

East Midlands Orienteering Association Executive Committee Meeting – 11 June 2018

Item No	Description	Action
<p>Present: Trudy Crosby (LOG), Mike Gardner (DVO), John Hurley (DVO), David Olivant (NOC), Pauline Olivant (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Ant Squire (NOC), Julie Webster (NOC), Mark Webster (NOC), Ursula Williamson (LEI), and John Woodall (NOC).</p>		
1	<p>Apologies for Absence: No apologies for absence were received.</p>	
2	<p>Approval of Minutes of Meeting on 9th April 2018 – The minutes were accepted as a true record of the meeting. Approved: John Hurley Seconded: John Woodall</p>	
3	<p>Website version of minutes – The minutes of the April meeting were accepted as they were for promotion to the EMOA website. Approved: John Hurley Seconded: John Woodall</p> <p>In discussing the website Amanda noted that the website did not have the EMOA 50th anniversary logo, or the results of the East Midlands Championships for 2017 (held at Eyam Moor in 2018). ACTION: Mike Gardner to ask John Cooke to add these to the website.</p>	<p>Mike Gardner to inform webmaster. Mike Gardner to ask webmaster to add items to EMOA website.</p>
4	<p>Actions Outstanding from previous minutes (not covered elsewhere)</p> <ul style="list-style-type: none"> a) In terms of the EMOA Championship Trophies one comment was that the W21 trophy was small and for the premier class it ought to be better (even though often not many competitors for it). It was proposed that a new shield be bought to replace the current trophy (and if possible add on the back a list of past winners). ACTION: Mike Gardner to ask Mike Godfree if he could do this. b) Club reps had made clubs aware of the Coaching Conference. c) Amanda Roberts responded to the person requesting if non-East Midlands members could be included in the EMOA League. However, this led to additional discussion on whether closed club members could be included in the League (i.e. RAFO, BAOC). It was agreed to maintain the status quo in that the members of those clubs known to be part of EMOA are included. d) Paul Murgatroyd had been asked for his view about whether the East Midlands Urban League rankings should exclude non-EMOA members (as the EMOA League was doing this). Paul felt it best to leave the Urban League as it is. e) John Woodall booked the hall for AGM meeting in September. 	<p>Mike Gardner to request Mike Godfree to purchase a new W21 trophy in addition to the trophies already proposed (M85 and W75).</p>
5.	<p>Treasurer's Report The Treasurer provided the Accounts in advance of the meeting.</p>	<p>Mark Webster to provide funding for Libby Barber on</p>

	<p>A request for Libby Barber for funding to attend Lagganlia was agreed to cover 1/3 of the costs in line with usual policy to provide 1/3 of costs until we reach £1,000 and then would need to discuss. Libby would be requested to provide an article for EMEWS after the event.</p> <p>At present no funding had gone out of the budget for grants as the costs for the European Trail-O for Iain Phillips was still being determined.</p> <p>It was expected we might get other requests before the end of the financial year.</p> <p>Mark had provided funding for JIRCS map of Chatsworth (half of this will be paid back to EMOA after JIRCS, the other half after DVO's first event using the map).</p> <p>The event levy had been suspended at last year's AGM which meant the accounts were down by £1,000. The aim had been to allow clubs to use the extra monies for development work. It was noted that clubs had seen a challenging year with the loss of a number of events. However, the accounts would see a lot of expenditure in next month which could take us close to zero in the current account.</p> <p>It was agreed we needed to have a policy and the following was agreed: <i>EMOA should maintain a cash reserve of £10,000 in the current and savings accounts (excluding the Junior Squad Deposit Account), to allow for the support of major events.</i></p> <p>This was proposed by John Hurley and seconded by Chris Phillips. This was agreed unanimously by the EMOA committee.</p> <p>It was therefore proposed that Mark should look to reinstate the event levy for next year, and maintain the membership fee at £3 for seniors. The budget should look to break even next year. This should be proposed to the AGM.</p>	<p>condition of writing article for EMEWS.</p> <p>Mark Webster to propose a break even budget to the AGM, aiming to keep around £10,000 in accounts.</p>
<p>6.</p>	<p>Development</p> <p>Chris Phillips had been looking at the Regional Training Day and was setting this up for 24th November 2018. ACTION: Chris Phillips to approach the same school as last year as a venue for the Regional Training Day.</p> <p>At present he plans to have at least a Controllers Course run by Randal Macdonald, a Planners Course run by Mike Gardner and an Organisers Course run by Chris. Dave Olivant talked of having a Mapper's Workshop to review the latest ISOM Revision.</p> <p>It was noted for the AGM that we still need a Development Officer.</p>	<p>Chris Phillips to approach the same school as last year as a venue for the Regional Training Day.</p>
<p>7.</p>	<p>Coaching</p> <p>There was no Coaching update this month.</p>	
<p>8.</p>	<p>Junior Squad</p> <p>Ann-Marie Duckworth provided a Junior Squad report</p> <p><u>EMJOS Summary June to September 2018</u></p>	

21st & 22nd April York University Sprints (Talent squad event) and Wass Forest (Northern Championships), Talent Squad and summer camp selection race. An intense weekend of competition and training for the EMJOS juniors, who travelled together to take part in the Talent Squad Sprints at the University of York and the summer camp selection race at the Northern Championships.

