

East Midlands Orienteering Association Executive Committee Meeting – 18 January 2021

Item No	Description	Action
<p>Present: Trudy Crosby (LOG), Ann-Marie Duckworth (DVO), Mike Gardner (DVO), John Hurley (DVO), Ranald Macdonald (DVO), David Olivant (NOC), Pauline Olivant (NOC), Chris Phillips (LEI), Ant Squire (NOC), Ursula Williamson (LEI), John Woodall (NOC) and Paul Young (DVO) .</p>		
	Held on Zoom.	
1.	Apologies for Absence: Hilary Palmer (NOC) and Iain Phillips (LEI) – attending Coaching Conference and Amanda Roberts (LOG)	
2.	Approval of Minutes of Meeting on 16th November 2020 Approved: Ranald Macdonald Seconded: John Hurley	
3.	Website version of minutes – The minutes of the November meeting were accepted for promotion to the EMOA website. Approved: Ranald Macdonald Seconded: John Hurley	Mike Gardner to inform webmaster.
4.	<p>Actions Outstanding from previous minutes (not covered elsewhere)</p> <p>a) John Hurley raised the point that it had been suggested that DVO and others might nominate a member for Vice-Chair post. However, DVO already have 2 of the principal officer posts and there would need to be a standing order change for DVO to do this as the constitution only allows for one club to provide 2 of the senior officers. EMOA do need a Vice-Chair so all club reps were asked to see if they could find a nominee (if we only get someone from DVO we will have to look at changing the standing orders).</p> <p>b) Ranald Macdonald had been asked to see if the BO strategic refresh document could be circulated to the EMOA Committee; he contacted Peter Hart about this. The document is part of the British Orienteering Participation & Strategy Consultation, independently prepared following a consultation with members. There was a link to the full document in the December CEO News (18 December 2020). Ranald recommended that it may be worth committee members reading the detail in it. See https://bof2.sharepoint.com/Business-Support/Business%20Support/Forms/Tile.aspx?id=%2FBusiness%2DSupport%2FBusiness%20Support%2FGovernance%2FStrategic%20Plan%2F2020%2D25%2FConsultation%2FSport%20Structures%2FReport%2FFinal%20Reports%2FBritish%20Orienteering%20Participation%20Strategy%20Consultation%2Epdf&parent=%2FBusiness%2DSupport%2FBusiness%20Support%2FGovernance%2FStrategic%20Plan%2F2020%2D25%2FConsultation%2FSport%20Structures%2FReport%2FFinal%20Reports&p=true&originalPath=aHR0cHM6Ly9ib2YyLnNoYXJlcG9pbmQuY29tLzpiOi9nL0Jl</p>	Club reps to see if they can find a nominee for Vice-Chair

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<p>5.</p>	<p>Financial Secretary's Report Paul provided a summary report before the meeting (embedded below). Summary of activity since last meeting The reserves continue to grow which is positive in some ways, but there has been very little activity since the last meeting. There has been payment of web hosting / domain costs for the 20/21 year made of £(23); Return of Elite Funding from Hannah Mather following cancellation of event; Receipt of levy fees from DVO for Grangewood of £75; Receipt of BOF membership fees of £293 and a second tranche of similar value just before the meeting. Currently it looks like membership numbers are slightly lower than last year, but this means most people have renewed despite the pandemic. Risks to budget When we "signed off" the EMOA budget in 2020 we agreed to reconsider it at the start of 2021 in light of COVID-19 impact. The risks to income remain unchanged, although slightly increased. Any risk around BOF Income, see below, should crystallise over the next few weeks. Income from events is clearly at risk due to Lockdown 3.0. Traditionally this is the period of the year when most events take place and hence most income is generated. These events aren't happening and as such I don't foresee much levy income this financial year. There is sufficient money in the "war chest" to weather this storm. Spending on coaching and development is nil so far this year. Potentially there may be training courses but these are still up in the air. It was agreed that we would review the budget at the April meeting. BOF Income Membership fee income appears to be in line with last year, despite the payments from BOF being slightly more erratic, I suspect like all other organisations COVID is impacting on their processes. The significant receipts, >£1k, from BOF would traditionally be expected over the first six weeks of the new year as members renew. Given the lack of events it will be interesting to see if we see the "normal" levels of annual renewals. It's been good to see continued, if not increased, levels of communication about the sport via email and social media as well as clubs setting up appropriate activities to keep members engaged during the ever changing guidance over the last six or more months.</p>	<p>Mike to add review of budget to April meeting agenda</p>
<p>6.</p>	<p>Development Ranald had sent out a note before the meeting which stated "We won't be able to hold a Development Conference this Spring and possibly not in the autumn. So I thought it might be useful to hold an online Development Session of perhaps 90 minutes followed by a couple of one-hour sessions on specific topics.</p>	

