

East Midlands Orienteering Association Executive Committee Meeting – 19 November 2018

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| Present: Ann-Marie Duckworth (DVO), Mike Gardner (DVO), John Hurley (DVO), David Olivant (NOC), Pauline Olivant (NOC), Hilary Palmer (NOC), Chris Phillips (LEI), Amanda Roberts (LOG), Julie Webster (NOC), Mark Webster (NOC), Ursula Williamson (LEI), and John Woodall (NOC). | | |
| 1. | Apologies for Absence: Trudy Crosby (LOG) | |
| 2. | Approval of Minutes of Meeting on 11th June 2018 – The minutes were accepted as a true record of the meeting. Approved: John Hurley Seconded: John Woodall | |
| 3. | Website version of minutes – The minutes of the June meeting were accepted as they were for promotion to the EMOA website. Approved: John Hurley Seconded: John Woodall | Mike Gardner to inform webmaster. |
| 4. | Actions Outstanding from previous minutes (not covered elsewhere) <ul style="list-style-type: none"> a) Mike Godfree has added new plaques to a number of trophies. A couple of trophies have no more space so Mike is also looking to extend these. There is also the need for other plates on trophies. Mike needs a little more money that originally allocated but all the committee felt it was important to get good quality trophies. b) Mark Webster provided funding for Libby Barber on condition of writing article for EMEWS. c) Mark Webster proposed a budget to the AGM which after discussion was accepted. d) Chris Phillips booked the same school as last year as a venue for the Regional Training Day. e) The National Forest day took place as planned f) Mike Gardner sent information out for the AGM. g) John Woodall booked the meeting room as requested. <p>At the AGM there was a discussion about the East Midlands league especially from a junior perspective. Clubs were actioned to go away and come back to the meeting with their views. The following shows the views from each club:</p> <p>Juniors: DVO: Felt there was no need to change the current arrangements LEI: Felt there was no need to change the current arrangements LOG: Have very few juniors so had no real opinion NOC: Didn't discuss juniors</p> | |

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| | <p>In addition Roger Edwards proposed having a separate Junior League It was felt that there were 2 groups of Juniors, those who use the shorter courses initially and then progress to other courses, then the older juniors and many of them like to compete against adults and prove they can beat them (and often focus more on other competitions). It was felt for now we would leave the League as it was for Juniors but would try to ensure that the age class is included in the League Results Table.</p> <p>General EM League: DVO: Largely happy with the current approach – proposed that need to be able to include sprint events that are not urban events in the League (not urban League). It was agreed that this should be appropriate if classes could be mapped across. LEI: Generally happy and accept that events in league can include middle and sprint as well as traditional events. Concern would be that if events were dropped from the league it might discourage people from attending non-league events (which could hit clubs financially) and numbers are down anyway. LOG: Would like to see quality events in EM league, possibly not so many NOC: Would like less events with quality maintained We appear to be having more and more access problems so we may decrease the events anyway. It was agreed that for now would leave the league standing as it is with half the events plus one being the number counting for a year. It was also agreed that if a club cannot put on the number they would normally hold in a year, then another club could use that slot if they want to host an additional event.</p> <p>Urban League: DVO: Felt urban league was OK LEI: Would like to see M75 (hypervets) added to league as in UK Urban League as there are more people in EMOA falling into that age group now. LOG: Felt league is OK NOC: Did not discuss. Only other comment was scoring of EM League is based on EMOA members, while scoring of Urban League is based on all members which means EMOA members attending the UK Urban League events in EMOA often can have very good run (be top EMOA attendee) but score lower as there are more out of region attendees. It was agreed we would ask Paul about including hypervets in the EMOA Urban League now.</p> | <p>Mike Gardner to speak to John Cooke.</p> <p>Amanda Roberts to talk to Paul Murgatroyd about including Hypervets in EMOA Urban League</p> |
| 5. | <p>Treasurer’s Report The Treasurer provided the Accounts in advance of the meeting. The basic situation is that everything is going as expected currently.</p> | |