The Sprints used the exceptionally technical University East Campus, previously used for the JK and British Sprints, giving an opportunity to directly compare all runners on just two courses.

The GB Sprint Team set off first to check out the courses and came back praising the planner for the variety of route choices and longer leg lengths which is a characteristic of the European sprint format.

So on the same courses, our notable finishers were:

W16: 2nd Rachel 17:24 (winner and top women's time Megan Keith 15:08) and 19th Libby.

W18/20: 17th Sarah, 21st Anna, 24th Jess and 25th Imogen.

M16: 10th Ben S and 13th Ben M

M18/20: 24th Ethan.

For Saturday afternoon Ant prepared 3 short (1.1km) exercises through the woods near the White Horse landmark (east of Thirsk). These woods are an extension of the same escarpment being used for the Wass event - so similar terrain.

Each exercise started and finished on a path but dropped down through the woods and boulders picking out 5/6 control sites. Everyone agreed that this was ideal practice in the local terrain: an opportunity to appreciate how the mapper had interpreted the ground features.

We did not do the third exercise but instead we had ice creams and lollies to help us back up the 100+ steps.

Overnight we were joined by 5 juniors from the SE Junior Squad (SEJS). The continuing nice weather meant there was plenty of daylight after tea for the juniors to find the local park.

The Northern Championships at Wass Forrest (east of Thirsk, at the top of Sutton Bank - poor minibus!) The early runs were an advantage because some heavy rain showers late morning turned the steep valley slopes that were already difficult to negotiate, into almost impossible muddy slides.

Significant runs from the EMJOS squad were:

12th Libby W14 2nd Ben S M14 (Championship time)

12th Rachel W16 18th Ben M, M16

10th Sarah W18E 10th Finn M20E

17th Anna W18E

18th Imogen W18E

19th Jess W18E

28th April Cademan (LEI) combined training with Octavian Droobers and West Midlands Junior Squad.

Ten EMJOS juniors joined up with the West Midlands Juniors at an Octavian Droobers training day at Cademan Wood (LEI area) on a wet Saturday 28th April 2018.

The lead coach Andy Emmerson (OD) made very good use of the contour details to set 3 exercises focusing on the hills and re-entrants. With footpaths remove from the map, it was a challenge to not be distracted by the many paths.

The follow on exercises were re-location, simplification of legs and attack points. Many found that it was useful to ignore the footpaths on the ground or map and use the contours and water features to navigate by.

The mass relay at the end finished off the training day - with all 3 groups coming together for a very gaffled (multiple routes) so no one could follow anyone else down the wrong path!

13th May Hartshill Hays (After OD Bentley Wood event)

Nine EMJOS juniors returned to this favourite training area in the West Midlands, combining the day with a morning run in the spectacular blue bells of Bentley Woods (OD).

The focus of the training led by Ant, was to practice combining individual techniques to support long legs and racing pressure. Corridor exercises looked to combine techniques – compass bearing, pacing and fine map reading to remain on the map. Longer loop exercises focused on breaking down the legs into sections and using the appropriate technique. The finishing off relay and the morning event provided race practice.

At the debriefing session Ant went over the training build-up to peak at the selected key race(s) for the session. The analogy of a cake -“It’s a piece of cake!”, made up of tiers of preparation, training and pre-races was described in detail.

Future Training

17th June combined with DVO Stanton Moor Regional Event. Training to be led by John Mather (LOG). To be joined by West Midlands Junior Squad.

As part of the day it is planned to have an officials meeting for JIRCS2018.

14th October Social Event - Pizza after Grangewood event (near Shepshed)

Ant and Ann-Marie to look ahead to the autumn session to extend the O’Planner to the end of the year.

