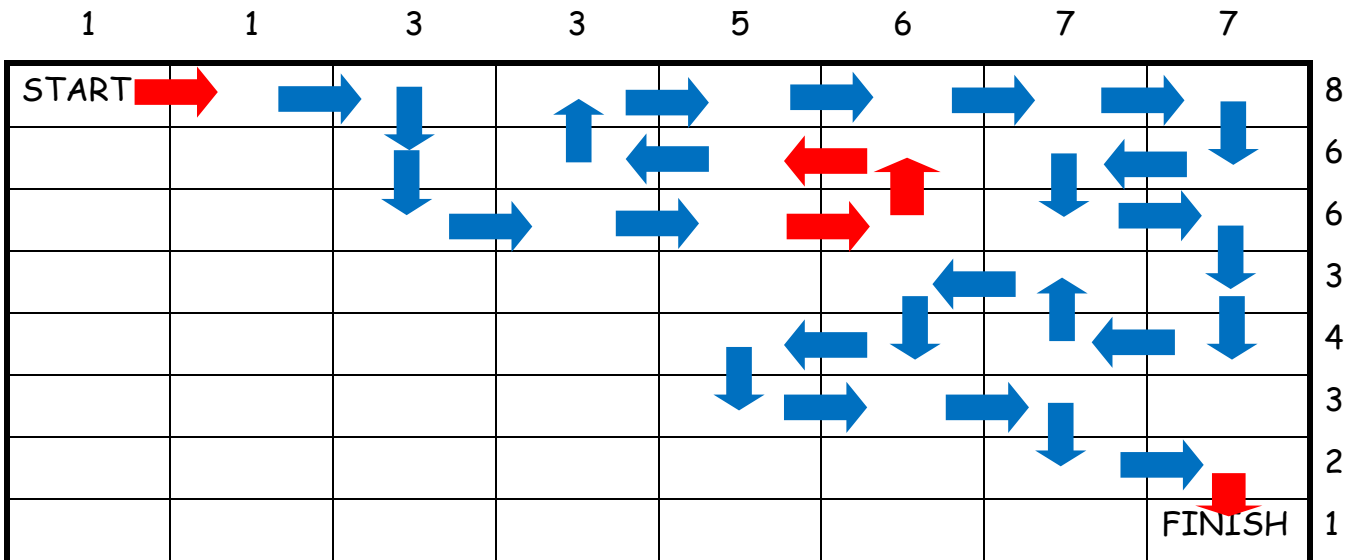
Brown - Male

| Name | Club | Age | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | score | Pos |
|-----------------------|------|-----|------|------|-----|------|------|-----|------|------|-------|-----|
| Richard Parkin | DVO | M50 | 998 | 1000 | | 1000 | 1000 | 887 | 849 | 970 | 6704 | 1 |
| Nerijus Rozkovas | DVO | M35 | 728 | | 627 | 810 | 718 | 617 | 721 | 755 | 4976 | 2 |
| Andrew Ridgway | NOC | M60 | 671 | 714 | 688 | 726 | 716 | | 687 | 658 | 4855 | 3 |
| John Duckworth | DVO | M55 | 1000 | | | | | 964 | 1000 | 1000 | 3964 | 4 |
| Ian Wells | RAFO | M70 | 529 | | 558 | 623 | 592 | | 640 | 609 | 3551 | 5 |
| Andy Nicholls | LEI | M45 | 648 | | | | 809 | 543 | | 626 | 2626 | 6 |
| Philip Johnston-Davis | RAFO | M50 | 730 | 861 | 853 | | | | | | 2444 | 7 |
| Andy Sykes | DVO | M55 | 811 | | 681 | | | | | 793 | 2285 | 8 |
| Andy Glover | LEI | M45 | 686 | | | 777 | 786 | | | | 2249 | 9 |
| Andrew Ward | LEI | M35 | 517 | | 574 | | 602 | | 551 | | 2244 | 10 |

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Puzzle Page

Puzzle Result - Below is the answer for the puzzle set in EMEWS 288:



EMEWS

This Month's Puzzle

At a recent event, 5 orienteers from 5 different clubs competed at an event, and each of them had a problem to overcome during the event. They all managed to complete the event and finish in positions first to fifth. Given the information below can you identify the clubs they each competed for, the position they finished and the problems they each had.