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| | <p>In addition at the meeting he shared the JIRCS budget. This is now looking to lose around £103 for the weekend, which is below the loss of £200 that was agreed.</p> <p>The committee thanked Sarah Pennell for bringing in the JIRCS under budget despite the problems of VAT on the accommodation and other challenges.</p> <p>There has been excellent feedback from the other junior squads after the event.</p> <p>It was agreed to send a gift to Sarah for all her hard work in delivering JIRCS.</p> <p>Ann-Marie Duckworth asked a question whether the Junior Squad monies could be used as they saw fit or did they need to get everything pre-approved by the Treasurer.</p> <p>The answer was that given the planning and regular updates the squad were providing there is no need to get everything pre-approved and the squad should use the monies as they see fit. Problems would only be if they started spending more than the money they had allocated.</p> | <p>Ann-Marie Duckworth to purchase gift for Sarah Pennell.</p> |
| <p>6.</p> | <p>Development</p> <p>Chris Phillips reported that the Regional Training Day was arranged for 24th November 2018 and there were 32 attendees (only 2 of which are from outside the region).</p> <p>There had recently been a Level A Controllers course at which 2 EMOA members (Jeff Baker (LOG) and Ranald Macdonald (DVO)) attended. They each need to provide a CV to the EMOA committee along with the form that needs authorising from the EMOA committee. Once these are available the EMOA committee can review and formally endorse their nominations.</p> | <p>Chris Phillips to approach the same school as last year as a venue for the Regional Training Day.</p> |
| <p>7.</p> | <p>Coaching</p> <ol style="list-style-type: none"> 1) There are now around 60 bookings for the Coaching Conference in January (and bookings can still be made until 23rd December). As we have coach training in the budget Hilary proposes using this to subsidise the attendance of the EM Junior Squad coaches to go to the conference. Clubs can then support additional attendance for their coaches. There is a sprint session planned at the conference to align folk for the World Sprint Champs in Edinburgh in 2022. Details are available at https://www.britishorienteering.org.uk/news/4393 2) Hilary attended the Youth Activity Weekend at Walesby Camp on 13/14th October. It was attended by 30 11-15 year olds from LOG (1), NOC (5), HALO (3) and SYO (21). There were 3 SYO coaches with the group (including overnight) and Hilary attended for the Sunday. The aims of the Youth Camp was to allow participants to have fun doing orienteering and other activities, while also making new friends from | |

other clubs. The activities were Scout camp led activities x 3 sessions and 2 orienteering sessions: training / practising and a 2 person 4 leg sprint relay with each person doing 2 short loops – mixed age/experience teams and short / long loops according to each person. All juniors said they had enjoyed the camp and rated the activities as ‘enjoyable’ or ‘very enjoyable’ despite Sunday being wet almost all day. In the future the intention is to make this repeatable (clubs & regions to consider) – offer this to 11 – 14 age group when they might be thinking of giving up the sport. Ideally it needs to be cheaper with all volunteer staff (camp activities were quite costly; orienteering costs = approx. £3 per person for the 2 sessions). There has been funding previously from Sport England but this will cease in 2021.

8. Junior Squad

Ann-Marie Duckworth provided a Junior Squad report which is provided below:

EMJOS Summary September to November 2018

17th June 2018 Stanton Moor (DVO area) Training

After competing in the draining DVO East Midlands League event earlier that morning we joined up with the West Midlands Squad for an afternoon of bearings and aiming off exercises.

With the help of John Mather (lead coach, LOG), Paul Murgatroyd and two coaches from WMJS, we (11 EMJOS and 11 WMJS) executed many different exercises short and long, across the tough heather terrain and fiddly navigation in the quarries.



19th August Sprint training at Clifton, Nottingham.

The morning was spent training around one of the Clifton estates (small traffic calmed loops), using the training exercises and map specially mapped by Dave Schorah for the British Sprint Squad training session (see extract left)

The afternoon was the Level D Sprint event at NTU Campus (NOC) with- 3 sprint courses to practise the sprint race routine.

The session was attended by 10 people - 3 juniors and 7 seniors (half from out of the region).

The training definitely had some impact on the performance of the participants at the British Championships (Bath Uni

1st Sept 2018) with 5 podium places!