<p>At DVO's virtual DVO last October we had a short presentation from Rachel Duckworth on her selection for the European Junior Orienteering Championships in Hungary last October, which were unfortunately cancelled. Rachel gave an eloquent and passionate account of what it meant to her being selected, how she prepared for it and her hopes for the future. The selection races were held in the Lake District last August and she and Ben Squire were both selected from EMOA. Ann-Marie told me how Rachel and Ben worked together to prepare for the selection races, which would also make an interesting talk. I haven't asked either of them yet but it's just an idea. From this we could discuss supporting juniors and talent and perhaps lead into something on coaching and training for all orienteers.</p> <p>The rest of the session could be about how we see clubs coming out of the pandemic and how we can work together to provide a good programme of events and activities across the association. Each club has specific interests and experiences to tell which could help us provide great variety.</p> <p>I think it would also be useful to have something on event official and volunteer recruitment, training and development.</p> <p>The one-hour sessions could include one for planners and controllers, a second for mappers, a third for organisers and volunteer co-ordinators.</p> <p>I'm sure people will have other ideas which we could knock together into a programme of events, perhaps in May and June, before events hopefully get back into full swing."</p> <p>David Olivant had suggested "I am currently talking with Terry Smith Map Advisory Group and British Orienteering about mapping webinars. These will be aimed at beginners. I am happy to put something together for EMOA and suggest this would be better aimed at our experienced mappers. I can send a note around the usual suspects to see what is of interest." (Up to 75 mins was suggested as a timescale for this).</p> <p>At the meeting it was suggested it might also be useful to encourage people from outside the committee to discuss development issues and also develop a programme for clubs across the region once lockdown is over.</p> <p>Ranald recently took part in the BOF workshop on Safety for Coaches Working in Remote and/or Exposed Areas, which was held on a Saturday afternoon and attracted a large number of participants; too many, really for real interaction and made time management difficult. Next week he is doing the session on Using Virtual Platforms for Coaching, which is on Tuesday evening. So a question will be when would be most convenient for people and should we have different days/times and perhaps even repeat some sessions? The meeting felt it would be better to have numbers which encouraged participation.</p> <p>Ranald had been in touch with BOF about a virtual Controllers' course and had replies from Peter Brooke (England Development Manager) and Howard Blackman (Business Development Officer) who are supportive of the</p>	
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	<p>suggestion and Ranald will follow up further. The idea is to have some pre-course reading and activities, a virtual workshop, a practical session (when restrictions allow) and a final debriefing session. Peter favours an online course similar to the Event Safety Workshop, though there are obvious time and cost implications in putting this together. My main comment on the Event Safety Workshop is that it lacks any interaction between participants, which I think is an important way of sharing experiences, which Howard accepts. Mike Gardner said at our last meeting that he would be interested in something similar for Planners and we could dovetail the two together to have some co-mentoring and activities, perhaps with an experienced planner or controller as a mentor. Something for Organisers and Mappers as well?</p> <p>The committee felt the best time to hold the courses might be using 2 hour sessions but avoid Saturday, as many parents support kids soccer that day.</p>	
7.	<p>Coaching Hilary could not attend the meeting due to the Coaching Conference being at the same time but sent some notes:</p> <ol style="list-style-type: none"> a. The online coaching conference is taking place this month with a number of sessions each week. Even if you are not a coach you might be interested in some of the sessions – see what is on here: https://www.britishorienteering.org.uk/news/5444 b. The Child Protection in Sport Unit (CPSU) has found that BOF is not fully compliant re Safeguarding training for coaches. The topic is covered in coach training but apparently this is not sufficient. Coaches who work with children will be asked to take part in an in-person online workshop and the fee will be refunded by BOF. Coaches who never work with children will be asked to do a different online workshop and, again, the fee will be refunded. Coaches will be expected to self-declare which category they fall in and attendance at the relevant workshop will be required for the coach licence. Coaches will receive information via email shortly. Every three years a follow-up workshop attendance will be required in order to maintain the coach licence. This happens in most / all sports. c. Anyone who has a first aid qualification which expired since March 2020 and who has not been able to renew will be advised how this can be extended under the current Covid19 situation – this may apply to coaches and also to other club members who act as a first aider for their club at events. Club reps please tell your members that BOF will be giving out information about this very soon. 	
8.	<p><u>EMJOS Summary November 2020 to January 2021</u></p> <p>Training: <u>Three virtual sessions</u> based on many good suggestions from the JROS annual meeting in November 2020.</p>	