Junior Achievements

	<p><u>British Long Championships 2018</u> – Balmoral Scotland Jake O'Donnel M12A (3rd) Ben Squire M14A (14th) Ben O'Donnell M14A (19th) Rachel Duckworth W16A (7th) Sarah Duckworth W18E (13th)</p> <p>JROS Lagganlia summer camp selections for Libby Barber and Ben Squire. JROS Deeside summer camp selection for Rachel Duckworth. Talent Squad camp at Blencathra (Lakes) for Rachel Duckworth.</p> <p><u>Fundraising</u> To be confirmed with individual event organisers, but likely events with good participation numbers are: EM & UKUrban League event Oakwood (DVO) and EM Champs The Dukeries (NOC).</p> <p>The EMOA committee congratulated all EMOA Junior Squad members on their recent results.</p> <p>Ant Squire stated the squad are planning forward to the JIRCS. They are also looking at sending an EMOA team to the Peter Palmer relays (LEI already send a team but the other EMOA clubs can't make up a team so a joint team would be created).</p> <p><u>JIRCS</u> Amanda had received a report from Sarah Pennell. Provisional details had been forwarded to each region's junior squad. All key officials were having a meeting to finalise details in next week. The new Chatsworth map is available. Medals, lanyards and centres are all being prepared. Final details have been drafted.</p> <p>One trophy has been identified as missing and needs to be purchased. The committee suggested that the JIRCS organisers should approach the JROS committee (Sue Roone). ACTION: Amanda Roberts to talk to Sarah Pennell about this. Post Meeting Note: It was pointed out that the budget had already taken the cost of the trophy into account and this was the accepted way to fund trophies that needed replacing - no action now required.</p> <p>Volunteers are still required to help during the JIRCS weekend. Mike Gardner to raise in EMEWS.</p>	<p>Amanda Roberts to talk to Sarah Pennell about trophy purchase via JROS.</p> <p>Mike Gardner to emphasise request for JIRCS weekend helpers in EMEWS.</p>
<p>9.</p>	<p>Correspondence There was no correspondence received other than that covered elsewhere in the meeting.</p>	

<p>10. Fixtures</p> <p>a. EMOA League 2018 – All underway as planned. Almost all next year’s events identified.</p> <p>b. EMOA Urban League 2018 – LOG plan to use their East Midlands Sprint Champs at Witham St Hugh’s as one of their urban leagues events for 2019. LEI may only be able to put on one event as will be focusing on British Sprints. NOC still looking at whether can put on events. If anyone can add an extra event it would be appreciated.</p> <p>c. Future Major Events</p> <ul style="list-style-type: none"> i) 29/30 Sep 2018 – JIRCS 2018 – DVO – Chatsworth / Carsington – see above ii) 30 Sep 2018 – East Midlands Score Champs – DVO - Carsington iii) 16 Dec 2018 – East Midlands Champs – NOC – Dukeries iv) 17 March 2019 – CompassSport Cup Heat – NOC – Sherwood Pines v) 14/15 Sep 2019 – British Sprints / Middle 2019 – LEI / DVO – Loughborough / Chinley Churn vi) 8 Dec 2019 – East Midlands Champs – LOG – Grimsthorpe vii) 2019 – East Midlands Sprint Champs - LOG – Witham St Hugh’s viii) 9 Feb 2020 – Midland Champs 2020 – DVO – Shining Cliff <p>d. Future Possible Events</p> <ul style="list-style-type: none"> i) Yvette Baker Trophy Final 2020 – LEI have volunteered to put this on. ii) CompassSport Cup Final 2021 – DVO may volunteer to put this on. iii) 2020 British Schools Score – DVO may volunteer to put this on. <p>e. Other Fixtures - Feedback to Events and Competitions Committee – Ursula sent out the following which was agreed by the committee for sending out: On April 9th 2018 at the EMOA meeting, I reported, as Regional Fixtures Secretary, on the March 2018 meeting of ESG. The meeting discussed the national fixture list in relation to the major fixtures that EMOA had been tasked to do.</p> <p>Much concern was expressed at the meeting regarding the expectation being placed on the region in relation to the British Long Championships in 2021 and the JK in 2024. It was agreed that the club delegates would ask their clubs to discuss if they believed it was:</p> <ul style="list-style-type: none"> A) feasible for the region to put on either of these two events. B) If A was possible could the region cope in the suggested timescale. <p>The club delegates reported back at a meeting on 11th June.</p>	
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I have been asked, by the EMOA Committee, to write to you as Chair of Events and Competitions Committee to explain the problems that EMOA has in relation to hosting the British Long Championships and the JK.

Firstly, we have very few areas that are suitable for large Level A events, probably only three or four in the region. None of these are available in the mid-March to end of May time slot that would be required for the British Long Championships or JK.

Secondly, given that we have been asked to host two very large events in a fairly short timescale we are of the view that we do not have sufficient experienced members to provide the two sets of officials that would be required.

