

East Midlands Orienteering Association Executive Committee Meeting – 20 November 2017

Item No	Description	Action
<p>Present: Trudy Crosby (LOG), Ann-Marie Duckworth (DVO), Mike Gardner (DVO), John Hurley (DVO), Pauline Olivant (NOC), Hilary Palmer (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Mark Webster (NOC), Ursula Williamson (LEI), John Woodall (NOC).</p>		
<p>The meeting welcomed new attendees, Trudy as LOG rep, and Ann-Marie as Junior Squad rep.</p>		
1	<p>Apologies for Absence: David Olivant (NOC), Julie Webster (NOC)</p>	
2	<p>Approval of Minutes of Meeting on 19th June 2017 – The minutes were accepted as a true record once correction to spelling of Charles Daniel in the previous meeting. Approved: John Woodall Seconded: Hilary Palmer</p>	
3	<p>Website version of minutes – The minutes of the June meeting were agreed to be taken with the removal of monies value in item 5 and promoted to the website. Approved: John Woodall Seconded: Chris Phillips</p>	<p>Mike Gardner to inform webmaster.</p>
4	<p>Actions Outstanding from previous minutes (not covered elsewhere)</p> <ul style="list-style-type: none"> a) 4d – We should perform a stock check of the East Midlands Trophies when next collected in which will be Dukeries event in December 2018 and identify those needing repair / replacement. One point raised is that the W21 trophy is very small. b) 9e – John Hurley did not get any submissions on the British and JK merger proposals so nothing was sent. It is expected there will be more opportunities to discuss going forward. c) 13 – The proposed constitution changes were passed at the AGM. The updated constitution to be made available in the website. 	<p>Mike Gardner to ask Mike Godfree to review when collect trophies in for Dukeries Mike Gardner to update constitution and inform webmaster for publication</p>
5.	<p>Treasurer's Report</p> <p>The Treasurer provided the Accounts in advance of the meeting. He had paid a deposit for the JIRCS accommodation for JIRCS 2018. Also, although it was agreed at the AGM that event levies would not be collected, he will keep account of how much would have been collected (and LOG have had their monies refunded for an event). Budget had been set aside for coaching in this year's budget. In addition quite a lot of coaching money was set aside last year and not used, therefore it was agreed that this was a good use of the coaching budget.</p> <p>A request for funding had been received to attend the L2 Coaching Course on behalf of John Mather and Ant Squires (to enable them to coach the EMOA Junior Squad. (It was felt appropriate that the Community</p>	<p>Mark Webster to provide funding for L2 Coaching attendance.</p>

	Coaching Development budget could be put towards this. It was agreed that EMOA would fund the two Junior Squad Coaches training).	
6.	<p>Development No one had taken on the Development role at the AGM (if anyone has any ideas for folk who could do so, please ask them to put their name forward). There is a need for a Controller's Course and also it is thought for a Planners course (for Regional Training Day). Chris Phillips will talk to Ranald about running the Controller's course.</p> <p>British Orienteering ran a Level A Controller's course recently and EMOA had one candidate on it, Roger Edwards. To become a Level A Controller Roger needs a formal recommendation from the association. It was agreed that the committee should formally nominate Roger to be a Level A Controller.</p> <p>It was noted that we are short of controllers in the region.</p>	<p>Chris Phillips to talk to Ranald Macdonald about organising a controller's course.</p> <p>Chris Phillips to submit Roger Edwards as Level A Controller</p>
7.	<p>Coaching Hilary will be running the L2 Coaching Course and will invoice the clubs for their member's attendance (and EMOA for the EMOA attendees). There will be a charge from British Orienteering of £275 per person for the training. Hilary will all provide an invoice for all additional costs.</p>	
8.	<p>Junior Squad Ann-Marie reported that Anthony Squires and herself had taken over from Dai Bedwell at the start of the autumn 2017 series. They wanted it recognised by EMOA how much effort Dai had put into organising, training and transporting our juniors to special training days and competitions over many years. The committee seconded those thoughts. He will continue to be involved as one of Level 2 coaches. Anthony Squire's (NOC) role will be to focus on the athlete development and the training schedule through the year. Ann-Marie's role is more administration – interfacing with the juniors, parents, Club/EM officials, JROS and competition organisers etc, as well as Level 1 coaching. They will be working with other coaches in the region to expand the network of people working with our junior talent and to delegate the work load for training sessions.</p> <p><u>Training Schedule:</u> <u>Looking backwards</u> over the last few months the junior events have been: 12th Nov 2017 at Bradgate – an afternoon session concentrating on contour interpretation for 14 juniors. With athletes abilities ranging from good orange/light green up to TD5 champions, the multiple short loops with coaches shadowing or leading the exercises worked well. Anthony developed the exercises, which were mentored by Dai Bedwell and Julie Ferris, both of whom were present on the day. 3 new “rising” standard orienteers joined us for the session. The feedback was they enjoyed the session and</p>	

would come again.