Peter Palmer Relays 8th & 9th September 2018 at Tankersley Wood (SYO).

The region had 2 teams in the 6 leg junior only relay that starts at 5am in the dark. LEI entered an experienced team; whilst for the combined EMJOS (DVO and NOC) team it was for some the first time running in the dark or as part of junior team. The buzz and the atmosphere of the assembly area with either one of two loops through the spectator control, was great. Enhanced by the multi coloured tea lights lighting the track just like a runway.

I highly recommend you view the video created by Ben O'Donnell (EMJOS junior) posted on the EMJOS website (and others) to appreciate the event.

JIRCS 2018 Chatsworth and Carsington Pastures 29th & 30th Sept 2018.

The region hosted this prestigious event and prepared 2 fine days of orienteering. A big thank you from JROS and the other regions for a superb weekend of top quality running and well run events. And the food was great.

This year EMJOS achieved 6th place overall (Day 1 and Relay positions), out of the 12 regions.

| JIRCS Individual positions (Day 1) | |
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| M14: | W14: |
| 11 Jake O'Donnell (M12) 21 Ben Hardy 24 Harrington Leake 28 Ben O'Donnell | 10 Libby Barber 28 Hannah Mather (W12) |
| M16: | W16: |
| 20 Ben Squire (M14) 28 Ben Mather 33 James Bedwell | 10 Rachel Duckworth 27 Sophie Vincent |
| M18: | W18: |
| 11 Ethan Tebbutt 28 Jamie Lowthian | 12 Sarah Duckworth 18 Imogen Wilson 21 Anna Barber |

BOF Youth Weekend, Walesby Scout Camp 13th & 14th Oct 2018

A combined social and orienteering residential weekend session, aimed at M/W12 to M/W14 in the East Midlands and Yorkshire and Humberside. There was 6 juniors (5 NOC and 1 LOG) from the East Midlands who went. The feedback from one junior was she enjoyed it a lot and would go again – praise indeed. O' sessions were run by Hilary Palmer.

Orienteering Federation Lakes Training 10th & 11th November 2018.

EMJOS took advantage of the access and pre-hung controls in the classic Lakeland orienteering area of Graithwaite. 7 Juniors and 4 coaches used the afternoon training on Saturday to sharpen their technical skills of contour reading. The overnight stay at Far Sawrey was with the North East junior squad too. The Sunday LOC event (Holme Fell) saw some fast times: Jake O'Donnell 10th Blue, Ben Squire 15th Blue, Imogen Wilson 36th Blue, Harrington Leake 13th Light Green, Libby Barber 16th Light Green, Barbora Borzikova 23rd Light Green.

Future Training:

Bradgate Park 25th November in conjunction with the LEI Regional event.

Training in South East near Epping Forest 8th & 9th December 2018.

Hopefully teaming up with South East and South Central junior squads for Saturday training, combined with the Interland selection race on Sunday.

13th & 14th March 2019 EMJOS are joining up with Yorkshire and Humberside junior squad (and other squads) for a training session based at Malham (BOC limestone terrain)

Selections to Junior Camps and major successes

This summer Rachel Duckworth (DVO) was selected for the Talent Camp (Blencathra Lakes), followed by JROS Deeside camp (Scotland), and crowned off by being asked to join the Talent Squad - aiming to run for England in the international races. She is also British Middle Distance Champion

In October she will also run for England in the Junior Home Internationals (JHI) (Pitlochry, Scotland).

Ben Squire (NOC) has also been selected to run at the JHI's (October, Scotland) and represented England at the Interland international competition in Holland (March 2018).

Jake O'Donnell (DVO) has had a podium topping year in M12: JK Sprint and overall champion; 3rd at the Scottish British Championships, British Sprint and Middles Champion.

Ben Glover (LEI) M12 2nd at British Middle Distance Championships.

Fundraising

The event organiser for the East Midland Champs (16th Dec) The Dukeries (NOC), has allowed the squad cake stall to be set up.