Clues:

- 1) The DVO orienteer lost his glasses, which meant he did not win the event, whereas the person who twisted their ankle still managed to finish second.
- 2) Ollie broke his compass during the race.
- 3) Another competitor dropped his map and had to go back to find it. That competitor finished 3 places behind Gary.
- 4) Mike was the LEI competitor.
- 5) Victor finished last. He was not from NOC.
- 6) Fred was not from LOG. The LOG competitor finished fourth.

| | DVO | LEI | LOG | NOC | SYO | Broke compass | Twisted ankle | Dropped map | Lost glasses | Shoe fell apart | First | Second | Third | Fourth | Fifth |
|-----------------|-----|-----|-----|-----|-----|---------------|---------------|-------------|--------------|-----------------|-------|--------|-------|--------|-------|
| Fred | | | | | | | | | | | | | | | |
| Gary | | | | | | | | | | | | | | | |
| Mike | | | | | | | | | | | | | | | |
| Ollie | | | | | | | | | | | | | | | |
| Victor | | | | | | | | | | | | | | | |
| First | | | | | | | | | | | | | | | |
| Second | | | | | | | | | | | | | | | |
| Third | | | | | | | | | | | | | | | |
| Fourth | | | | | | | | | | | | | | | |
| Fifth | | | | | | | | | | | | | | | |
| Broke compass | | | | | | | | | | | | | | | |
| Twisted ankle | | | | | | | | | | | | | | | |
| Drooped map | | | | | | | | | | | | | | | |
| Lost glasses | | | | | | | | | | | | | | | |
| Shoe fell apart | | | | | | | | | | | | | | | |

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Fixtures

This fixture list is intended to list all major events in the UK, and all East Midlands events. It includes all the information available to me about the event at the time of going to press. Details on entry are normally available on the club sites. Unless otherwise stated, Local events offer entry on the day (EOD) to a range of colour coded courses with start times from 10:30 to 12:30. Some will provide a wider range of courses than others. Regional events provide colour coded within which age classes can be run. National events provide a range of age-related courses and are normally entered in advance.

The OS map reference is either the car park or point from which the event will be signposted. The list is based on BOF registration, but events are sometimes cancelled. If you are uncertain of whether an event will be on, check with the organiser. The editor takes no responsibility for wasted journeys.

Many events are currently pre-entry only, so please check the event details before travelling.

October 2023

| | | | | | | | |
|----------------------|---------------------------------------------------------------------------------|-------------|-------------------------|-----------|--------------------------------------|--------------------------|--------------------------|
| Sat 7 th | Autumn in Anglia Day 1 | Regl | SUFFO C | EA | West Stow | Thetford | TL813709 |
| Sat 7 th | Crewe, Double Sprint Event | Regl | DEE | NW | Queens Park | Crewe | SJ688558 |
| Sat 7 th | MDOC Saturday Park series (2) | Locl | MDOC | NW | Bruntwood Park | Stockport | SJ856873 |
| Sat 7 th | LEI Club Champs (Tunnel Woods) | Locl | LEI | EM | | Ashby de la Zouch | SK299173 |
| Sat 7 th | Saturday Series 2 | Locl | SYO | YH | Bolehill and Crookes | Sheffield | SK326880 |
| Sun 8 th | Winsford Urban (UKUL) | Natl | DEE | NW | Winsford | Winsford | SJ640659 |
| Sun 8 th | Autumn in Anglia Day 2 | Regl | WAOC | EA | Newmarket | Newmarket | |
| Sun 8 th | EMOA League 2023 Longshaw | Regl | DVO | EM | Longshaw | Sheffield | SK265799 |
| Tue 10 th | WCH Event 3 Night Street League | Locl | WCH | WM | Inkwell Pub | Lichfield | |
| Tue 10 th | LEI club night | Act | LEI | EM | Leicester | Leicester | |
| Thu 12 th | Chester Green Map Run | Act | DVO | EM | Chester Green | Derby | |
| Fri 13 th | Eurometing Mixed Sprint Relay (and supporting public race) | Natl | FVO | SOA | Dunblane | Dunblane | |
| Sat 14 th | British Schools Score Championships | Natl | LEI | EM | Martinshaw Woods | Leicester | |
| Sat 14 th | Eurometing KO Sprint (and Individual Sprint for public race classes) | Natl | FVO | SOA | Stirling University | Stirling | |
| Sun 15 th | Eurometing Individual Sprint with Stirling City Race for other classes (SOUL10) | Natl | FVO | SOA | Stirling | Stirling | |
| Sun 15 th | YHOA SuperLeague | Regl | EBOR | YH | Skipwith Common | Selby | |
| Sun 15 th | EMUL 2023 Grantham Urban | Regl | LOG | EM | Grantham | Grantham | SK939375 |
| Sun 15 th | Woodside Urban - UKUL, WMUL | Regl | WRE | WM | Woodside | Telford | SJ692046 |
| Sun 15 th | NOR Blickling | Regl | NOR | EA | NT Blickling | Aylsham | |
| Mon 16 th | MapRun | Act | LOG | EM | Lincolnshire Runner | Lincoln | |
| Tue 17 th | LEI club night | Act | LEI | EM | Leicester | Leicester | |
| Sat 21 st | Elvaston Castle Local | Locl | DVO | EM | Elvaston Castle | Derby | SK407330 |