15th Oct 2017 Burrough Hill – after running a colour coded course (LEI event) the 12 athletes were asked to think about and understand what skills are in their Orienteering Toolbox and assess strengths/development areas for these skills. This session saw the **Training Folder** introduced by Anthony.

Each athlete has a folder and at each training session they will have session planners/feedback forms, on which they record their thoughts, progress or ideas.

The open area of the ancient fort allowed for practice with setting bearings, interpretation of contours, fine corridor navigation and distance judgement.

There was one new athlete join the squad.

Previously reported:

Saturday 2nd September with West Midland Squad at Dudmaston (Bridgenorth)

Saturday 8th July LEI's Cademan Woods

Saturday May 28th Bramcote Hills (Nottingham)

Saturday April 1st Lincoln South Common

Weekend 4th & 5th March with Ulvaston School, Lakes training event (Great Tower accommodation).

Looking forward:

Anthony provided the complete squad (paper copies and email) a spreadsheet that summarised our ideas for training sessions in the coming months in the context of major competitions and junior selection races.

The “O Planner” highlights where we may have local East Midland training sessions or look to combine efforts with other regional squads (previous good partnerships have included YHOA, WMOA and WOA squads) or go away for weekends including a major event.

Confirmed training session:

Weekend 16th & 17th December Training with South Central Juniors (SCJS) and running the selection race (Interland) on Ash Ranges.

There are 11 athletes signed up to go early on Saturday in a minibus to Mychette, for an afternoon training session run by Sarah Rollins and Fiona Bunn, with SN and EM coaches assisting.

We will be travelling by minibus, staying overnight in a scout hut in Woking Park with SCJS. Evening events will include swimming, supper, a technical session and a small run in the Park. The squads will provide breakfast, before competing in the Ash Ranges National event.

Competition Results:

2017 JIRCS South East – the Surrey Hills near Guildford: EMJOS’s result 5th overall equals our best result for a number of years. This was due to coming 5th place after the individual day and 7th on the relay day.

Notable results:

M14: 5th Charlie Rennie, 23rd Ben Hardy and 25th Toby Williams

M16: 14th Jamie Lowthian, 22nd Ethan Tebbutt

M18: 5th Finn Lydon, 20th Nick Wilson

W14: 1st Rachel Duckworth, 20th Libby Barber

W16: 5th Sarah Duckworth, 22nd Grace Pennell

W18: 15th Imogen Wilson, 20th Anna Barber, 24th Jessica Dring-Morris

Relay: Boys teams 11th and 14th; Girls team 20th; Ad Hoc team 3rd.

JROS 2017 Tours and training:

Lagganlia (M/W14): Rachel Duckworth (DVO) and Charlie Rennie (LEI)

Deeside (M/W16) no one.

Stockholm (M/W17) Sarah Duckworth (DVO)

Gothenburg (M/W18) Finn Lydon (LEI)

Hawkshead (M/W16) Ethan Tebbutt (LEI), Sarah Duckworth (DVO) and Jamie Lowthian (LEI)

EMOA Financial Assistance:

It is recognised and appreciated by the coaches and parents that the EMOA continues to fund the junior squad team entries (JIRCS and Hawkshead).

Looking at the expenditure for the last 12 months (2016-2017), the EMOA financial contribution has been about £730, less than the £1000 budget. We would like the surplus to be considered for assistance for coach training and qualification.

In the next year (2017-2018) with the rising cost of entries but no travel costs for JIRCS2018, that a **budget of £1000** will cover JROS.

A question was asked as to who was in the Junior Squad so as to ensure that the East Midlands League was correctly set up. Ann-Marie would provide a list of members.

It is also the intention to provide juniors with their own goals, so they can focus on what needs to be done themselves.

It is intended to ensure that the Junior Squad website is updated.

Ann-Marie to provide list of junior squad members to Ursula so that East Midlands League can be correctly set up.

