

East Midlands Orienteering Association Executive Committee Meeting – 9 April 2018

Item No	Description	Action
<p>Present: Trudy Crosby (LOG), Ann-Marie Duckworth (DVO), Mike Gardner (DVO), John Hurley (DVO), David Olivant (NOC), Pauline Olivant (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Ursula Williamson (LEI), John Woodall (NOC) and Peter Hart (British Orienteering)</p> <p>The meeting welcomed Peter in his British Orienteering role.</p>		
1	<p>Apologies for Absence: Julie Webster (NOC) and Mark Webster (NOC)</p>	
2	<p>Approval of Minutes of Meeting on 29th January 2018 – The minutes were a minor correction: 1) 9 Feb is date of 2020 Midland Champs Approved: John Woodall Seconded: Hilary Palmer</p>	<p>Mike Gardner to update minutes of January meeting.</p>
3	<p>Website version of minutes – The minutes of the January meeting were modified to remove the costs of the EMOA contribution to the Coaching course. Approved: John Woodall Seconded: Hilary Palmer</p>	<p>Mike Gardner to inform webmaster.</p>
4	<p>Actions Outstanding from previous minutes (not covered elsewhere)</p> <ul style="list-style-type: none"> a) Mike Godfree had provided photos of all the trophies and also proposed purchasing an M85 and W75 trophy. The meeting actioned Mike Gardner to respond to him saying could purchase these but would like to see photos of examples (Mike Gardner forwarded the photo Mike Godfree had sent of the trophies after the meeting). Mike Godfree should be authorised to purchase the M85 and W75 trophies he had identified as required. b) Ann-Marie Duckworth provided list of junior squad members to Ursula for EM League c) John Hurley provided CVs of officials for British Middle Distance to Chris Phillips for Competitions meeting (which was delayed) d) Chris Phillips had Ernie Williams design a logo for East Midlands 50th anniversary which was sent on to club secretaries and clubs suggested to use on all event details and maps for EM League and Urban League events. e) John Woodall booked the hall for June committee meetings 	<p>Mike Gardner was actioned to get photos of trophies (sent to committee) and authorise Mike Godfree to purchase the proposed M85 and W75 trophies.</p>
5.	<p>Treasurer's Report The Treasurer provided the Accounts in advance of the meeting as was unable to attend. It was noted that a funding request for Iain Phillips to attend the European Trail-O Championships had been received and approved by the officers as the event was before the committee meeting.</p>	

6.	<p>Development Chris Phillips had talked to Randal Macdonald about the Regional Training Day and at present this is proposed for 17th or 24th November. Exactly what training we will offer is still to be decided but probably will want to run a Controllers, Planners and Organisers courses at least.</p>	
7.	<p>Coaching Hilary had sent a note around to club secretaries and coaches to inform them that the National Coaching Conference is taking place on 12th/13th January 2019 in our region. Hilary would recommend clubs agree to pay the fees for their coaches to attend which should only be about £30 per day. Anyone who is not a coach can also attend if they are interested and there should be no restrictions on numbers attending from a club.</p>	<p>Club Reps to make sure clubs are aware of the event and recommend all coaches attend.</p>
8.	<p>Junior Squad Ann-Marie Duckworth provided a Junior Squad report</p> <p>EMJOS Summary - March to June 2018 <u>10th & 11th February 2018 O' Foundation training day at Tarn Hows Cumbria.</u> Ten juniors, three coaches and a parent thought it must be getting warmer soon, so travelled up in a minibus Friday to near Hawes, so they were ready for a full day training. Linking this technical terrain training experience with the Black Beck (LOC) Regional event on Sunday. But it was a weekend of snow.</p> <p>The main Tarn carpark was not accessible due to the amount of snow and ice, so the group was dropped off near the southern training area and walked in (1.5km) to the start of the exercises planned by Julie Ferris (LEI). The morning theme was planning ahead for a score course (optimum routes). After 90minutes of hard running in the slippery conditions (see the videos on the EMJOS Website) and 2 people starting to show signs of hypothermia, we called it a day and returned to the warm hall.</p> <p>The afternoon exercises planned by Chris O'Donnell, were all about simplifying the legs, in particular concentrating on the larger contour shapes. We all talked through 15 or more legs in small groups, assisted by the coaches. Feed back from some of the juniors was that they tried to use the simplification ideas at the Sunday event.</p> <p>North East Junior Squad (eight juniors) joined us for the night in the hall. Evening entertainment was provided by Chris O'Donnell creating a couple of imaginative quiz games.</p> <p><u>10th March DVO Matlock areas: Farley Moor and Oker Hill</u> This postponed training due to more snow (should have been 3rd March), was a mix of physical training (for</p>	

example plyometrics and fartlek) on Farley Moor's tracks and footpaths, racing at the Level D event (medium course) at Oker Hill (small area, very steep open hillside) and technique training focusing on compass & distance, longer leg planning and contour only. The seven juniors who attended wanted more ideas for the physical training – Ant was going to put some more information on the EMJOS webpage.