EMEWS

| | | | | | | | |
|----------------------|-----------------------------------------------|------|-----------------------|----|-----------------------------------------|---------------------|--|
| | Event | | | | | | |
| Sat 21 st | (Cancelled) MapRun | Locl | LOG | EM | Branston | Lincoln | |
| Sun 22 nd | YHOA SuperLeague | Regl | EPOC | YH | Judy Woods (aka Royds Hall) | Bradford | |
| Sun 22 nd | EM Urban League Southwell | Regl | NOC | EM | Southwell | Southwell | |
| Tue 24 th | WCH Event 4 Night Street League | Locl | WCH | WM | Oak Pub Rising Brook | Stafford South West | |
| Tue 24 th | Burbage Maprun | Act | LEI | EM | Burbage | Hinckley | |
| Sat 28 th | Cambridge City Race | Regl | CUOC | EA | | Cambridge | |
| Sat 28 th | Downs Banks | Locl | POTOC | WM | Downs Banks Country Park | Stone | |
| Sat 28 th | EBOR Indoor Orienteering Event | Regl | EBOR | YH | York | York | |
| Sat 28 th | Elmdon Park OD Local event | Locl | OD | WM | Elmdon Park | Solihull | |
| Sun 29 th | YHOA Urban League | Regl | HALO | YH | Brough | Brough | |
| Sun 29 th | EMOA League 2023 Donisthorpe and Moira | Regl | LEI | EM | Donisthorpe | Loughborough | |
| Tue 31 st | Glen Parva Club Night | Act | LEI | EM | Co-op Hillsborough Road | Glen Parva | |

November 2023

| | | | | | | | |
|----------------------|---------------------------------------------------------|------|----------------------|----|--------------------------------------------------------|------------------------------|--------------------------|
| Wed 1 st | LEI Winter League 1 Burbage Common | Locl | LEI | EM | Burbage Common | Hinckley | SP452940 |
| Sat 4 th | Urban (UKOL) - November Classic Weekend | Natl | BAOC | SC | Winchester | Winchester | |
| Sat 4 th | Saturday Series 3 | Locl | SYO | YH | EIS&Olympic Legacy Pk, Attercliffe | Sheffield | SK384892 |
| Sun 5 th | November Classic & Southern Championships (UKOL) | Natl | SOC | SC | New Forest - Fritham and Bentley | Lyndhurst | SU252120 |
| Tue 7 th | LEI Winter League 2 Market Bosworth Country Park | Locl | LEI | EM | Market Bosworth Country Park | Market Bosworth | SK412032 |
| Thu 9 th | MDOC Night Street League (2) | Locl | MDOC | NW | Streets around Glossop | Glossop | |
| Sat 11 th | MDOC Saturday Park series (3) | Locl | MDOC | NW | Bramhall Park | Stockport | SJ889862 |
| Sat 11 th | Chaddesden Park Local Event | Locl | DVO | EM | Chaddesden Park | Derby | SK382366 |
| Sun 12 th | CompassSort Cup Final | Majr | BOK | SW | New Beechenhurst | Coleford | SO620120 |
| Wed 15 th | Night Event | Locl | SYO | YH | Silver Wood | Rotherham | SK481938 |
| Thu 16 th | Chaddesden Park Map Run | Act | DVO | EM | Chaddesden Park | Derby | |
| Sun 19 th | EMOA League 2023 Watchwood and Calverton | Regl | NOC | EM | Watchwood and Calverton | Arnold | |
| Sun 19 th | WML Event - Burlish Top | Regl | HOC | WM | Burlish Top | Kidderminster | |
| Tue 21 st | MDOC Night Street League (3) | Locl | MDOC | NW | Streets around East Macclesfield | Macclesfield | |
| Tue 21 st | WCH Event 6 Night Street League | Locl | WCH | WM | Barton Marina | Barton Under Needwood | |
| Thu 23 rd | Allestree Urban Map Run | Act | DVO | EM | Allestree | Derby | |