Thirdly, in terms of membership numbers, we are a very small region. We believe that we would struggle to find enough volunteers to run the events.

Our conclusion therefore, is that we do not have sufficient resources as a region to host either the British Long Championships or the JK.

We are happy to continue to host the other Level A events as these place less demands on our limited resources.

Other Fixtures - ESG Updates

Registering 'Multi-Race' Events. Sometimes 3 registrations are needed as Prologue, Final, and overall results need treating differently for ranking, UKOL and levy. If all sets of results do not need to go on the BO website, a single registration as normal may be perfectly adequate, with other results shown on club websites.

CompassSport Cup - Still looking for hosts/venues for CSC Finals 2021/2022. (17th/16th October). CSC Heat 2021 date is: 14th March.

Requests for changes to Level B "National" Events.

These must be done through the Regional Fixtures Secretaries and discussed at ESG Level with all the RFS and Mike Cope. Unless approval is given for the change requested, the event must be downgraded to Level C. This doesn't mean it can't go ahead, but account must be taken of the reasons for refusal to keep at Level B.

Rule dispensations for Level A "Major" Events: Please allow plenty of time if you require a rule dispensation, for instance a dispensation to digitally print maps rather than Litho print. Organisers need to have read the rules well in advance of the event taking place!

	<p>World Ranking Events - events have extra requirements – read before you request WRE status.</p> <p>Major Events requirements for timed starts - Please be aware of the requirement for “timed starts for all” at Level A Events. Open starts are not permitted</p>	
11	<p>Reports:</p> <p>National Forest Report (Roy Denney) The National Forest is working on a new 25 year plan with a large focus on recreation and access. They are looking to fund an as yet unidentified large new plot on the Derbyshire / Leics border Roslinton is now being operated directly by S Derbys Council The £1M Black to Green 3 year project is coming to a close and the celebrate it and launch the end result they are to have a big event on August 25th. Part of the project has been the erection of 7 large information displays in metal and I have arranged that each will have an Orienteering symbol akin to a POC post which could be used in conjunction with other controls. They will want to stage some sort of O event as part of the day’s celebrations.</p> <p>Orienteering Foundation Report (Pauline Olivant)</p> <ul style="list-style-type: none"> i) New Trustee appointed, Roger Scrutton from Scotland ii) 5 Grants approved to athletes selected for European Championships iii) Annual report and accounts for 2017 finalised and on the web site https://www.orienteeingfoundation.org.uk/resources iv) The foundation has updated it data privacy policy in line with GDPR 	<p>Mike Gardner to ask Roy Denney for any more details he has on August 25th</p>
12	<p>Sharing Best Practice</p> <ul style="list-style-type: none"> i) No new items of sharing were identified. 	.
13	<p>EMEWS: The next EMEWS will be out in a couple of weeks.</p>	
14	<p>Any Other Business:</p> <ul style="list-style-type: none"> a. 50th Anniversary Celebrations - Discussion took place on whether there should be a commemorative handout at the East Midlands Champs. It was thought there may be around 300 attendees. It was felt that EMOA could afford £1 but did not want this put on the event fee (it should come from EMOA funds). The EMOA Committee unanimously agreed that 350 drawstring bags should be purchased with the EMOA 50th anniversary logo on them. b. GDPR – It was agreed that EMOA do not keep personal details of members (these are kept by British Orienteering) and the clubs keep results. EMEWS distribution is via clubs so no personal data is kept for 	<p>Pauline Olivant to arrange to get the drawstring bags for the 50th anniversary celebrations.</p> <p>Mike Gardner to note this in EMEWS</p>

	<p>this. EMOA will ensure that if any personal data is collected it will be maintained in line with GDPR requirements. ACTION: Mike Gardner to add this to EMEWS.</p> <p>c. AGM – Mike Gardner to ensure all standard documentation goes out before the meeting. All roles are open but the key requirement is still to get a new Development officer.</p> <p>d. Trudy Crosby reminded everyone that the Sea, Sand and Spires weekend is coming up and pre-entries closed this weekend. There will be limited EOD.</p> <p>e. Hilary Palmer asked for a steer on the views of which events should be selection races for juniors and this was discussed.</p>	<p>Mike Gardner to send out AGM details in EMEWS and before AGM</p>
15	<p>Dates and venues for future meetings: All meetings to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next meeting will be the AGM on Monday 24th September. The next committee meeting was proposed for Monday, 19th November 2018 (John Woodall to check availability of meeting room for this date).</p>	<p>John Woodall to book hall for November committee meeting.</p>

Meeting closed at 9:08pm