



Yorkshire & Humberside



East Midlands

## Youth Orienteering Activity Weekend

**Walesby Forest Activity Centre, Nottinghamshire NG22 9NG**

**Sat-Sun 13-14<sup>th</sup> October 2018**

### Invitation

Young orienteers living in the Yorkshire & Humberside and East Midlands regions are invited to a fantastic orienteering activity weekend. Come and enjoy a range of activities with other young orienteers, have fun and make some new friends!

### Itinerary

Sat 13 <sup>th</sup> Oct	4pm	Arrival
	5 – 6pm	Activity 1 (outdoor)
	6.30pm	Dinner
	8 – 9pm	Activity 2 (indoor)
	10pm	Lights out
Sun 14 <sup>th</sup> Oct	8 – 9am	Breakfast
	9.30 – 11am	Orienteering Training
	11 – 12 noon	Activity 3
	1 – 2.30pm	Orienteering Fun Sprint Race
	3pm	Close

#### Age Range

The activity weekend is aimed at newcomer and more experienced M/W12-14 orienteers i.e. children born in years 2004-07.

### Activities

There will be a choice of activities available at the centre: archery, climbing wall, zip wire, cave maze. Orienteering sessions will be organised by a qualified coach, including newcomer and experienced training sessions, finishing with a sprint for all on Sunday.

### Accommodation & meals

Overnight accommodation is provided in a lodge within the activity centre. Dinner, breakfast and a lunch packet on Sunday are provided.

### Transport

Parents need to organise transport to and from the centre. Families and clubs can share transport. Contact your orienteering club to enquire about car sharing.

### Price

£20 per junior, including accommodation, activities, food & drink.

### Enrolment

Send your enrolment by e-mail to [info@britishorienteering.org.uk](mailto:info@britishorienteering.org.uk), stating child name, club and year of birth. Fee will be payable on confirmation of enrolment.