	<p>The first one was a little too full of ideas, but included a dingbat game and map exercise. Ant talked about what to expect and not expect this year for races and the need to keep training. He also introduced the idea/trial in 2021 of the three mega regional Talent Squads and their training ideas.</p> <p>Other technical exercises have included John Mather leading each Junior to describe their choice of route for a leg and the reasons (elite course, so compared with winners GPS tracked route).</p> <p>The physical session was based on Zoe Harding's strength and conditioning workout, interspersed with map memory of the control location, to then choose the right answer from three circled features.</p> <p>Talent South – Libby Barber (LEI) has joined the southern mega squad. Zoom evening sessions have started this month.</p> <p>As with the original Talent squad, athletes are building their development plan with assistance from a one-to-one coaching session, setting goals for this year to extend them beyond the regional level, inspiration discussions with elite orienteers (past and present).</p> <p>Talent North – Ben Squire and Rachel Duckworth attended the on the terrain training session (hosted by SYO Wharncliffe, 13th Dec 2020). The existing Talent squad weekend training camps have migrated onto Zoom.</p> <p>Tour 2021 – Planning for a squad tour not progressed for 2021 due to changing circumstances not permitting.</p> <p>Future in the forest training ...probably when we are back into a Tier 2 or 3 where travel is permitted and limited groups for organised, Covid safe training for juniors can start again.</p> <p>LOG's training on South Common (Lincoln) has been held over until the right time when juniors from all over the region can attend.</p> <p>Also, I hope for closer cooperation with local clubs that secure training access to areas in the East Midlands.</p> <p>Ann-Marie Duckworth (East Midlands Junior Squad coordinator) - January 2021</p> <p>In the meeting it was also suggested by Ant Squire that there may be juniors who would have been progressing but with the pandemic there has been no intake into the junior squad. The squad are looking at ways these orienteers can be engaged once orienteering starts again. Ant may approach clubs to discuss potential names.</p>	
9.	<p>Correspondence No new correspondence has been received.</p>	
10.	<p>Fixtures</p>	