EMEWS

| | | | | | | | |
|----------------------|------------------------------|------|----------------------|----|--------------------------------------------|--------------|--------------------------|
| Sat 25 th | EMOA League 2023 | Regl | DVO | EM | Linacre | Chesterfield | SK342734 |
| Sat 25 th | Southern Night Championships | Locl | BAOC | SE | Pirbright Range Complex & Bisley Camp | Camberley | |
| Sun 26 th | SYO Regional Event | Regl | SYO | YH | Baslow Edge & Big Moor | Sheffield | SK249740 |
| Sun 26 th | SN Trophy | Natl | SN | SC | Mytchett | Aldershot | SU922562 |
| Tue 28 th | LEI club night | Act | LEI | EM | Leicester | Leicester | |
| Thu 30 th | Alvaston Park Map Run | Act | DVO | EM | Alvaston Park | Derby | |

December 2023

| | | | | | | | |
|----------------------|-------------------------------------------------------------|------|-----------------------|----|----------------------------------------------------|------------------------|--------------------------|
| Sat 2 nd | Cheddleton Heath | Locl | POTOC | WM | Cheddleton Heath | Leek | |
| Sun 3 rd | CHIG Level B -SEL and SWELL event | Natl | CHIG | SE | Epping NW | Loughton | TQ413982 |
| Sun 3 rd | YHOA SuperLeague | Regl | HALO | YH | Humberside | | |
| Sun 3 rd | EMOA League 2023 (Ratby) | Regl | LEI | EM | Ratby | Ratby | SK497076 |
| Tue 5 th | LEI club night | Act | LEI | EM | Leicester | Leicester | |
| Thu 7 th | Markeaton Map Run | Act | DVO | EM | Markeaton Park | Derby | |
| Sat 9 th | MDOC Saturday Park series (4) | Locl | MDOC | NW | Riverside Park | Macclesfield | SJ915745 |
| Sat 9 th | LEI Winter League 3 Fosse Meadows | Locl | LEI | EM | Fosse Meadows | Leicester | SP488908 |
| Sun 10 th | AIRE Regional Event | Regl | AIRE | YH | Bramley Fall & Hawksworth Woods | Leeds | |
| Sun 10 th | Shouldham Warren EAL | Regl | NOR | EA | Shouldham Warren | Kings Lynn | |
| Sun 10 th | TVOC Chiltern Challenge Regional Event & SCOA Championships | Natl | TVOC | SC | Naphill and Bradenham | Princes Risborough | |
| Sun 10 th | Sutton Park South - WM League | Regl | OD | WM | Sutton Park Boldmere Gate Entrance | Sutton Coldfield | |
| Tue 12 th | LEI club night | Act | LEI | EM | Leicester | Leicester | |
| Sun 17 th | EPOC Regional Event | Regl | EPOC | YH | Pontefract Park | Pontefract | |
| Sun 17 th | EMOA League 2023 Strawberry Hill | Regl | NOC | EM | Strawberry Hill | Mansfield | |
| Wed 27 th | SO "Elizabeth Brown memorial" Christmas Score | Regl | SO | SE | North Ashdown | Wych Cross, Forest Row | TQ434323 |
| Wed 27 th | OD Christmas Relays | Locl | OD | WM | Rough Close | Coventry | |
| Fri 29 th | LEI Winter League 4 Beacon Hill | Locl | LEI | EM | Beacon Hill Country Park | Loughborough | SK509145 |

January 2024

| | | | | | | | |
|----------------------|----------------------------------------------------|------|---------------------|----|------------------------------------------------------------|---------------|--------------------------|
| Mon 1 st | EMUL 2024 Ashbourne Urban | Regl | DVO | EM | Ashbourne | Ashbourne | |
| Sat 6 th | Saturday Series 4 | Locl | SYO | YH | Botanical Gardens | Sheffield | SK334863 |
| Sun 7 th | EMOA League 2024 TBC | Regl | LEI | EM | | TBC | |
| Sun 14 th | SYO Regional Event | Regl | SYO | YH | Hathersage Moor (Burbage West) | Sheffield | |
| Sun 14 th | WML Event - Bodenham Arboretum & Shatterford Woods | Regl | HOC | WM | Bodenham Arboretum & Shatterford Woods | Kidderminster | |
| Wed 17 th | LEI Winter League 5 Shepshed | Locl | LEI | EM | Shepshed | Shepshed | SK477195 |