25th March Byron's Walk (NOC)

Access to the area was in conjunction with the NOC Regional Event. The nine juniors ran their EM League course and then trained afterwards. Training led by Ant.

Future Training

- 21st April York University Sprints (Talent squad event) and 22nd April Wass Forest (Northern Championships), Talent Squad and summer camp selection race.
9-11 juniors signed up to compete at these events. We plan to take a minibus, additional physical training on Saturday afternoon and stay over near Thirsk in a hall. South East Junior Squad may join us.
- 28th April Cademan (LEI) combined training with Octavian Droobers and West Midlands Junior Squad. Andy Emmerson(OD) planning the exercises.
- 12th or 13th May training to be confirmed.
- 17th June combined with DVO Stanton Moor Regional Event. Training to be led by John Mather (LOG).
- Also planned to be the day for the JIRCS2018 officials meeting.
- Ant and Ann-Marie to look ahead to the autumn session to extend the O'Planner to the end of the year.

Junior Achievements

- Interland selection 2018 – Ben Squire (NOC, M14) was selected for England and travelled to the Netherlands (10th & 11 March 2018). In the woods and dunes of Herperduin, near Oss in North Brabant (Netherlands), he came 6th (39:24) behind winner Euan Tryner SYO (30:57).
- East Midland Champs 2017 (rearranged date in 2018 due to snow!)
M12 Jake O'Donnell (DVO) W14 Rachel Duckworth (DVO)
M14 Charlie Rennie (LEI) W16 Sarah Duckworth (DVO)
M16 Ethan Tebbutt (LEI) W18 Anna Barber (LEI)
- JK 2018 Champions:

	<ul style="list-style-type: none"> • M12 Jake O'Donnell (DVO) <p>Fundraising: A very last minute cake and coffee stall was set up at the Cademan event raised £95. There was also a very kind and generous donation from a runner who wanted their Midland Championship entry (cancelled event) given to EMJOS. Ann-Marie to look at the autumn and winter events and ear mark early suitable events for a cake stall.</p> <p>JIRCS 2018 Ann-Marie reported that the team have had meetings and are currently looking at getting medals, drafting final details. Etc. Controllers are all appointed now. Risk assessment has been signed. Any volunteer helpers from across the region would be welcomed.</p>	
9.	<p>Correspondence There was no correspondence received other than that covered elsewhere in the meeting.</p>	
10.	<p>Fixtures Amanda noted that she felt so sorry for LEI after all the work they had put in to have to cancel the Midland Champs at the very last moment. There is no chance of using the area this year and the Midland Champs is already scheduled for West Midlands next year. At present it looks likely that there will be no Midland Champs this year.</p> <ul style="list-style-type: none"> a. EMOA League 2018 – The DVO event at Linacre was lost due to snow but has now provisionally been rearranged for 18th November. The League is now set up slightly differently so there may still be some problems. If anyone spots an error in the League please let Ursula know about it. b. There had been a number of questions as to whether a non-East Midlands member can compete in the East Midlands League and score points (especially as the Urban League allows non-East Midlands members to count). Ursula had created a separate League which showed the impact of non-East Midlands members scoring points in the League. After discussion it was agreed that the League should continue with only East Midlands members scoring points in the league. Action: Amanda Roberts to respond with this decision to person who brought this up. c. This led to a discussion as to whether the Urban League should have a similar scoring system (i.e. only allowing East Midlands members to score points). It was agreed to ask Paul Murgatroyd for his views before any decision was taken on this. Action: Trudy Crosby to ask Paul Murgatroyd. d. EMOA Urban League 2018 – NOC may have to move their event on 16th September as it clashes with London City race. It is likely to move to 28th October. 	<p>Amanda Roberts to respond to person who brought up allowing non-EMOA members to count in EM League</p> <p>Trudy Crosby to ask Paul Murgatroyd about East Midlands Urban League only counting EM members</p>