<p>1. EMOA League 2021 / EMOA Urban League 2021 – Nothing to add at this stage due to the lockdown (which has already resulted in the loss of some events) so will have to see where we are when come out of the lockdown.</p> <p>2. Future Major Events</p> <ul style="list-style-type: none"> i) 17 Jan 2021 – East Midlands Champs 2020 – LEI – Hanging Hill – Could not happen so will not have an EMOA Champs 2020. ii) 28 Feb 2021 – East Midland Champs 2021 – DVO – Stanton Moor – The original date will be lost and the event pushed back to 20 Mar 2022 (added below). It was agreed this could be the EMOA Champs 2022. The 2021 EMOA Champs could be DVO’s Chinley Churn in July or LEI’s Hanging Hill (both have private landowners so once the lockdowns are finished both events should go ahead). Will decide once know when we will be coming out of lockdown. iii) 12 Sep 2021 – East Midlands Sprint Champs – NOC - Southwell iv) 17 Oct 2021 – CompassSport Cup Final 2021 – DVO – Chatsworth (the teams who qualified in 2020 events will go to the final in 2021) – the first-round events for 2021 will not take place. There are some permissions still to be negotiated with Chatsworth who have asked for some changes. May be that the event cannot take place so Chris Phillips asked to talk to OD Fixtures Secretary Margaret Wildig to see if Sutton Park could be alternative. v) 29 Jan 2022 – The Midland Champs needs an event to be organised on the Saturday to make a UKOL weekend. It was suggested the Saturday event needs to be in similar area of the region so DVO may be best placed to do this. John Hurley asked to see if DVO can provide an event. vi) 30 Jan 2022 – Midland Champs – NOC – Sherwood Forest - Approval was requested by NOC for the Planner (Ant Squire), Orgainser (Hilary Palmer) and Controller (Ranald Macdonald – DVO) for the event which was agreed by the EMOA committee. vii) 20 Mar 2022 – East Midlands Champs 2022 – DVO – Stanton Moor - will be a level B event. viii) 3 Jul 2022 - Yvette Baker Trophy Final 2021 – LEI – Irchester (moved on a year) ix) 8 Oct 2022 – British Schools Score Champs – DVO – Shipley Park <p>3. Future Possible Events</p> <p>4. JK 2024YBT Heat 2021 – It was agreed that any of the level C events that may go ahead once lockdown is over could be used for this (possibly Boundary Wood, Stoke Rochford, Martinshaw or Calke Park). It was agreed it would be the first event that could host it allowing time for the clubs to notify their juniors. (It is believed that LEI and DVO may have a carry over to the final from last year but still useful to attend to get team together).</p>	<p>Chris Phillips to talk to Margaret Wildig of OD about use of Sutton Park if Chatsworth cannot be used for CompassSport Cup Final</p> <p>John Hurley to talk to DVO about possibility of hosting a UKOL event on Saturday before Midland Champs 2022</p>
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	5. Joint Map Run League with WMOA – This is under review and can be discussed once we get out of lockdown.	
11.	Reports: 1) Orienteering Foundation (Pauline Olivant) The Orienteering Foundation meets the week after this committee meeting. Mike did not need a report for EMEWS as delaying EMEWS publication until April.	
12.	Sharing Best Practice 1) Ann-Marie Duckworth wanted to provide praise for the virtual coaching conference sessions she had attended which had been very good. 2) Trudy Crosby stated LOG were doing LOG lejog as a club, that is a virtual Lands End to John O'Groats run based on their mileage and were currently at Carlisle. 3) Pauline Olivant reported that NOC had sent out a survey to members to see why members currently are not using Map Run (will provide feedback when get results). 4) LEI are hosting a weekly social zoom meeting. 5) DVO are hosting a monthly quiz.	
13.	EMEWS: The next EMEWS is planned to be out after the April committee meeting as not much to communicate at present.	
14.	Any Other Business: 1. Paul Young asked if clubs were ready once lockdown ends. Most clubs do have a series of local events planned. We also need to consider why we are putting events on. Local low key events may be a great opportunity to get new people involved in organising and planning. It may also be easier to have a small event cancelled than a major event. Clubs may need to be aware that there may be restrictions regarding pre-entries for many events in short term.	
15.	Dates and venues for future meetings: The next committee meeting is to be Monday 19 th April. It is likely we will still be using Zoom though John Woodall had provisionally booked the Pace Room. Mike will send out an agenda with details nearer the time. The next meeting was agreed to be scheduled for 14 th June and John Woodall requested to book. (Post meeting note: John could NOT get Jun 14th so Chris Phillips agreed this would now be 21st June). All meetings (normally) to be held at the Pace Room, St Mary's Church, Clifton Village, Nottinghamshire at 7.30 p.m.	Mike Gardner to send out agenda for April meeting nearer the time (using LEI zoom if zoom required) John Woodall to book Pace Room for Jun 14 th Committee meeting.

Meeting closed at 8:51pm