EMEWS

| | | | | | | | |
|----------------------|----------------------------------------------------|------|----------------------|----|------------------------------------------------|-----------------|--------------------------|
| Sat 20 th | YHOA Night League and Northern Night Championships | Regl | EBOR | YH | Wheldrake Woods | York | |
| Sat 20 th | Winter series no 1 - Little Budworth Common | Regl | DEE | NW | Little Budworth Common | Tarporley | SJ584653 |
| Sat 20 th | Little Budworth Night Event (NWNL) | Locl | DEE | NW | Little Budworth Common | Tarporley | SJ584653 |
| Sun 21 st | Eyam Moor & Bretton Clough | Natl | DVO | EM | Eyam Moor & Bretton Clough | Eyam | SK181787 |
| Thu 25 th | LEI Winter League 6 Dishley | Locl | LEI | EM | Dishley | Loughborough | SK513203 |
| Sat 27 th | YHOA Night League | Regl | HALO | YH | | Humberside | |
| Sat 27 th | Everdon Stubbs Local Event | Locl | OD | WM | Everdon Subbs | Weedon | |
| Sun 28 th | Concorde Chase 2024 | Natl | BKO | SC | Barossa | Sandhurst | |
| Sun 28 th | Robin Hood Trophy at Sherwood Forest | Natl | NOC | EM | Sherwood Forest (event centre TBC) | Ollerton | |

February 2024

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|----------------------|------------------------------------------------------------------|-------|------------------------|-----|-------------------------------------------------------|---------------------|--------------------------|
| Sat 3 rd | Rowney Warren Night Event | Regl | WAOC | EA | Rowney Warren | Sheffield | |
| Sat 3 rd | LEI Winter League 7 Abbey Park | Locl | LEI | EM | Abbey Park | Leicester | SK589057 |
| Sat 3 rd | Saturday Series 5 | Locl | SYO | YH | Ecclesall Woods | Sheffield | SK310823 |
| Sun 4 th | GO SEL event & Southern Champs | Natl | GO | SE | Redlands | tbc | |
| Sun 4 th | Rowney Warren | Regl | WAOC | EA | Rowney Warren | Sheffield | |
| Sun 4 th | EPOC/PFO Regional Event | Regl | EPOC | YH | Hardcastle Crag | Hebden Bridge | |
| Sat 10 th | British Night Champs | Major | WCOC | NW | Hawse End | Keswick | |
| Sun 11 th | NOR - Bylaugh and Bawdeswell | Regl | NOR | EA | | Dereham | |
| Sun 11 th | CLARO Regional Event | Regl | CLARO | YH | Guissecliff | Pateley Bridge | |
| Sun 11 th | Bickerton regional event | Regl | DEE | NW | Bickerton Hill | Tarporley | |
| Sun 11 th | EMOA League 2024 TBC | Regl | LEI | EM | | TBC | |
| Sun 18 th | CompassSport Cup Heats | Natl | | | Various | | |
| Wed 21 st | LEI Winter League 8 Queen Elizabeth Diamond Jubilee Woods | Locl | LEI | EM | Queen Elizabeth Diamond Jubilee Woods | Ibstock | |
| Sat 24 th | YHOA Night League | Regl | SYO | YH | Loxley | Sheffield | |
| Sat 24 th | Itchington Holt Local event | Locl | OD | WM | Itchington Holt | Bishop's Itchington | |
| Sat 24 th | Scottish Night Champs | Regl | SOLWAY | SOA | | Dumfries-shire | |
| Sun 25 th | East Midlands Championships 2024 | Natl | LOG | EM | Grimsthorpe | Lincoln | |
| Sun 25 th | HH SE League event | Natl | HH | SE | Ashridge | Tring | |
| Sun 25 th | Local Event | Locl | SYO | YH | Loxley | Sheffield | |
| Sun 25 th | Fernworthy | Regl | DEVON | SW | Fernworthy | Chagford | |