	<p>The committee thanked Ann-Marie and Anthony for volunteering to take on these roles.</p> <p>JIRCS 2018 – It had been suggested that the budget should be revised once the number of attendees for JIRCS 2017 was known. John Hurley had written to DVO to request a revised budget. The numbers only came out a couple of weeks ago and the latest budget does not yet take account of these revised figures. It is hoped the entry fees can remain very similar to those for JIRCS 2017. DVO are still looking for a controller for the relays. One of the key budget factors is the cost of using Chatsworth. A figure has been quoted but Chatsworth will not firm this up until March. It was suggested that a full budget should be available based on what is known for the January committee meeting.</p>	<p>John Hurley to work with DVO to get an updated budget be available for the January EMOA committee meeting.</p>
<p>9.</p>	<p>Correspondence There was no correspondence received other than that covered elsewhere in the meeting.</p>	
<p>10.</p>	<p>Fixtures</p> <ul style="list-style-type: none"> a. EMOA League 2017 – Going well at present. b. EMOA Urban League 2017 – Well underway and no problems. c. EMOA League 2018 / Urban League 2018 – Event details were available for these now and would be included in next EMEWS d. Future Major Events <ul style="list-style-type: none"> i) 25 Feb 2018 – Yvette Baker Trophy – LEI – Cademan ii) 18 March 2018 - Midland Champs 2018 – LEI – Belvoir (all going well) iii) 29/30 Sep 2018 – JIRCS 2018 – DVO – Chatsworth / Carsington – budget being finalised iv) 30 Sep 2018 – East Midlands Score Champs – DVO - Carsington v) 16 Dec 2018 – East Midlands Champs – NOC – Dukeries vi) 17 March 2019 – CompassSport Cup Heat – NOC – Sherwood Pines vii) 14/15 Sep 2019 – British Sprints / Middle 2019 – LEI / DVO – Loughborough / Chinley Churn viii) 8 Dec 2019 – East Midlands Champs – LOG - Grimsthorpe ix) 11 Feb 2020 – Midland Champs 2020 – DVO – Shining Cliff d. Future Possible Events <ul style="list-style-type: none"> i) 2020 Junior Home Internationals? ii) CompassSport Cup Final 2021? (Note: not sure we could do this in same year as British) iii) British / British Relays 2021 – Discussion took place on whether it was best to host the event locally and if so would it be possible to do this at a different time of year. Or whether we should continue with plans to host in Wales. iv) Midland Champs 2022 – NOC 	<p>Ursula Williamson to send 2018 EM League and Urban League calendar to Mike Gardner for inclusion in EMEWS. Mike Gardner to publish in EMEWS.</p> <p>Club Reps to discuss with clubs whether we think could have any areas for British/Relays in region if requested a change of date.</p> <p>Chris Phillips to discuss with BO Officials if change of date for British a possibility</p>

	<p>e. Other Fixtures</p> <ul style="list-style-type: none"> The Spring Cottage YBT Trophy event clashed with the Northern Champs which is a selection event for juniors. It was suggested this needed to be moved and after discussion it was agreed to move to Cademan Woods event in February 2018.. 	
11	<p>Reports:</p> <p>EGM & Association Conference: The EGM unanimously accepted the proposed changes:</p> <ul style="list-style-type: none"> Proposal 1: To include the Isle of Man in the territory over which British Orienteering governs the Sport of Orienteering. The North West was keen to support. Proposal 2: The Re-appointment of a Director. (Basic Article tidy up: to engage with younger people to get on the Board and encourage previous Board members to return). Proposal 3: Appointments Panel. (Basic Article tidy up: to appoint Officers through a panel). <p>and a summary of the Association Conference is available at https://www.britishorienteering.org.uk/index.php?pg=news_archive&item=3930</p> <p>Orienteering Foundation: Pauline Olivant provided an Orienteering Foundation update in advance of the meeting. It was agreed that this would be made available in EMEWS.</p> <p>National Forest Report: Roy Denney provided a report on the National Forest (and has also provided a report on this for EMEWS).</p>	
12	<p>Sharing Best Practice</p> <p>Chris Phillips reported that in the O-safe policy it states that one of the administrators of a website needs to be aware of O-safe policy. Clubs should ensure that at least one of their website administrators is aware of O-safe policy.</p>	<p>Club Reps should ensure that at least one of their website administrators is aware of O-safe policy.</p>
13	<p>EMEWS:</p> <p>The next EMEWS will be out in a couple of weeks.</p> <p>The message from NGOC about their board game should be included as a news item.</p>	
14	<p>Any Other Business:</p> <ol style="list-style-type: none"> John Hurley had performed an analysis of whether we should include separate courses for M/W75 in the East Midlands Urban League. There were very low numbers attending in these age classes so it is thought that the scoring system and classes used should remain the same for East Midlands Urban League events for now (but if numbers change in the future this could be re-evaluated). NOC asked which clubs had changed their SI boxes to use Air. DVO and LOG have done this but LEI have not as a matter of course done this. (Note: Belvoir will not use Air and if boxes are borrowed LEI may want them to be switched back to standard use for this event). 	<p>Club Reps to be aware that if SI boxes loaned to LEI for Belvoir they will need to be switched to not</p>

		use Air
15	<p>Dates and venues for future meetings: All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting is scheduled for Monday, 29th January 2018. The following committee meeting was proposed for Monday 9th April 2018 (John Woodall to check availability of meeting room for these dates).</p>	<p>John Woodall to book hall for next committee meetings.</p>

Meeting closed at 9:35pm