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| 9. | <p>Correspondence</p> <p>Mike Gardner shared the note from Craig Anthony (British Orienteering) which showed membership and events information.</p> <p>Membership Report Events Report</p> | |
| 10. | <p>Fixtures</p> <p>a. EMOA League 2018 – Almost complete. The presentation for 2018 is planned to be at Bramcote event on 3rd February.</p> <p>b. EMOA Urban League 2018 – Going well.</p> <p>c. Future Major Events</p> <p>i) 16 Dec 2018 – East Midlands Champs – NOC – Dukeries</p> <p>ii) 17 March 2019 – CompassSport Cup Heat – NOC – Sherwood Pines</p> <p>iii) 19 May 2019 – Yvette Baker Trophy Heat – DVO – Calke</p> <p>iv) 23 Jun 2019 – East Midlands Sprint Champs - LOG – Witham St Hugh's</p> <p>v) 14/15 Sep 2019 – British Sprints / Middle 2019 – LEI / DVO – Loughborough / Chinley Churn – The Sprints are now a World Ranking Event so may expect a larger turn out.</p> <p>vi) 8 Dec 2019 – East Midlands Champs – LOG – Grimsthorpe</p> <p>vii) 9 Feb 2020 – Midland Champs 2020 – DVO – Shining Cliff</p> <p>viii) 10 Oct 2020 – British Schools Score Champs – DVO – Shipley Park</p> <p>ix) 4 Jul 2021 - Yvette Baker Trophy Final 2021 – LEI - Irchester.</p> <p>x) 17 Oct 2021 – CompassSport Cup Final 2021 - DVO</p> <p>d. Future Possible Events</p> <p>i) 22 Nov 2020 – East Midlands Champs - NOC</p> <p>e. Other Fixtures</p> <p>a. We require a club to volunteer to host the 2020 East Midlands Score Champs.</p> <p>b. It was noted that the Home Internationals will no longer require the organising clubs to be forced to find accommodation for the participants.</p> <p>c. LOG event on 18th August seems to have been recorded as a level B in the Fixtures list and they did not know why. It should not have been set as level B.</p> <p>d. EMOA Submission to E&CC – The committee discussed the EMOA submissions and understood the situation. A major event consultant is to be appointed by the committee to assist organising major events.</p> | <p>LOG Rep to query with club fixtures secretary</p> |

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| 11 | <p>Reports: British Orienteering Association & Club Conference (Amanda Roberts) We did not have a committee meeting since the conference was announced so Amanda attended.</p> <p>Orienteering Foundation Report (Pauline Olivant) Latest news.</p> <ul style="list-style-type: none"> ● In Oct the Foundation launched a 1% legacy programme, if you are interested in finding out more see www.orienteeingfoundation.org.uk/one-percent. ● The coaching day in the Lakes was a success, if EMOA members would be interested in another day in the future please let me know. Would you like to be coached elsewhere in the country? ● Recent grants have been made to Exeter Uni to help set up a new uni club, Tayside OC to support development work in the area in the lead up to Scottish 6 days. SOA had a grant to launch their new youth leader award. ● The Foundation again supported fund raising for the WOC team. ● The Foundation received a very generous donation from several WM clubs after the JK and Saxons OC made a club donation of £500. | |
| 12 | <p>Sharing Best Practice Qualifications Database – It was noted by Chris Phillips that it is up to clubs to keep their members’ qualifications up to date in the database. The event registration person should have details that are up to date.</p> | |
| 13 | <p>EMEWS: The next EMEWS will be out in a couple of weeks.</p> | |
| 14 | <p>Any Other Business:</p> <ol style="list-style-type: none"> a. 50th Anniversary Celebrations – Pauline Olivant has the momentos for the East Midlands Champs on 16th December. She had pre-ordered 350 items. Any left over will be distributed to clubs to give out to EMOA members who don’t attend the event. The intention is to present the momentos at download. | |
| 15 | <p>Dates and venues for future meetings: All meetings to be held at the Pace Room, St Mary’s Church, Clifton Village, Nottinghamshire at 7.30 p.m. The next committee meeting was proposed for Monday, 28th January 2019, and the following meeting was proposed for April 8th 2019. John Woodall to check availability of meeting room for these dates.</p> | <p>John Woodall to book hall for both committee meetings.</p> |

Meeting closed at 9:45pm