	<p>e. Future Major Events</p> <ul style="list-style-type: none"> i) 29/30 Sep 2018 – JIRCS 2018 – DVO – Chatsworth / Carsington – see above ii) 30 Sep 2018 – East Midlands Score Champs – DVO - Carsington iii) 16 Dec 2018 – East Midlands Champs – NOC – Dukeries iv) 17 March 2019 – CompassSport Cup Heat – NOC – Sherwood Pines v) 14/15 Sep 2019 – British Sprints / Middle 2019 – LEI / DVO – Loughborough / Chinley Churn – DVO need to get officials approved – LEI may use SI for entry package vi) 8 Dec 2019 – East Midlands Champs – LOG – Grimsthorpe vii) 2019 – East Midlands Sprint Champs - LOG – New area viii) 9 Feb 2020 – Midland Champs 2020 – DVO – Shining Cliff <p>d. Future Possible Events</p> <p>i) Ursula had been requested by Fixtures to have East Midlands host CompassSport Cup Final 2021, 6 / 7 Feb 2021 - British / British Relays 2021 and JK 2023 – She had pointed out that East Midlands do not have manpower or areas suitable but she was told they expect EMOA to fulfil these obligations. It was felt that East Midlands needs to provide a response which should be along the lines "EMOA will continue to organise the major events for which we have resources, such as the British Middle, Sprint and Night Championships, the Midlands Championships and some of the level B events which rotate around the regions, subject to consideration of the overall workload for the region. However EMOA are unable to organise the British Long/Relay Championships weekend or the JK weekend." The aim would be to take this to the national Events and Competitions Committee June meeting. It was requested the Club reps take this back to the clubs for agreement. It was agreed that any activities for the British Champs 2021 should be suspended until this was agreed.</p> <p>e. Other Fixtures</p> <ul style="list-style-type: none"> • None 	<p>Club reps to take proposed wording to be submitted to Events and Competitions Committee back to clubs for agreement</p>
11	<p>Reports:</p> <p>English Orienteering Council – Amanda and Trudy both attended the English Orienteering Council meeting.</p> <ul style="list-style-type: none"> i) Treasurer’s Report – EOC need to raise money and while have used cake sales they still need to raise levy by 5p per member to 85p. It was agreed this should be held for 2 years. It may be necessary to raise it again after that. (We do have a number of folk attending EOC events and saw no problem with this increase in fees). ii) EOC committee congratulated all teams as had won Junior, Veterans and Senior Internationals and were 2nd in Interland. iii) The dates for selection events have been defined. 	

	<p>iv) The chairman is retiring so will be looking for a new EOC Chairman next year.</p> <p>Orienteering Foundation – Pauline provided a report in advance of the meeting</p> <p>i) The Foundation now has an up to date website – https://www.orienteeringfoundation.org.uk</p> <p>ii) A Facebook page is also available at https://www.facebook.com/orienteeringfoundation</p> <p>iii) Twitter https://twitter.com/oringfoundation</p> <p>iv) Please sign up if you would like to keep up to date with donations, grants or developments of the Orienteering Foundation.</p> <p>v) Latest News:</p> <p>a. The Adult Coaching day, 10th February in the Lake District, was well supported, EMJS attended, despite the weather!</p> <p>b. Provisional grant approved to junior subject to being selected for JWOC</p> <p>c. Grant agreed to support Lagganlia training camp</p>	
12	<p>Sharing Best Practice</p> <p>i) The spreadsheet that Ursula sent out for Fixtures was very useful.</p> <p>ii) David Olivant is looking at holding a workshop about updating maps to the new 2017 Forest Map Spec and Sprint Map Spec. The intention is to set this up in the Autumn.</p>	
13	<p>EMEWS:</p> <p>The next EMEWS will be out in a couple of weeks.</p>	
14	<p>Any Other Business:</p> <p>a. Thanks to Ernie Williams for creating the 50th anniversary logo.</p> <p>b. As part of East Midland Champs Pauline Olivant will work with the organiser of the EMOA Champs to look at tea towels, shoe bags and t-shirts with the logo on.</p> <p>c. In terms of the Data Protection Act clubs will need to ensure they must include a disclaimer on entries sheets. Must also be aware of removing old member data. It may be appropriate for a very short policy for the region.</p> <p>d. The Club & Association Conference is to take place on 20th October. Details are available on the BO website.</p> <p>e. BO have co-ordinated a bid for the World Sprint Champs in 2022</p>	<p>Pauline Olivant to work with EM Chaps organiser to see what mementoes could be used at the event.</p>
15	<p>Dates and venues for future meetings:</p> <p>All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m.</p> <p>The next committee meeting is scheduled for Monday, 11th June 2018.</p> <p>The following meeting will be the AGM which is proposed for Monday 24th September 2018 (John Woodall to check availability of meeting room for these dates).</p>	<p>John Woodall to book hall for AGM.</p>

Meeting closed at 9:40pm